

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2017

## The Lodge at Wolk Manor

*Always Thankful for Family*

			<p>10:15 Getting Fit <b>1</b>                  11:00 Coffee / Chronicles                  11:30 Basket Ball                  1:30 Bake Cookies                  2:15 Mustache Day                  3:00 Treats &amp; the Beat                  6:15 Music w/ Joe</p>	<p>10:15 Fitness <b>2</b>                  11:00 Coffee / Chronicles                  11:30 Ladder Ball                  1:30 Art Class 101                  2:30 Apple Tasting                  3:00 Know It All                  3:30 Netflix: Bill Nye                  7:30 Jeopardy</p>	<p>10:15 Stretch &amp; Relax <b>3</b>                  10:45 Coffee / Chronicles                  11:30 Twisted Twister                  1:30 Fresh Finds                  3:30 Netflix: Precious Puppies                  4:00 Rabbi Katz Visit                  6:15 Heartland</p>	<p><b>4</b>                  10:15 Coffee / Chronicles                  11:00 Health Walk  <b>1:30 Scenic Ride: Country Horses</b>                  3:00 Delicacies &amp; Divas                  6:15 Netflix: Horse Dancer</p>
<p><b>5</b>  <b>SCARLET DAY</b>                  10:15 Coffee/Chronicles                  11:00 Scarlet Word Search                  1:00 Dance to the Music                  2:00 Walking Workout                  3:00 Tunes &amp; Treats                  7:00 America's Funniest</p>	<p><b>6</b>                  9:30 Nursing Students                  10:15 Move and Groove                  11:00 Choir – Wolk                  1:00 Nursing Students                  1:30 Student Activity                  2:30 Snack &amp; Sax                  3:30 Tai Chi with Carmen                  7:00 Wheel of Fortune</p>	<p><b>7</b>                  10:15 Exercise Time                  10:45 Coffee/ Chronicles                  11:30 Ring Toss                  1:30 Craft for Fall                  2:30 Marie Curie Birthday                  6:15 Name That Tune With Mr. Williams</p>	<p><b>8</b>                  10:15 Getting Fit                  11:00 Coffee / Chronicles                  11:30 Twisted Twister                  1:30 Connect 4 &amp; More                  2:30 Make Game Treats                  3:00 Treats &amp; the Beat                  6:15 More Games Day</p>	<p><b>9</b>                  10:15 Fitness                  11:00 Coffee / Chronicles                  11:30 Horse Shoes                  1:30 Art Class 101                  2:30 Cookies are King!                  3:30 Netflix: Delicious Food Science S1E1                  7:30 Jeopardy</p>	<p><b>10</b>                  10:15 Stretch &amp; Relax                  10:45 Coffee / Chronicles                  1:30 Richard Burton Day                  2:00 Francis – Dog Visit                  2:45 Cards with Barb                  4:00 Rabbi Katz Visit                  6:15 Netflix: Sunset Blvd.</p>	<p><b>11</b>                  10:15 Coffee / Chronicles                  11:00 Marching  <b>1:30 Scenic Ride: Autumn Skies</b>                  3:15 Veteran's Day Music Tribute with Mike                  6:15 DVD: <i>The Music Man</i>  <small>Veterans Day (US) Remembrance Day (Canada)</small></p>
<p><b>12</b>                  10:15 Coffee/Chronicles                  11:00 Find It                  1:30 Nail Care                  2:00 Snack &amp; Socialize                  3:00 Beats &amp; Bites                  7:00 America's Funniest</p>	<p><b>13</b>                  10:15 Move and Groove                  11:00 Choir – Wolk  <b>12:00 Lunch Olive Garden</b>                  1:30 DVD: <i>Broadway Danny Rose</i>                  3:30 Tai Chi with Carmen                  7:30 Jeopardy</p>	<p><b>14</b>                  10:15 Exercise Time                  10:45 Coffee/ Chronicles                  11:30 Ladder Ball                  1:30 Elie the Dog                  2:15 Snack &amp; Robert Louis Stevenson                  3:30 Tool Time                  7:00 Wheel of Fortune</p>	<p><b>15</b>  <b>WEAR in the WORLD</b>                  10:15 Getting Fit                  11:00 Coffee / Chronicles                  11:30 World Ball                  1:30 Bake International                  2:00 Treats and Travels                  3:00 Christine's Travelogue                  7:30 Jeopardy</p>	<p><b>16</b>                  10:15 Fitness                  11:00 Coffee / Chronicles                  11:30 Ping Pong Toss                  1:30 Movie &amp; Popcorn  <b>1:45 Outing: Lamberton Conservatory</b>                  6:15 Family Night: Mike the Magician</p>	<p><b>17</b>                  10:15 Stretch &amp; Relax                  10:45 Coffee / Chronicles                  11:30 Ping Pong                  1:30 Card Game                  2:00 Birthday Bash                  3:00 Farm - City!                  4:00 Rabbi Katz Visit                  6:15 Heartland</p>	<p><b>18</b>                  10:15 Coffee / Chronicles                  11:00 Word Search  <b>1:30 Scenic Ride: Lake Breeze</b>                  3:00 Tunes &amp; Treats                  6:15 Netflix: <i>Beauty &amp; the Beast</i></p>
<p><b>19</b>  <b>FAMILY WEEK</b>                  10:15 Coffee /Chronicles                  11:00 Dance to the Music                  2:00 Music &amp; Munchies                  3:15 Music with Tom                  7:00 America's Funniest</p>	<p><b>20</b>                  10:15 Move and Groove                  11:00 Choir – Wolk                  1:30 Scavenger Hunt – Family Photos                  2:30 Munchy Monday                  3:30 Tai Chi with Carmen                  7:00 Wheel of Fortune</p>	<p><b>21</b>                  10:15 Exercise Time                  10:45 Coffee/ Chronicles                  11:30 Drum Circle                  1:30 Craft for Family                  2:00 Francis - Dog Visit                  2:45 Ritz Cracker Day                  3:30 Netflix: Food Sci. S1E2                  7:30 Jeopardy</p>	<p><b>22</b>                  10:15 Getting Fit                  11:00 Coffee / Chronicles                  11:30 Corn Hole Game                  1:30 Baking from Scratch                  2:00 Family Favorites                  3:00 Three Sisters                  7:00 Wheel of Fortune</p>	<p><b>23</b>  <b>Happy Thanksgiving</b>                  9 – 12:00 Thanksgiving Day Parade                  1:00 Walk About                  2:30 Music &amp; Munchies                  6:30 Netflix: Tony Bennet: The Music Never Ends  <small>Thanksgiving Day (US)</small></p>	<p><b>24</b>                  10:15 Stretch &amp; Relax                  10:45 Coffee / Chronicles                  11:30 Ping Pong                  1:30 Movie &amp; Popcorn  <b>1:45 Ride: Kodak 2</b>                  3:30 Netflix: Abstract S1E2                  4:00 Rabbi Katz Visit                  6:15 Heartland</p>	<p><b>25</b>                  10:15 Coffee / Chronicles                  11:00 Mandala Relaxation  <b>1:30 Scenic Ride: River Run</b>                  3:00 Snack &amp; Songs                  6:15 DVD <i>Family Man</i></p>
<p><b>26</b>                  10:15 Coffee /Chronicles                  11:00 Hydration &amp; Chat                  2:00 Table Bowling                  3:00 Snack &amp; Sing                  7:00 America's Funniest</p>	<p><b>27</b>                  10:15 Move and Groove                  11:00 Choir – Wolk                  1:30 Bake Biscuits                  2:30 Alice's Adventures and Tea                  3:30 Tai Chi with Carmen                  7:30 Jeopardy</p>	<p><b>28</b>                  10:15 Exercise Time                  10:45 Coffee/ Chronicles                  11:30 Ring Toss                  1:30 Elie the Dog Visit                  2:15 Bites and 60 Uses for Baking Soda                  3:15 Broadway w/ George                  7:00 Wheel of Fortune</p>	<p><b>29</b>                  10:15 Getting Fit                  11:00 Coffee / Chronicles                  11:30 Horse Shoes                  1:30 Baking from Scratch                  2:30 What Do You Know?                  3:00 Music with Doris                  7:00 Wheel of Fortune</p>	<p><b>30</b>                  10:15 Fitness                  11:00 Coffee / Chronicles  <b>11:15 Lunch at Cracker Barrel</b>                  1:30 Classics &amp; Popcorn                  2:30 Hats Hats Hats                  3:30 Netflix: Anne with an E                  6:15 John on Piano</p>	<p style="text-align: center;"><b>US Mail Delivery</b>  <b>Monday – Saturday between 1 &amp; 3 PM</b></p> <p style="text-align: center;">All events subject to change</p> <p style="text-align: center;">Judy Scott, Activities Associate                  585-341-2359    jscott@jewishseniorlife.org</p>	