


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="text-align: center;">August 2017</h1> <h2 style="text-align: center;">Wolk Manor</h2>		Appointment 1 11:15 Exercise w/Janet 2:00 3:30 6:30 Classic Movie	2 10:00 Do Drop Inn Art Room 11:15 Exercise w/Chris 1:45 5 Letter Words 3:15 Coffee, Trivia & More 6:30 The Great Course, From Monet to Van Gogh DVD, Part 1	National Watermelon Day 3 10:15 11:15 Exercise w/Anna 1:30 Watermelon Baking?? 2:45 Afternoon Bingo 6:30 Netflix: The Crown	4 10:15 Trivia and Facts 11:15 Exercise w/Chris 2:00 Music Lecture with Larry 3:00 Watermelon Treats 5:00 Jewish Songs followed by Shabbat Dinner	5 11:15 Exercise Video 2:00 Afternoon Sabbath with Rabbi Katz in the GR 6:30 Movie
		6 11:15 Exercise Video 2:00 Afternoon Matinee 6:30 Crosswords with Larry	7 9:45 Art 101 11:00 Choir Practice w/Joe 3:00 Flex & Stretch w/Carmen GR 6:30 Bingo w/Marlene	8 11:15 Exercise Video 1:30 Bus Trip along the Canal w/Willette 1:45 DVD, That's Entertainment Part 1 3:15 6:30 Classic Movie	9 10:15 Do Drop Inn w/Kim Art Room 11:15 Exercise w/Chris 1:45 Trivia Game w/Kim 3:15 Coffee, Trivia and More w/Kim 6:30 Jeopardy w/Marlene	10 10:15 Dice Game 11:15 Exercise w/Anna 1:45 Painting Class 2:45 Afternoon Bingo 6:30 Netflix: The Crown
13 11:15 Exercise w/Janet 2:00 Movie: Gone with the Wind Part 1 6:30 Gone with the Wind, Part 2	14 9:45 Art 101 11:00 Choir Practice w/Joe 2:00 Current Events w/Neil 3:00 Coffee and Reflections in the CK 3:00 Flex & Stretch w/Carmen SUM,MPR 6:30 Bingo w/Marlene	15 10:15 Word Challenges 11:15 Exercise Video 1:30 Depart Conservatory 1:45 DVD, That's Entertainment, Part 2 6:30 Classic Movie	Wolk Summer Picnic 16 11:15 Exercise w/Chris 12:00 Annual Picnic, Front of Wolk Music w/DJ Paul 2:00 Rest & Relaxation Exercise 3:15 Coffee, Trivia & More 6:30 Gilbert & Sullivan, Patience	17 10:15 Do Drop Inn Art Class 11:15 Exercise w/Anna 1:45 Painting Class 2:45 Afternoon Bingo 6:30 Netflix: The Crown	18 10:15 Shut the Box, Dice Game 11:15 Exercise w/Chris 5:00 Jewish Songs followed by Shabbat Dinner	19 11:15 Exercise Video 2:00 Book Review with Nina 6:30 Movie
20 11:15 Exercise w/Janet 2:00 Afternoon Matinee w/afternoon Snacks 6:30 Crosswords with Larry	21 9:45 Art 101 11:00 Choir Practice w/Joe 2:00 LCR Dice Game 3:00 Flex & Stretch w/Carmen GR 6:30 Bingo w/Marlene	22 11:15 Exercise w/Janet 2:00 Discussions w/Rabbi 3:00 Music Lecture w/Doris 6:30 Classic Movie	23 10:15 Do Drop Inn Art Class 11:15 Exercise w/Chris 1:45 Cooking Demonstration in the CK 2:30 Afternoon Treats the CK 6:30 6:30 The Great Course, From Monet to Van Gogh DVD, Part 1	24 10:15 11:15 Exercise w/Anna 2:00 Music w/Howie 3:15 Afternoon Bingo 6:30 Netflix: The Crown	25 10:15 11:15 Exercise w/Chris 2:00 Music Lecture w/Larry 3:15 Coffee & Treats w/Staff 5:00 Jewish Songs followed by Shabbat Dinner	26 11:15 Exercise Video 2:00 Music with Jacks Jammers 6:30 Movie
27 11:15 Exercise Video	28 9:45 Art 101 11:00 Choir Practice w/Joe 2:00 Current Events w/Neil 3:00 Stretch & Flex w/Carmen SUM,MPR 6:30 Bingo w/Marlene	29 10:15 You Be the Judge w/Willette 11:15 Exercise w/Janet 2:00 Discussions with Rabbi 3:00 The Brewster's Ice Cream Truck at Wolk 6:30 Classic Movie	30 11:15 Exercise w/Chris 1:45 How Many Words 3:15 Coffee, Trivia & More 6:30 Music w/Dick Stacy	31 10:15 Do Drop Inn w/Willette 11:15 Exercise w/Anna 1:45 Painting Class w/Willette 3:15 Bingo with Judy 6:30 Netflix: The Crown	All Programs are held in the Wolk Manor Great Room, (GR) unless marked Differently SUM-Summit MPR-Summit Multi Purpose Room CAR-Creative Arts Room	