



# myHeart™ Cardiopulmonary Rehabilitation Program at the Jewish Home of Rochester

## HIGH QUALITY THERAPEUTIC ENVIRONMENT


- Our Cardiopulmonary clinical program uses multidisciplinary evidence-based clinical pathways and educational materials
- Evidence-based standardized tests for cardiopulmonary patients
- Additionally, we use Holistic Medicine such as stress management, Tai Chi, Reiki, Massage Therapy

**3%** PATIENTS TRANSFERRED TO ED WITHIN 72 HOURS OF ADMISSION

REHOSPITALIZATION RATE PER OVERALL **12%**

## SKILLED CLINICAL SERVICES DELIVERED BY COMMITTED PROFESSIONALS

TEAM AVERAGE EXPERIENCE

 **13 YEARS:** THERAPY & MEDICAL  
**16 YEARS:** NURSING DEPARTMENT

## FUNCTIONAL IMPROVEMENT MEASURE (FIM) SCORE CHANGE:

A measure of improved functional ability from admission to discharge

*This is the gold standard used for measuring outcomes in post-acute care. The higher the number, the better.*



CHANGE IN FIM SCORES

CHANGE IN ADL SCORES

## SATISFACTION SURVEY RESULTS



## PROFESSIONAL STAFF CERTIFICATIONS

- LSVT Big
- LSVT Loud
- FEES
- Wound

## PHYSICIAN-LED MEDICAL CARE

- Progressive pain management approach directed by board certified specialists
- Collaborative team approach that partners with our patients and families
- Therapy is available **7** days a week



**Transitional Care** at the **Jewish Home of Rochester** is the only CARF certified rehabilitation program in the Rochester area