

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:15: Exercise Video (GR) 1:30: Movie- <i>Sound Of Music</i> (GR) Oscar & Tony-Award winning Actress, Julie Andrew's celebrates her birthday today. 6:30: Crosswords w/ Larry (GR)	2 9:45: Painting 101 (AR) 11:00: Chorus (GR) 1:15: Music & Manicures 3:00: Tai Chi w/ Carmen (GR) 6:30: BINGO w/ Marlene (GR)	3 <i>Tunes Tuesday</i> 9:30: Name that Tune (L) 11:15: Exercise w/ Janet (GR) 1:30: Table Top Bowling w/ Becky (GR) 3:30: Treats & Beats (CK) 6:30: Sinatra: <i>To Be Frank</i> (GR)	4 9:30: "Ten-Four" Day Word Game w/ Judy (GR) 11:15: Exercise w/ Chris (GR) 2:00: Dining Committee (GR) 3:30: BINGO w/ Judy (GR) 6:30: <i>Anne with an E:</i> Season 1: Episode 1 (GR) <i>Sukkot Begins at Sundown</i>	5 <i>Sukkot</i> 9:30: Power of Positivity (GR) 11:15: Exercise w/ Anna (GR) 1:30: Pictionary w/ Becky (GR) 3:30: Apple Trivia w/ Judy (GR) 6:30: Movie: <i>The Journey Home</i> (GR) <i>Sukkot</i>	6 <i>Sukkot</i> 9:30: Brain Boost Yoga (GR) 10:15 Leaf Wreath (AR) 11:15: Exercise w/ Chris (GR) 2:00: Music Lecture w/ Larry (GR) 3:15: Coffee "Times" (CK) 5:00: Shabbat Dinner	7 10:00: Exercise Video (GR) 11:00: The Crown Season 1, Episode 1 (GR) 2:00: Rabbi Katz (GR) 3:00: Violin Concert w/ Katrina (GR)
8 11:15: Exercise Video (GR) 1:00: Buffalo Bills vs. Cin. Bengals on CBS (GR) 6:30: <i>Planet Earth:</i> Episode 1 <i>From Pole to Pole</i> (GR)	9 9:45: Painting 101 (AR) 11:00: Chorus (GR) 1:15: Move & Groove (GR) 2:00: Current Events w/ Neil (GR) 3:00: Clay Class (AR) 6:30: BINGO w/ Marlene (GR) <small>Columbus Day (US) Thanksgiving Day (Canada)</small>	10 9:30: You Be The Judge (GR) 11:15: Exercise w/ Janet (GR) 2:00: Rabbi 3:15: Treats & Trivia w/ Margaret (CK) 6:30: Tony Bennet: <i>The Music Never Ends</i> (GR)	11 9:30: Tell A Story (L) 11:15: Exercise w/ Chris (GR) 2:00: Do Drop In w/ Colleen (GR) 3:30: BINGO w/ Judy (GR) 6:30: <i>Anne with an E:</i> Season 1: Episode 2	12 9:30: "I Pledge Allegiance" (GR) 10:00: Clay Class (AR) 11:15: Exercise w/ Anna (GR) 2:00: Hangman w/ Jean (GR) 3:30: Activities Meeting (GR) 6:30: Violin Recital (GR)	13 9:30: <i>Spanish Language Day</i> Learn Spanish w/ Florence (GR) 10:15 Pumpkin Painting w/ Abby (AR) 11:15: Exercise w/ Chris (GR) 2:00: Music Lect. w/ Larry (GR) 3:30: <i>White House Birthday</i> Facts & Trivia w/ Judy (GR) 5:00: Shabbat Dinner	14 11:15: Exercise Video (GR) 2:00: Jack's Jammers (GR) 3:30: The Crown Season 1, Episode 2 (GR)
15 11:15: Exercise Video (GR) 1:30: "I Love Lucy" (GR) In 1951, the hit television show, "I Love Lucy" first premiered. 6:30: <i>Planet Earth:</i> Episode 2 <i>Mountains</i> (GR)	16 9:45: Painting 101 (AR) 11:00: Chorus (GR) 1:15: RN Students (GR) 2:00: Cupcake Decorating w/ Becky (GR) 3:00: Tai Chi w/ Carmen (GR) 6:30: BINGO w/ Marlene (GR)	17 9:30: Decode It Day (L) 11:15: Lunch Trip: 11:15: Exercise w/ Janet (GR) 2:00: Camouflage Animals (GR) 3:15: Treats & Trivia w/ Margaret (CK) 6:30: Movie: <i>Emma</i> (GR)	18 9:30: <i>A Batty Day:</i> Bat Facts & Word Search w/ Judy (CK) 11:15: Exercise w/ Chris (GR) 2:00: Name 25 (GR) 3:30: Bocce Game w/ Judy (GR) 6:30: <i>Anne with an E:</i> Season 1: Episode 3	19 9:30: Cranium Crunches & Cider (CK) 10:00: Clay Class (AR) 11:15: Exercise w/ Anna (GR) 1:30: Brodsky-Grossman Award Ceremony 3:30: Hocus Pocus (GR) 6:30: BINGO w/ Judy (GR)	20 PINK DAY! <i>Wear Pink</i> 9:30: Brain Boost Yoga (GR) 10:15 Birthday Cards (AR) 11:15: Exercise w/ Chris (GR) 2:00: Music Lecture w/ Larry (GR) 3:30: Pink Things (CK) 5:00: Shabbat Dinner	21 11:15: Exercise Video (GR) 2:00: Piano w/ Naomi 3:30: The Crown Season 1, Episode 3 (GR)
22 11:15: Exercise Video (GR) 1:00: Buffalo Bills vs. Tampa Bay Buccaneers on FOX (GR) 6:30: <i>Anne with an E:</i> Season 1: Episode 4	23 9:45: Painting 101 (AR) 11:00: Chorus (GR) 12:15: Pizza Social 1:15: RN Students (GR) 2:00: Current Events w/ Neil (GR) 3:30: Bocce Game (GR) 6:30: BINGO w/ Marlene (GR)	24 9:30: How Many Words? (L) 11:15: Exercise w/ Janet (GR) 12:00: Fall Fest Lunch (DR) 3:15: "Take Me Out to The Ballgame" w/ Margaret (CK) 6:30: World Series: Game 1 (GR)	25 9:30: Guess the Nobel Prize in Literature (L) 11:15: Exercise w/ Chris (GR) 2:00: LRC w/ Jean (GR) 3:30: Corn Hole w/ Judy (GR) 6:30: Music w/ Dick Stacy (GR)	26 9:30: October Poem (GR) 10:00: Clay Class (AR) 11:15: Exercise w/ Anna (GR) 2:00: Short Stories w/ Liz (GR) 3:30: Pretzel Log Cabins (CK) 6:30: BINGO w/ Judy (GR)	27 <i>Birthday Celebration Day</i> 9:30: Your Special Month (GR) 10:15 Farm Market Trip 11:15: Exercise w/ Chris (GR) 2:00: Birthday Party (GR) 3:00: Birthday Trivia (GR) 5:00: Shabbat Dinner 7:00: World Series: Game 2 (GR)	28 11:15: Exercise Video (GR) 2:00: Jack's Jammers (GR) 3:30: The Crown Season 1, Episode 4 (GR) 7:00: World Series: Game 3 (GR)
29 11:15: Exercise Video (GR) 1:00: Buffalo Bills vs. Oakland Raiders on CBS (GR) 7:00: World Series: Game 4 (GR)	30 9:45: Painting 101 (AR) 11:00: Chorus (GR) 1:15: RN Students (GR) 2:00: Pumpkin Contest Winners (GR) 3:00: Tai Chi w/ Carmen (GR) 6:30: BINGO w/ Marlene (GR)	31 9:30: Caramel Apple Bites (CK) 11:15: Exercise w/ Janet (GR) 2:00: Rabbi (GR) 3:15: Pumpkin Cookie Decorating (CK) 7:00: World Series: Game 5 (GR) <small>Halloween</small>	<h1>October 2017</h1> <h2>Wolk Manor Assisted Living</h2> <p>Any questions, please contact Judy Scott at 585.341.2359 or by email, jscott@jewishseniorlife.org</p>			

