

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2017

## The Lodge at Wolk Manor

*Always Thankful for Family*

			10:15 Getting Fit <b>1</b> 11:00 Coffee / Chronicles 11:30 Basket Ball 1:30 Bake Cookies 2:15 Mustache Day 3:00 Treats & the Beat 6:15 Music w/ Joe	10:15 Fitness <b>2</b> 11:00 Coffee / Chronicles 11:30 Ladder Ball 1:30 Art Class 101 2:30 Apple Tasting 3:00 Know It All 3:30 Netflix: Bill Nye 7:30 Jeopardy	10:15 Stretch & Relax <b>3</b> 10:45 Coffee / Chronicles 11:30 Twisted Twister 1:30 Fresh Finds 3:30 Netflix: Precious Puppies 4:00 Rabbi Katz Visit 6:15 Heartland	10:15 Coffee / Chronicles <b>4</b> 11:00 Health Walk <b>1:30 Scenic Ride: Country Horses</b> 3:00 Delicacies & Divas 6:15 Netflix: Horse Dancer
<b>SCARLET DAY 5</b> 10:15 Coffee/Chronicles 11:00 Scarlet Word Search 1:00 Dance to the Music 2:00 Walking Workout 3:00 Tunes & Treats 7:00 America's Funniest	9:30 Nursing Students <b>6</b> 10:15 Move and Groove 11:00 Choir – Wolk 1:00 Nursing Students 1:30 Student Activity 2:30 Snack & Sax 3:30 Tai Chi with Carmen 7:00 Wheel of Fortune	10:15 Exercise Time <b>7</b> 10:45 Coffee/ Chronicles 11:30 Ring Toss 1:30 Craft for Fall 2:30 Marie Curie Birthday 6:15 Name That Tune With Mr. Williams	10:15 Getting Fit <b>8</b> 11:00 Coffee / Chronicles 11:30 Twisted Twister 1:30 Connect 4 & More 2:30 Make Game Treats 3:00 Treats & the Beat 6:15 More Games Day	10:15 Fitness <b>9</b> 11:00 Coffee / Chronicles 11:30 Horse Shoes 1:30 Art Class 101 2:30 Cookies are King! 3:30 Netflix: Delicious Food Science S1E1 7:30 Jeopardy	10:15 Stretch & Relax <b>10</b> 10:45 Coffee / Chronicles 1:30 Richard Burton Day 2:00 Francis – Dog Visit 2:45 Cards with Barb 4:00 Rabbi Katz Visit 6:15 Netflix: Sunset Blvd.	10:15 Coffee / Chronicles <b>11</b> 11:00 Marching <b>1:30 Scenic Ride: Autumn Skies</b> 3:15 Veteran's Day Music Tribute with Mike 6:15 DVD: <i>The Music Man</i> <small>Veterans Day (US) Remembrance Day (Canada)</small>
<b>12</b> 10:15 Coffee/Chronicles 11:00 Find It 1:30 Nail Care 2:00 Snack & Socialize 3:00 Beats & Bites 7:00 America's Funniest	<b>13</b> 10:15 Move and Groove 11:00 Choir – Wolk <b>12:00 Lunch Olive Garden</b> 1:30 DVD: <i>Broadway Danny Rose</i> 3:30 Tai Chi with Carmen 7:30 Jeopardy	10:15 Exercise Time <b>14</b> 10:45 Coffee/ Chronicles 11:30 Ladder Ball 1:30 Elie the Dog 2:15 Snack & Robert Louis Stevenson 3:30 Tool Time 7:00 Wheel of Fortune	<b>WEAR in the WORLD 15</b> 10:15 Getting Fit 11:00 Coffee / Chronicles 11:30 World Ball 1:30 Bake International 2:00 Treats and Travels 3:00 Christine's Travelogue 7:30 Jeopardy	10:15 Fitness <b>16</b> 11:00 Coffee / Chronicles 11:30 Ping Pong Toss 1:30 Movie & Popcorn <b>1:45 Outing: Lamberton Conservatory</b> <b>6:15 Family Night: Mike the Magician</b>	10:15 Stretch & Relax <b>17</b> 10:45 Coffee / Chronicles 11:30 Ping Pong 1:30 Card Game 2:00 Birthday Bash 3:00 Farm - City! 4:00 Rabbi Katz Visit 6:15 Heartland	<b>18</b> 10:15 Coffee / Chronicles 11:00 Word Search <b>1:30 Scenic Ride: Lake Breeze</b> 3:00 Tunes & Treats 6:15 Netflix: <i>Beauty &amp; the Beast</i>
<b>FAMILY WEEK 19</b> 10:15 Coffee /Chronicles 11:00 Dance to the Music 2:00 Music & Munchies 3:15 Music with Tom 7:00 America's Funniest	<b>20</b> 10:15 Move and Groove 11:00 Choir – Wolk 1:30 Scavenger Hunt – Family Photos 2:30 Munchy Monday 3:30 Tai Chi with Carmen 7:00 Wheel of Fortune	10:15 Exercise Time <b>21</b> 10:45 Coffee/ Chronicles 11:30 Drum Circle 1:30 Craft for Family 2:00 Francis - Dog Visit 2:45 Ritz Cracker Day 3:30 Netflix: Food Sci. S1E2 7:30 Jeopardy	10:15 Getting Fit <b>22</b> 11:00 Coffee / Chronicles 11:30 Corn Hole Game 1:30 Baking from Scratch 2:00 Family Favorites 3:00 Three Sisters 7:00 Wheel of Fortune	<b>Happy Thanksgiving 23</b> 9 – 12:00 Thanksgiving Day Parade 1:00 Walk About 2:30 Music & Munchies 6:30 Netflix: Tony Bennet: The Music Never Ends <small>Thanksgiving Day (US)</small>	10:15 Stretch & Relax <b>24</b> 10:45 Coffee / Chronicles 11:30 Ping Pong 1:30 Movie & Popcorn <b>1:45 Ride: Kodak 2</b> 3:30 Netflix: Abstract S1E2 4:00 Rabbi Katz Visit 6:15 Heartland	10:15 Coffee / Chronicles <b>25</b> 11:00 Mandala Relaxation <b>1:30 Scenic Ride: River Run</b> 3:00 Snack & Songs 6:15 DVD <i>Family Man</i>
<b>26</b> 10:15 Coffee /Chronicles 11:00 Hydration & Chat 2:00 Table Bowling 3:00 Snack & Sing 7:00 America's Funniest	<b>27</b> 10:15 Move and Groove 11:00 Choir – Wolk 1:30 Bake Biscuits 2:30 Alice's Adventures and Tea 3:30 Tai Chi with Carmen 7:30 Jeopardy	10:15 Exercise Time <b>28</b> 10:45 Coffee/ Chronicles 11:30 Ring Toss 1:30 Elie the Dog Visit 2:15 Bites and 60 Uses for Baking Soda 3:15 Broadway w/ George 7:00 Wheel of Fortune	10:15 Getting Fit <b>29</b> 11:00 Coffee / Chronicles 11:30 Horse Shoes 1:30 Baking from Scratch 2:30 What Do You Know? 3:00 Music with Doris 7:00 Wheel of Fortune	10:15 Fitness <b>30</b> 11:00 Coffee / Chronicles <b>11:15 Lunch at Cracker Barrel</b> 1:30 Classics & Popcorn 2:30 Hats Hats Hats 3:30 Netflix: Anne with an E 6:15 John on Piano	<b>US Mail Delivery</b> <b>Monday – Saturday between 1 &amp; 3 PM</b>  All events subject to change  Judy Scott, Activities Associate 585-341-2359    jscott@jewishseniorlife.org	