

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>August 2017</h1> <p><i>Time for Watermelons, Picnics, & The Erie Canal's Bicentennial</i></p>		10:15 Exercise Time 1 10:45 Coffee & Chronicles 11:30 Ring Toss 1:30 Garden Scavenger Hunt 2:30 Morsels & Minds 3:30 Tool Time 7:30 Jeopardy	10:15 Getting Fit 2 10:45 Coffee & Chronicles 11:30 Ladder Ball 1:30 Watermelon Craft 2:30 Watermelon Words 3:00 Treats & The Beat 3:45 Netflix: Cheers S1 E1&2 6:15 Music w/ Joe	10:15 Fitness 3 10:45 Coffee & Chronicles 11:30 Horse Shoes 1:30 Art Class 101 2:30 Watermelon Treat & Trivia 3:30 Bill Nye S1-1 7:00 Wheel of Fortune	10:15 Stretch & Relax 4 10:45 Coffee & Chronicles 11:30 Ping Pong Toss 1:30 Classic Movie/Treat 1:45 Scenic Ride Schoen Place & Gelato 3:30 Classics 6:15 Netflix: Midsomer Murders S1-E3	10:15 Coffee & Chronicles 5 11:00 Sing Along 2:00 Bowling w/ Marlene 3:00 Treats & Tunes 6:15 Netflix: Moonrise Kingdom
10:15 Coffee & Chronicles 6 11:00 Word Search 1:45 Scenic Ride Brighton Fields 3:00 Garden Grins/Treats 7:00 America's Funniest Home Videos	10:15 Move & Groove 7 11:00 Choir Practice-Wolk 11:30 Drum Circle 2:00 Garden Walk/Snack 3:00 Netflix: Dick Van Dyke S1-E1 3:30 Tai Chi with Carmen 7:00 Wheel of Fortune	10:15 Exercise Time 8 10:45 Coffee & Chronicles 11:30 Ring Toss 1:30 Card Game 2:30 Snazzy Snacks/Chat 3:30 Netflix: Planet Earth S1-E1 6:15 Music with Geoff	10:15 Getting Fit 9 10:45 Coffee & Chronicles 11:30 Ladder Ball 1:30 Adding It Up 2:30 Hand Twister Trivia 3:00 Treats & the Beat 7:00 Wheel of Fortune	10:15 Fitness 10 10:45 Coffee & Chronicles 11:30 Bean Bag Game 1:30 Art Class 101 2:30 Erie Canal Facts & Eats 3:30 Tool Time 6:30 Game Night	10:15 Stretch & Relax 11 10:45 Coffee & Chronicles 11:30 Horse Shoes 1:30 Dance Party 2:15 Quenchers & Treats 3:30 Classics-Your Choice 4:00 Rabbi Katz Visit 6:15 Netflix: Heartland	10:15 Coffee / Chronicles 12 11:00 Garden Walk 2:00 Nail Care 3:00 Snack & Chat 6:15 Netflix: The Magic of Belle Isle
Left-Handed Day 13 10:15 Coffee/Chronicles 11:00 Walkers Club 1:45 Scenic Agricultural Ride 3:00 Mandala Time 6:15 Music with Sam	10:15 Move & Groove 14 11:15 Lunch Pelican's Nest 1:30 Movie / Popcorn 3:00 Dick Van Dyke S1-E3 3:30 Tai Chi with Carmen 7:00 Wheel of Fortune	10:15 Exercise Time 15 10:45 Coffee & Chronicles 11:30 Ladder Ball 1:30 Card Making 2:30 Niceties & Nibbles 3:30 Netflix: Bill Nye S1-E1 6:30 Wii Bowling	10:15 Getting Fit 16 10:45 Coffee & Chronicles 11:30 Strolling Around 1:30 Bake w/ Staff 2:00 Nail Care w/ Staff 2:30 Munchies & Words 7:00 Wheel of Fortune	10:15 Fitness 17 10:45 Coffee & Chronicles 11:30 Dance to the Music! 1:30 Movies & Popcorn 3:00 Trivial Pursuit 3:30 Netflix: Dick Van Dyke S1-E3 6:15 Wheel of Fortune	10:15 Stretch & Relax 18 10:45 Coffee & Chronicles 11:30 Bean Bag Twister 1:30 Bingo 2:15 Snacks & Eclipse Info 3:00 Zoo Mobile Visit 4:00 Rabbi Katz Visit 6:15 Midsomer Murders S1-E4	10:15 Coffee & Chronicles 19 11:00 Dance w/ Staff 2:00 Bowling with Marlene 3:00 Tidbits & Tunes 6:15 Netflix: The Great Gilly Hopkins
10:15 Coffee & Chronicles 20 11:00 Word Search 1 - 3 RSVP to DJ Blaze Family Ice Cream Social 3:30 I Love Lucy 7:00 America's Funniest Home Videos	10:15 Move & Groove 21 10:45 Coffee & Chronicles & Total Eclipse Day 11:00 Choir at Wolk 1:30 Trip to Lambertson Conservatory 2:30 Snack & Juice / Staff 3:30 Tai Chi with Carmen	10:15 Exercise Time 22 10:45 Coffee & Chronicles 11:30 Horse Shoes 1:30 Elie the Dog 2:00 Music w/ Doris 2:30 Snack w/ Doris 3:30 Netflix: Bill Nye S1-E2 7:30 Jeopardy	10:15 Getting Fit 23 10:45 Coffee & Chronicles 11:30 Basketball 1:30 Craft Time! 2:30 Adding It Up! 3:00 Treats & the Beat 6:15 Piano Concert with Nadia	10:15 Fitness 24 10:45 Coffee / Chronicles 11:30 Garden Time Noon Lodge Resident Picnic 2:30 Hydration & Humor 3:30 Tool Time 6:15 Music with Howie	10:15 Stretch & Relax 25 10:45 Coffee & Chronicles 11:30 Ladder Ball 1:30 Drum Circle 2:00 August Birthdays 3:30 I Love Lucy 4:00 Rabbi Katz Visit 6:15 Netflix: Heartland	10:15 Coffee & Chronicles 26 11:00 Mandalas 2:00 Bowling with Marlene 3:00 Melodies & Morsels 6:15 Netflix: A Royal Night Out
10:15 Coffee & Chronicles 27 11:00 Word Search 1:45 Scenic Ride Ellison Park 3:00 Tunes & Treats 6:30 Game Night	10:15 Move & Groove 28 10:45 Coffee & Chronicles 11:00 Choir at Wolk 1:30 Scrabble 2:30 Jokes & Juice 3:30 Tai Chi with Carmen 7:00 Wheel of Fortune	10:15 Exercise Time 29 10:45 Coffee & Chronicles 11:30 Bubbles 1:30 Bingo 2:30 Books, Beverages, & Bites 3:30 Netflix: Brain Game S2-E1 6:30 Netflix: Babies	10:15 Getting Fit 30 10:45 Coffee & Chronicles 11:30 Ladder Ball 1:30 Science Rules 2:30 Poetry Discussion 3:00 Treats & the Beat 7:00 Wheel of Fortune	10:15 Fitness 31 10:45 Coffee / Chronicles 11:30 Garden Game 1:30 Move / Popcorn 1:45 Erie Canal Scenic Ride with "C" Treats 3:30 Tool Time 6:30 Game Night	 <h2>The Lodge at Wolk Manor</h2> <p>US Mail Delivery Monday - Saturday between 1 and 3 PM All programs subject to change</p>	