

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2017

## Summit at Brighton's Cultural Arts Calendar

			<p>11:00 Meditation-QR <b>1</b></p> <p><b>11:00 Shopping: Southtown</b></p> <p>1:00 New Year's Eve Idea Forum with Julia-CAR</p> <p><b>3:15</b> Volunteer at Lodge-Meet at Front Desk</p> <p>4:00 Last Tango in Halifax Season 2, Episode 1-MPR</p> <p>7:15 Dick Stacy &amp; the Rhythm Aces-MPR</p>	<p><b>2</b></p> <p>11:00 Ambassador Club-CAR</p> <p>11:15 Silver Sneakers Fitness-MPR</p> <p>1:00 Oscar Winning Doc. Short "The White Helmets"-MPR</p> <p>1-3 Wellness Nurse-FR</p> <p>4:00 Cocktail Party-CL</p> <p><b>6:45 Transportation to RPO</b></p> <p>7:15 ESM Piano Series-MPR</p>	<p><b>3</b></p> <p>11:00 Gentle Yoga-MPR</p> <p><b>1-2,4-5 Employee Appreciation Day: Write or Sign a Thank You for an Employee-CAR</b></p> <p>3:00 More Spring Seed Starting-CAR</p> <p>4:30 Shabbat Prayers-MPR</p> <p>7:15 Movie-MPR</p>	<p><b>4</b></p> <p>2:00 Movie-MPR</p> <p>3:15 Rabbi Katz's Discussion Group-CAR</p> <p>7:15 Movie-MPR</p>
<p>2:00 Movie-MPR</p> <p><b>2:15 Transportation to Rochester Youth Philharmonic Orchestra Special Concert</b></p> <p>7:15 Movie-MPR</p>	<p><b>5</b></p> <p>11:15 Stretch &amp; Balance-MPR</p> <p>1-3 Abbott &amp; Costello Show Marathon-MPR (In honor of Lou Costello's birthday)</p> <p>3:00 Tai Chi-Summit MPR</p> <p>4:15 Geo Wonders Course-FR</p> <p>7:15 Documentary: "The Women's List"-MPR</p>	<p><b>6</b></p> <p>11:15 Fitness with Chris-Griff</p> <p>1:30-3:30 Audiologist by Appointment-QR</p> <p>1:00 Tutorial with Julia: Skype or FaceTime-CAR</p> <p>4:00 Wine &amp; Cheese Social-CL</p> <p>7:15 Uptown Groove Musical Duo-MPR</p>	<p><b>8</b></p> <p>11:00 Meditation-QR</p> <p><b>11:00 Shopping: Pittsford Plaza</b></p> <p><b>1:30 Scarf Demonstration at Talbots w/Becky</b></p> <p>2:00 Painting Group-CAR</p> <p>3:45 Dance Party with J&amp;L-MPR</p> <p>7:15 Larry Shearer's Crosswords-MPR</p>	<p><b>9</b></p> <p>11:15 Silver Sneakers-MPR</p> <p>1-3 Wellness Nurse-FR</p> <p><b>1:00 Past Teachers Fellowship Group-CAR</b></p> <p><b>*please sign up*</b></p> <p>2:00 Wii Bowling-MPR</p> <p>4:00 Make Mishloach Minot with Emily!-PDR</p> <p>7:15 Movie-MPR</p>	<p><b>10</b></p> <p>9:00 Breakfast Club-PDR</p> <p>11:00 Gentle Yoga-MPR</p> <p>1:30 Nina Kalen's Book Review-PDR</p> <p>3:00 Last Tango in Halifax Season 2, Episode 2-MPR</p> <p>4:30 Shabbat Prayers-MPR</p> <p>7:15 Movie-MPR</p>	<p><b>11</b></p> <p><i>Purim begins at sundown</i></p> <p>2:00 Movie-MPR</p> <p>7:15 Movie-MPR</p>
<p>10:00 Megillah Reading with Rabbi David-PDR</p> <p>2:00 Movie-MPR</p> <p>7:15 Movie-MPR</p> 	<p><b>12</b></p> <p>9:30 Brain Awareness Week: Cranium Crunch of the Day-CL</p> <p>10:00 Nursing Student Blood Pressure Clinic-CL</p> <p>11:15 Stretch &amp; Balance-MPR</p> <p>1:00 Nursing Student-Led Activity-MPR</p> <p>3:00 Tai Chi-WOLK</p> <p>3:15 Religion Discussion Group with Dr. Chaness-CAR</p> <p>7:15 ESM Piano Series-MPR</p>	<p><b>13</b></p> <p>9:30 Brain Awareness Week: Cranium Crunch of the Day-CL</p> <p>11:15 Fitness with Chris-MPR</p> <p>3:00 Current Events with Neil Fisher-MPR</p> <p>4:15 Geo Wonders Course-FR</p> <p>7:15 Beth Brancato's Arm Chair Travelogue-MPR</p>	<p><b>14</b></p> <p>9:30 Brain Awareness Week: Cranium Crunch of the Day-CL</p> <p>11:00 Meditation-QR</p> <p><b>11:00 Shopping: Marketplace Mall</b></p> <p>12:00 March Birthday Lunch with Jenn &amp; Becky- Grill</p> <p>1:30 Poetry Group-FR</p> <p>2:45 Volunteer at Lodge with Jenn!-Meet at Front Desk</p> <p>7:15 Jilissa Vellake-MPR (Singer with ASL)</p>	<p><b>15</b></p> <p>9:30 Brain Awareness Week: Cranium Crunch of the Day-CL</p> <p>11:15 Silver Sneakers-MPR</p> <p>1-3 Wellness Nurse-FR</p> <p><b>1:00 Jewelry Class with Deb-CAR</b></p> <p>1:30 Resident Council-PDR</p> <p>2:00 Wii Bowling-MPR</p> <p>3:00 Last Tango in Halifax Season 2, Episode 3-MPR</p> <p>4:00 Cocktail Party with Deb-CL</p> <p><b>7:00 Bingo with Deb-MPR</b></p>	<p><b>16</b></p> <p>9:30 Brain Awareness Week: Cranium Crunch of the Day-CL</p> <p>11:00 Gentle Yoga-MPR</p> <p>1:00 "Truth or Blarney" Trivia Game-FR</p> <p>3:30 Book Club-MPR**</p> <p>4:30 Shabbat Prayers-MPR</p> <p>7:15 Irish Dancing Documentary: "Jig"-MPR</p> <p><small>St. Patrick's Day</small></p>	<p><b>17</b></p> <p>1:00 Movie-MPR</p> <p>3:30 Boland School of Irish Dance Performs at the Summit!-MPR</p> <p>7:15 Movie-MPR</p>
<p><b>19</b></p> <p><b>1:15 JCC CenterStage: The Flick</b></p> <p>2:00 Movie-MPR</p> <p>7:15 Movie-MPR</p>	<p><b>20</b></p> <p>10:00 Nursing Student Blood Pressure Clinic-CL</p> <p>11:15 Stretch &amp; Balance-MPR</p> <p>1:00 Nursing Student-Led Activity-MPR</p> <p>2:30 Outdoor Walk with Julia-Meet at Front (Weather Permit)</p> <p>3:00 Tai Chi-Summit MPR</p> <p>4:15 Geo Wonders Course-FR</p> <p>7:15 PBS Series: Part 1-MPR</p>	<p><b>21</b></p> <p>10:00 Blueberries &amp; Bach-FR</p> <p>11:15 Fitness with Chris-MPR</p> <p>2:00 Broadway Bob: Great Composers of B'way-MPR</p> <p>4:00 Wine &amp; Cheese Social-CL</p> <p>7:15 PBS Series: Part 2-MPR</p>	<p><b>22</b></p> <p>11:00 Meditation-QR</p> <p><b>12:30 Chinese Take-Out Lunch-CAR \$5 per person</b></p> <p>2:00 Last Tango in Halifax Season 2, Episode 4-MPR</p> <p>2:45 Volunteer at Lodge-Meet at Front Desk</p> <p>7:15 PBS Series: Part 3-MPR</p>	<p><b>23</b></p> <p>11:15 Silver Sneakers-MPR</p> <p>1-3 Wellness Nurse-FR</p> <p><b>1:30 Shopping at Christmas Tree Shop</b></p> <p>2:00 Dining Services Food Forum-MPR</p> <p><b>4:00 Red Wine Tasting Event-MPR \$5 per person</b></p> <p>7:15 PBS Series: Part 4-MPR</p>	<p><b>24</b></p> <p>9:00 Breakfast Club-PDR</p> <p>11:00 Gentle Yoga-MPR</p> <p><b>12:00 Quick Lunch Trip: Picnic Create-Your-Own Brick Oven Pizza</b></p> <p>3:30 Movie Committee-CAR</p> <p>4:30 Shabbat Prayers-MPR</p> <p>7:15 Lukus Wells, Singer-Songwriter-MPR</p>	<p><b>25</b></p> <p>2:00 Movie-MPR</p> <p>7:15 Movie-MPR</p>
<p><b>26</b></p> <p>2:00 Movie-MPR</p> <p>7:15 Movie-MPR</p>	<p><b>27</b></p> <p>10:00 Nursing Student Blood Pressure Clinic-CL</p> <p>11:15 Stretch &amp; Balance-MPR</p> <p>1:00 Nursing Student-Led Activity-MPR</p> <p>3:00 Tai Chi-WOLK</p> <p>3:15 Religion Discussion Group with Dr. Chaness-CAR</p> <p>4:15 Geo Wonders Course-FR</p> <p>7:15 ESM Piano Series-MPR</p>	<p><b>28</b></p> <p>11:15 Fitness with Chris-MPR</p> <p>1:30-3:30 Audiologist by Appointment-QR</p> <p><b>2:30 Create-Your-Own "Walker Flair"-CAR *please sign up</b></p> <p>4:00 Coping with Loss Support Group-FR</p> <p>7:15 Movie-MPR</p>	<p><b>29</b></p> <p>11:00 Meditation-QR</p> <p><b>11:00 Shopping: Pittsford Plaza</b></p> <p>2:45 Volunteer at Lodge-Meet at Front Desk</p> <p>4:00 Resident Town Hall Meeting-MPR</p> <p>7:15 Wii Team Jeopardy with Julia-MPR</p>	<p><b>30</b></p> <p>11:15 Silver Sneakers Fitness-MPR</p> <p><b>12:00 Lunch Trip: Sticky Lips BBQ, Henrietta</b></p> <p>1-3 Wellness Nurse-FR</p> <p><b>2:00 Jewelry Class with Deb-CAR</b></p> <p>2:00 Wii Bowling-MPR</p> <p>4:00 Cocktail Party-CL</p> <p><b>7:00 Bingo with Deb-MPR</b></p>	<p><b>31</b></p> <p>11:00 Gentle Yoga-MPR</p> <p>1:30 Service Project Idea Group-CAR</p> <p>2:30 Last Tango in Halifax Season 2, Episode 5-MPR</p> <p>3:30 Movie Committee-CAR</p> <p>4:30 Shabbat Prayers-MPR</p> <p>7:15 Movie-MPR</p>	<p><b>"It does not matter how slowly you go so long as you do not stop."</b></p> <p><b>~ Confucius</b></p>

Wegmans Personal Shopper Requests due by Tuesdays at 2 PM

Trips: Tuesday Wegmans 1:30 PM, Thursday Wegmans 10:30 AM, Tops by appointment