

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wegmans Trips: Tuesdays at 1:30 PM Thursdays at 10:30 AM “Please sign up for trips at the Concierge Desk” GR – Great Room L- Library CK – Country Kitchen AR – Art Room	New Year's Day 10:15: <i>Stretch & Relax</i> (GR) 1 11:00: Rose Bowl Parade (GR) 2:00: Movie: Mrs. Doubtfire (GR) 6:30: <i>Heartland:</i> Season 1: Episode 6 (GR)	2 9:45: Reminisce: 1920's (L) 11:15: Exercise w/ Janet (GR) 2:00: Balloon Volleyball (GR) 3:30: Tuesday Trivia: 1920s (CK) 6:30: Movie: <i>Homeward Bound: The Incredible Journey</i> (GR)	3 9:45: Hit Songs from 20's (L) 11:15: Exercise w/ Chris (GR) 1:45: <i>Lotus Blossom Yoga</i> (GR) 3:30: Categories (GR) 6:30: Movie: <i>Chicago</i> (GR)	4 10:00: Clay Class (AR) 11:15: Exercise w/Anna (GR) 2:00: Would You Rather? 3:30: Events & Pricing in 1920s (GR) 6:30: BINGO w/ Judy (GR)	5 9:45: Coffee Clutch (CK) 11:15: Exercise w/Chris (GR) 2:00: Music Lecture w/ Larry (GR) 3:30: Feel Good Friday (GR) 5:00: Shabbat Dinner	6 10:15: Healing Exercise: <i>Tai Chi</i> (GR) 11:00: The Crown Season 2, Episode 5 (GR) 1:00: Football: AFC Playoffs (FR) 6:30: Movie: <i>The Great Gatsby</i> (GR)
7 11:15: <i>Stretch & Relax</i> (GR) 1:00: Football: AFC Playoffs (FR) 2:00: Crosswords w/ Larry (GR) 6:30: <i>Heartland:</i> Season 1: Episode 7 (GR)	8 9:45: Painting 101 (AR) 10:15: Reminisce: 1930's (L) 11:00: Chorus (GR) 2:00: Jeopardy (GR) 3:00: Tai Chi w/ Carmen (GR) 6:30: BINGO w/ Barb (GR)	9 9:45: Name 25! (GR) 11:15: Exercise w/ Janet (GR) 2:00: Corn Hole Toss (GR) 3:30: Tuesday Trivia: 1930s (CK) 6:30: Magic w/ Mike (GR)	10 9:45: Hit Songs from 30's (L) 11:15: Exercise w/ Chris (GR) 2:00: Dining Committee (GR) 3:30: Yahtzee (GR) 6:30: Movie: <i>Larry Crowne</i> (GR)	11 10:00: Clay Class (AR) 11:15: Exercise w/Anna (GR) 2:00: Winter Craft (AR) 3:30: Events & Pricing in 1930s(GR) 6:30: BINGO w/ Judy (GR)	12 9:45: Brain Boost Yoga (L) 11:15: Exercise w/Chris (GR) 2:30: Scenic Ride: <i>Cityscapes in NOTA</i> (GR) 3:30: Cookies Through the Decades-1930s: <i>Old Fashioned Sugar Cookies</i> (CK) 5:00: Shabbat Dinner	13 10:15: Healing Exercise: <i>Tai Chi</i> (GR) 11:00: The Crown Season 2, Episode 6 (GR) 1:00: Football: AFC Playoffs (FR) 2:00: Jack's Jammers (GR) 6:30: Movie: <i>Leap Year</i> (GR)
14 11:15: <i>Stretch & Relax</i> (GR) 1:00: Football: AFC Playoffs (FR) 6:30: <i>Heartland:</i> Season 1: Episode 8 (GR)	15 9:45: Painting 101 (AR) 10:15: Reminisce: 1940's (L) 11:00: Chorus (GR) 2:00: Current Events w/ Neil (GR) 3:00: Tai Chi w/ Carmen (MPR) 6:30: BINGO w/ Barb (GR) Martin Luther King Day	16 9:45: Coffee Clutch (L) 11:15: Exercise w/ Janet (GR) 2:30: Scenic Ride: <i>Water Winter Wonders Ride</i> (GR) 3:30: Tuesday Trivia: 1940s (CK) 6:30: Movie: <i>Fantasia</i> (GR)	17 9:45: Hit Songs from 40's (L) 11:15: Exercise w/ Chris (GR) 2:00: Music w/ Sam Nitsche (GR) 3:30: Hot Cocoa (GR) 6:30: Movie: <i>A League of Their Own</i> (GR)	18 9:45: Winter Games (L) 11:15: Exercise w/Anna (GR) 1:30: Travelogue w/ Beth (GR) 3:30: Events & Pricing in 1940s(GR) 6:30: BINGO w/ Judy (GR)	19 9:45: Coffee Clutch (CK) 11:15: Exercise w/Chris (GR) 2:00: Music Lecture w/ Larry (GR) 3:30: Cookies Through the Decades-1940s: <i>Cranberry-Honey Walnut Drops</i> (CK) 5:00: Shabbat Dinner	20 10:15: Healing Exercise: <i>Tai Chi</i> (GR) 11:00: The Crown Season 2, Episode 7 (GR) 2:00: Book Review w/ Nina (GR) 6:30: Movie: <i>E.T.</i> (GR)
21 11:15: <i>Stretch & Relax</i> (GR) 1:00: Football: AFC Playoffs (FR) 2:00: Crosswords w/ Larry (GR) 6:30: <i>Heartland:</i> Season 1: Episode 9 (GR)	22 9:45: Painting 101 (AR) 10:15: Reminisce: 1950's (L) 11:00: Chorus (GR) 2:00: YAHTZEE (GR) 3:00: Tai Chi w/ Carmen (GR) 6:30: BINGO w/ Barb (GR)	23 9:45: How Many Words? (L) 11:15: Exercise w/ Janet (GR) 11:15: Lunch Trip: <i>Distillery</i> 2:00: Corn Hole Toss (GR) 3:30: Tuesday Trivia: 1950s (CK) 6:30: Music w/ Mike Sidoti (GR)	24 9:45: Hit Songs from 50's (L) 11:15: Exercise w/ Chris (GR) 2:00: Francis the Dog(GR) 3:30: Resident Council (GR) 6:30: Movie: <i>Pleasantville</i> (GR)	25 10:00: Clay Class (AR) 11:15: Exercise w/Anna (GR) 2:00: January Birthday Party (GR) 3:30: Events & Pricing in 1950s(GR) 6:30: BINGO w/ Judy (GR)	26 9:45: Brain Boost Yoga (L) 11:15: Exercise w/Chris (GR) 2:00: Balloon Volleyball (GR) 3:30: Cookies Through the Decades-1950s: <i>Split-Second Jam Cookies</i> (CK) 5:00: Shabbat Dinner Australia Day	27 10:15: Healing Exercise: <i>Tai Chi</i> (GR) 11:00: The Crown Season 2, Episode 8 (GR) 2:00: Jack's Jammers (GR) 6:30: Movie: <i>Australia</i> (GR)
28 11:15: <i>Stretch & Relax</i> (GR) 2:00: Movie: <i>What Happened Miss Simone?</i> (GR) 6:30: <i>Heartland:</i> Season 1: Episode 10 (GR)	29 9:45: Painting 101 (AR) 10:15: Reminisce: 1960's (L) 11:00: Chorus (GR) 2:00: Current Events w/ Neil (GR) 3:00: Tai Chi w/ Carmen (MPR) 6:30: BINGO w/ Barb (GR)	30 9:45: You Be the Jury (L) 11:15: Exercise w/ Janet (GR) 2:00: Music Program w/ Doris (GR) 3:30: Tuesday Trivia: 1960s (CK) 6:30: Movie: <i>Barbara- The Music...The Mem'ries...The Magic</i> (GR)	31 9:45: Hit Songs from 60's (L) 11:15: Exercise w/ Chris (GR) 11:15: Lunch Trip: <i>Olive Garden</i> 1:45: <i>Lotus Blossom Yoga</i> (GR) 3:30: Events & Pricing in 1950's(GR) 6:30: Movie: <i>Barefoot in the Park</i> (GR) Tu B'Shevat	“Reminiscing Our Times” January 2018 Wolk Manor		