


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="margin: 0;">March 2017</h1> <h2 style="margin: 0;">Wolk Manor Activities</h2>			1	2	3	4
			11:15 Exercise w/Chris 1:45 Travel with Beth 3:15 Coffee Social 6:30 Music w/Katrina	10:00 Clay Class CAR 11:15 Exercise w/Anna 1:30 Painting 101 3:15 Documentary: Miracle in a Box 6:30 Bingo with Marlene	10:00 The History of Mandela Art w/Kristen 11:15 Exercise w/Chris 2:00 Music Lecture w/Larry 3:15 Coffee in the Café 5:00 Jewish Songs 5:15 Shabbat Dinner	11:15 Exercise Video 2:00 Afternoon Sabbath w/Rabbi Katz 6:30 Movie
5	6	7	8	9	10	11
11:15 Exercise Video 2:00 Afternoon Matinee 6:30 Music w/ Seth and Julie	10:15 Chat Club 11:00 Choir Practice w/Joe 1:30 Scenic Ride 2:00 Current Events w/Neil 6:30 Bingo with Marlene	10:00 Open Art Room 11:15 Exercise w/Janet 2:00 Discussions w/Rabbi 3:00 Afternoon Snack 3:15 Trivia at the Oscars 6:30 Movie	11:15 Exercise w/Chris 1:30 Holiday Baking 3:15 Coffee Social and our Treats 6:30 Pokeno w/Marlene	10:00 Clay Class CAR 11:15 Exercise w/Anna 1:30 Painting 101 2:45 Afternoon Snack 3:00 Word Games 6:30 Bingo with Marlene	10:00 Mandela w/Kristen 11:15 Exercise w/Chris 2:00 Wolk Manor and Lodge's Spring Concert 3:15 Refreshments 5:00 Jewish Songs 5:15 Shabbat Dinner	11:15 Exercise Video 2:00 Music w/Jack's Jammers 6:30 Movie
12	13	14	15	16	17	18
11:15 Exercise Video 2:00 Afternoon Matinee 2:00 Purim Puzzle Packets in the Library 6:30 Purim Music w/Maury <small>Purim Daylight Saving Time Begins</small>	10:15 Chat Club w/ SJF Students 11:00 Choir Practice w/Joe 1:45 Table Top Bowling 3:00 Stretch & Flex w/Carmen 6:30 Bingo with Marlene	10:00 Open Art Room 11:15 Exercise w/Janet 2:00 Discussions w/our Very own Resident Bill 2:45 Snack 3:15 Springtime Poem 6:30 Movie	11:15 Exercise w/Chris 2:00 Piano w/John 3:15 Coffee Social 6:30 Pokeneo w/Marlene	11:15 Exercise w/Anna 11:15 Lunch at Kobes 1:45 Comedy Hour w/Carol Burnett 3:00 Short Stories w/Liz 6:30 Bingo with Marlene	10:00 Mandela w/Kristen 11:15 Exercise w/Chris 2:00 Music Lecture w/Larry 3:00 Shamrock Shakes Followed by Irish Trivia 5:00 Jewish Songs 5:15 Shabbat Dinner <small>St. Patrick's Day</small>	11:15 Exercise Video 2:00 Book Review w/Nina 3:15 Afternoon Treats and Drinks 6:30 Movie
19	20	21	22	23	24	25
11:15 Exercise w/Janet Special Day For Fitness 2:00 Puzzles with Larry 6:30 Movie	10:00 It This, Not That!! w/Wolk's Nutritionist 11:00 Choir Practice w/Joe 2:00 Current Events w/Neil 6:30 Bingo with Marlene	10:00 Open Art Room 11:15 Exercise w/Janet 2:00 Discussions w/Rabbi Katz 3:15 Word Challenges 6:30 Movie	11:15 Exercise w/Chris 1:30 Jeopardy 3:15 Coffee Social 6:30 Eastman School of Music, Woodwind Quartet Performance	11:15 Exercise w/Anna 2:00 Monthly Birthday Social 3:15 Birthday Word Game 6:30 Bingo with Marlene	10:00 Mandela Final Project 11:15 Exercise w/Chris 2:00 Who, What or Where? 3:15 Coffee Social 5:00 Jewish Songs 5:15 Shabbat Dinner	11:15 Exercise Video 2:00 Music w/Jack's Jammers 6:30 Movie
26	27	28	29	30	31	
11:15 Exercise Video 2:00 Afternoon Movie and Popcorn 6:30 Crosswords w/Larry	10:15 Chat Club 11:00 Choir Practice w/Joe 12:15 Pizza Lunch 1:45 Movie 3:00 Stretch & Flex w/Carmen 6:30 Bingo with Marlene	11:15 Exercise Video 11:15 Lunch/Cracker Barrel 2:00 Music Lecture w/Doris 3:15 Table Bowling 6:30 Movie	10:00 Open Art Room 11:15 Exercise w/Chris 1:30 5 Letter Words 3:15 When Life gives you Lemonade-with Levi 6:30 Music w/Ernesto	10:15 You be the Judge 11:15 Exercise w/Anna 1:45 Wheel of Fortune 6:30 Bingo with Marlene	10:00 Art Reflection w/Kristen 11:15 Exercise w/Chris 1:45 Clay Class CAR 5:00 Jewish Songs 5:15 Shabbat Dinner	