

FEBRUARY 2018 The Summit at Brighton



♥ Health ♣ Inspiration ♠ Fun ♦ Education ☀ Outings

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Monthly Theme: <i>Let Love Warm Our Hearts</i></p>						
				<p>9:30 ♦ African American History Month Coffee Discussion (CL) 1 10:00 ♦ Yiddish Conv. Group (PDR) 11:15 ♥ Silver Sneakers (MPR) 1:00 ♠ Open Card Time (Card Rm) 1:00 & 3:00 ♠ A Place to Call Home (MPR) 4:00 ♠ Wii Jeopardy w/Julia (MPR) 7:15 ♠ Daniel Henry Music (MPR)</p>	<p>9:00 ♣ Breakfast Club & Groundhog Day Facts (PDR) 2 11:00 ♥ Gentle Yoga (MPR) 12:30 ♠ Super Bowl Snacks Potluck (MPR) 2:00 ♦ Library Comm. (Lib.) 3:30 ♣ Teachers Group (FR) 4:30 ♣ Shabbat Prayers (MPR) 7:15 ♠ Movie: <i>Groundhog Day</i> (MPR)</p>	<p>11:00 ♠ The Crown Season 2 Episode 9 (MPR) 3 1:00 ♠ We've Made It Halfway Through Winter! (Café) 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)</p>
<p>2:00 ♠ Movie (MPR) 6:30 ♠ Super Bowl LII Game (MPR) 4</p>	<p>10:00 ♥ Water Aerobics (Pool) 5 11:15 ♥ Stretch & Balance (MPR) 1:00 ♦ Strange History (MPR) 2:45 ♣ Lodge Volunteers: The Beat Goes On (Meet at Front Desk) 3:00 ♣ Tai Chi w/Carmen (Wolk GR) 4:15 ♦ Great Course: Intro to Genealogy Part 1 (FR) 7:15 ♦ African Americans: Many Rivers to Cross Series: Part 1 & 2</p>	<p>9:30 ♣ Ambassadors Club (MPR) 6 11:15 ♥ Fitness w/Chris (MPR) 1:15 ♥ Audiologist by Appt. (QR) 2:00 ♦ Broadway Bob Sagan (MPR) 4:00 ♣ "The Number on Great-Grandpa's Arm" Premiere Party (MPR) 7:15 ♦ African Americans: Many Rivers to Cross Series: Part 3 & 4 (MPR)</p>	<p>10:00 ♥ Student Health Checks (CL) 7 10:30 ♣ Meditation (QR) 11:00 ☀ Shopping: Marketplace 11:30 ♥ Student Health Topic (CL) 1:00 ♠ SJFC Nursing Student Led Activity 2:00 ♣ Sunshine Club (CAR) 4:30 ☀ Brighton High School: Crazy for You Senior Preview 7:15 ♠ Movie (MPR)</p>	<p>10:00 ♦ Yiddish Conv. Group (PDR) 8 11:15 ♥ Silver Sneakers (MPR) 1:00 ♠ Open Card Time (Card Rm) 1:00 & 3:00 ♠ A Place to Call Home (MPR) 4:00 ♠ Cocktail Party (CL) 6:45 ☀ RPO Symphonic Conc. 7:15 ♦ African Americans: Many Rivers to Cross Series: Part 5 & 6 (MPR)</p>	<p>11:00 ♥ Gentle Yoga (MPR) 9 12:00 ♠ National Pizza Day: Pizza Lunch (CAR) 2:00 ♦ Library Comm. (Library) 3:30 ♠ Movie Committee (CAR) 4:30 ♣ Shabbat Prayers (MPR) 7:15 ♠ Sweetheart Songs with Ralph & Maggie (MPR) 8:00 ♠ Winter Olympics Opening Ceremony (Family Rm.)</p>	<p>11:00 ♠ The Crown Season 2 Episode 10 (MPR) 10 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)</p>
<p><i>*Random Acts of Kindness Week*</i> 1:30 ☀ JCC Center Stage: Hitmakers Show 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR) 11</p>	<p>10:00 ♥ Water Aerobics (Pool) 12 11:15 ♥ Stretch & Balance (MPR) 2:45 ♣ Lodge Volunteers: The Beat Goes On (Meet at Front Desk) 3:00 ♣ Tai Chi w/Carmen (MPR) 3:00 ♣ Dining Task Force (PDR) 4:15 ♦ Great Course: Intro to Genealogy Part 2 (FR) 7:15 ♠ Eastman Piano Series (MPR)</p>	<p>9:30 ♠ Name 25 w/ Julia (CL) 13 11:15 ♥ Fitness w/Chris (MPR) 1:00 ♠ Open Card Time (Card Rm) 2:00 ♦ Current Events with Neil (MPR) 4:00 ♠ Sweetheart Wine & Cheese Social (Cocktail Lounge) 7:15 ♠ Victoria Season 2 Ep. 1 (MPR)</p>	<p>10:00 ♥ Student Health Checks (CL) 14 10:30 ♣ Meditation (QR) 11:00 ☀ Shopping: Pittsf. Plaza 11:30 ♥ Student Health Topic (CL) 1:00 ♠ SJFC Nursing Student Led Activity 1:30 ♦ Naz Memoir Course (PDR) 3:45 ♠ Painting Social (CAR) 7:15 ♠ Crosswords with Larry (MPR)</p>	<p>10:00 ♦ Yiddish Conv. Group (PDR) 15 11:15 ♥ Silver Sneakers (MPR) 1:00 & 3:00 ♠ A Place to Call Home (MPR) 1:30 ♣ Resident Council (PDR) 2:00 ♦ Susan B. Anthony House Virtual Exhibit (MPR) 4:00 ♦ Travelogue w/Beth (MPR) 7:15 ♠ Richard Margolis, Photography Talk (MPR)</p>	<p>9:00 ♣ Breakfast & Chat Club (PDR) 16 11:00 ♥ Gentle Yoga (MPR) 12:00 ☀ Chinese New Year Lunch: Hong Wah 2:00 ♦ Library Comm. (Library) 3:30 ♦ Book Club (CAR) 4:30 ♣ Shabbat Prayers (MPR) 7:15 ♠ Victoria Season 2 Ep. 2</p>	<p>10:30 ♠ Victoria Season 2 Ep. 1 (MPR) 17 2:00 ♦ Nina's Book Review (Wolk Great Rm.) 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)</p>
<p>10:30 ♠ Victoria Season 2 Ep. 2 (MPR) 18 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)</p>	<p>10:00 ♥ Water Aerobics (Pool) 19 11:15 ♥ Stretch & Balance (MPR) 1:00 ♠ Match That Fact: Presidents & First Ladies (MPR) 2:45 ♣ Lodge Volunteers: The Beat Goes On (Meet at Front Desk) 3:00 ♣ Tai Chi w/Carmen (Wolk GR) 3:30 ♦ iPad Course w/Helen (MPR) 7:15 ♠ Kodak Concert Band! (MPR)</p>	<p>9:30 ♦ African American History Firsts (CL) 20 11:15 ♥ Fitness w/Chris (MPR) 1:00 ♠ Open Card Time (Card Rm) 1:15 ♥ Audiologist by Appt. (QR) 2:00 ♦ Broadway Bob Sagan (MPR) 4:00 ♠ Victoria Seas. 2 Ep. 3 (MPR) 7:15 ♠ Happy Birthday Sidney Poitier Movie Night (MPR)</p>	<p>10:00 ♥ Student Health Checks (CL) 21 10:30 ♣ Meditation (QR) 11:00 ☀ Shopping: Marketplace 11:30 ♥ Student Health Topic (CL) 1:00 ♠ SJFC Nursing Student Activity 1:30 ♦ Poetry Group (FR) 4:00 ♠ Trivia Challenge: Roc vs Non-Roc (MPR) <i>Presidents Day Theme</i> 7:15 ♠ Dick Stacy & the Rhythm Aces</p>	<p>10:00 ♦ Yiddish Conv. Group (PDR) 22 *11:15 ♥ Silver Sneakers (Card Room)* 1:00 & 3:00 ♠ A Place to Call Home (MPR) 4:00 ♠ Feb. Birthday Cocktail Party & Margarita Day (CL) 7:15 ♠ Take Note Jazzy Singers Group (MPR)</p>	<p>9:30 ♠ You Be the Judge (CL) 23 11:00 ♥ Gentle Yoga (MPR) 1:00 ♣ Sunshine Club (CAR) 2:00 ♦ Library Comm. (Library) 2:00 ♣ Food Forum (MPR) 3:30 ♠ Movie Committee (CAR) 4:30 ♣ Shabbat Prayers (MPR) 7:15 ♠ 2017 Royal Edinburgh Military Tattoo (MPR)</p>	<p>11:00 ♠ Victoria Season 2 Episode 3 (MPR) 24 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)</p>
<p>1:15 ☀ GEVA Theater: Diary of Anne Frank 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR) 25</p>	<p>10:00 ♥ Water Aerobics (Pool) 26 11:15 ♥ Stretch & Balance (MPR) 12:00 ☀ Lunch: Red Lobster 2:45 ♣ Lodge Volunteers: The Beat Goes On (Meet at Front Desk) 3:00 ♣ Tai Chi w/ Carmen (MPR) 4:15 ♦ Great Course: Intro to Genealogy Part 3 (FR) 7:15 ♠ Eastman School of Music Piano Series (MPR)</p>	<p>9:30 ♠ Would You Rather? Game with Julia (CL) 27 11:15 ♥ Fitness w/Chris (MPR) 1:00 ♦ BBC Earth Africa Series: Travel Africa Day (MPR) 4:00 ♠ Wine & Cheese Social (Cocktail Lounge) 7:15 ♦ Music Lecture with Larry Shearer-Frank Sinatra (MPR)</p>	<p>10:00 ♥ Student Health Checks (CL) 28 10:30 ♣ Meditation (QR) 11:00 ☀ Shopping: Target/Walmart 11:30 ♥ Student Health Topic (CL) 1:00 ♠ SJFC Nursing Student Activity 1:30 ♦ Naz Memoir Course (PDR) 4:00 ♣ Town Hall Meeting (MPR) 7:15 ♠ Wii Jeopardy (MPR)</p>	<p>Wegmans Trips: Tuesdays at 1:30 PM Thursdays at 10:30 AM <i>Please sign up for these in the activities book.</i></p>	<p>Events Subject to Change: Please see daily information for the most up-to-date schedules and changes.</p>	<p>Julia Ryan Cultural Arts Coordinator 585-341-2311 jryan@jewishseniorlife.org</p>