MARCH 2018 The Summit at

Brighton



♥Health ♣ Inspiration ♠ Fun ◆ Education ※ Outings

Please see daily information for the most up-to-date schedules and changes.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Into Actic	Wegmans Trips: Tuesdays at 1:30 PM Thursdays at 10:30 AM Please sign up for these the activities book.	in Cultural Arts Coordinator 585-341-2311 jryan@jewishseniorlife.org	9:30 ♠ "March IQ" Trivia, Coffee & Breakfast Hamentashen (CL) 10:00 ♦ Yiddish Conv. Group (PDR)	11:00 ♥ Gentle Yoga (MPR) 1:00 ♠ Lowdown on the Oscar Nominees (MPR) 2:00 ♠ Library Comm. (Lib.) 2:00 ♣ Inspirational Documentary Matinee (MPR) 4:30 ♣ Shabbat Prayers (MPR) 7:15 ♠ Katrina Marlett Ruggerio, Popular Music on Violin (MPR)	11:00 ♠ Victoria Season 2 Episode 6 (MPR) 2:00 ♠ Movie (MPR) 4:00 ♠ Victoria Season 2 Episode 6 (FR) 7:15 ♠ Movie (MPR)
	11:15 V Stretch & Balance (MPR) 1:00 Music Monday: Beethoven's Symphony No. 4 (MPR) Premiered March 5, 1807 2:00 Moreover Broadway Bob Sagan (MPR) 3:00 Tai Chi w/Carmen (Wolk GR) 4:15 Moreover Course: Intro to Genealogy Part 4 (FR) 7:15 Neil Diamond Concert DVD (MPR)	11:15 ♥ Fitness w/ Chris (MPR) 1:00 ♠ Open Card Time (Card Rm) 1:15 ♥ Audiologist by Appt. (QR) 2:00 ♠ Classic Movie Matinee (MPR) 4:00 ♠ Former Teachers Fellowship Group (MPR) 7:15 ♠ Speaker Chris Bensch from the Strong Museum of Play (MPR)	10:30 ♣ Meditation (QR) 11:00 ★ Shopping: Marketplace 1:00 ♦ What Does Your Name Mean? (CL) 2:45 ♣ Lodge Volunteers: The Beat Goes On (Meet at Front Desk) 4:00 ♠ Jewelry Repair & Cleaning with Julia (CAR) 7:15 ♠ Doc: Mission Control-Unsung Heroes of Apollo (MPR)	10:00 ♦ Yiddish Conv. Group (PDR) 11:15 ♥ Silver Sneakers (MPR) 1:00 & 3:00 ♠ A Place to Call Home Season 4 Episode 3 (FR) 4:00 ♠ March Birthdays Cocktail Party (MPR) 6:45 ★ Trip: RPO Symphonic Concert 7:15 ♠ Lukus Wells, Singer-Songwriter (MPR)	9:00 ♣ Breakfast & Chat Club (PDR) 9 11:00 ♥ Yoga DVD (MPR) 1:00 ♣ Sunshine Club (CAR) 2:00 ♦ Library Comm. (Library) 3:30 ♠ Movie Committee (CAR) 4:30 ♣ Shabbat Prayers (MPR) 7:15 ♠ WXXI-PBS Great Performances: La Dolce Vita Music of Italian Cinema-MPR	10 11:00 ♠ Victoria Season 2 Episode 7 (MPR) 2:00 ♠ Movie (MPR) 4:00 ♠ Victoria Season 2 Episode 7 (FR) 7:15 ♠ Movie (MPR)
2:00 Movie (MPR) 7:15 Movie (MPR)	10:00 Water Aerobics Meet and Greet with Teacher Jodi (MPR) 11:15 Stretch & Balance (MPR) 1:00 D. Martin Celebrity Roasts (MPR) 1:30 Jenn's Floor Mtg: Bldg 2, Floor 3 3:00 Tai Chi w/Carmen (MPR) 4:15 Great Course: Intro to Genealogy Part 5 (FR) 7:15 Eastman Piano Series (MPR)	Coffee (CL) 11:15 ▼ Fitness w/Chris (MPR) 1:00 ♠ Open Card Time (Card Rm) 2:00 ♠ Current Events with Neil (MPR) 4:00 ♠ Wine & Cheese Social (MPR) 7:15 ♠ My Next Guest Needs No Introduction with David Letterman Ep. 1	10:30 ♣ Meditation (QR) 11:00 ★ Shopping: Pittsford Plaza 1:00 ◆ Let Me Google It For You (CL) 1:30 ◆ Naz Memoir Course (PDR) 2:00 ♠ Nursing Student Cruise Ship Event! (MPR) *Please RSVP* 3:45 ♠ Art for Young at Heart: Painting Social Hour (CAR) 7:15 ♠ Crosswords with Larry (MPR)	10:00 ♦ Yiddish Conv. Group (PDR) 11:15 ♥ Silver Sneakers (MPR) 1:00 or 3:00 ♠ Jewelry with Deb (CAR) 1:30 ♣ Resident Council (PDR) 4:00 ♦ Travelogue w/Beth (MPR) 7:00 ♠ Bingo with Deb (MPR)	*Wear Green Today! Res. & Staff* 11:00 ▼ Yoga DVD (MPR) 1:00 & 3:00 ♠ Place to Call Home (MPR) 2:00 ♠ Library Comm. (Library) 3:30 ♠ Book Club (CAR) 4:30 ♣ Shabbat Prayers (MPR) 7:15 ♠ WXXI Rochester Remembered: Luck of the Irish-MPR 7:15 ★ Trip: RPO Pops Concert	17 11:00 ♣ Victoria Season 2 Episode 8 (MPR) 2:00 ◆ Nina's Book Review (Wolk Great Rm.) 2:00 ♠ Movie (MPR) 4:00 ♠ Victoria Season 2 Episode 8 (FR) 7:15 ♠ Movie (MPR)
12:00 ♠ Boland School of Irish Dance Performance (MPR) 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)	10:00 ♥ Water Aerobics (Pool) 11:15 ♥ Stretch & Balance (MPR) 1:00 ♣ Doc: <i>Girl Rising</i> (MPR) 3:00 ♣ Tai Chi w/Carmen (Wolk GR)	11:15 ▼ Fitness w/Chris (MPR) 1:00 ♠ Open Card Time (Card Rm) 1:15 ▼ Audiologist by Appt. (QR) 2:00 ♠ Broadway Bob Sagan (MPR) 4:00 ♠ Trivia Challenge: Roc vs Non-Roc (MPR) 7:15 ♠ My Next Guest Needs No	4:00 ♠ Jewelry Repair & Cleaning with Julia (CAR)	10:00 ♦ Yiddish Conv. Group (PDR) 11:15 ♥ Silver Sneakers (MPR) 12:15 ★ U of R Library: F. Douglass Tour with Autumn Haag 1:00 & 3:00 ♠ A Place to Call Home Seas. 4 Ep. 5(Family Room) 4:00 ♠ Cocktail Party (MPR) 6:45 ★ Trip: RPO Symphonic Concert 7:15 ♦ Don Hall: SKYSCRAPER (MPR)	9:00 ♣ Breakfast & Chat Club (PDR) 3 11:00 ♥ Gentle Yoga (MPR) 1:00 ♣ Sunshine Club (CAR) 1:30 ♠ Classic Movie Matinee (MPR) 2:00 ♣ Dining Task Force (PDR) 3:30 ♠ Movie Committee (CAR) 4:30 ♣ Shabbat Prayers (MPR) 7:15 ♠ WXXI Restoring a Masterpiece: Eastman Theater-MPR	11:00 ♠ Call the Midwife Season 1 Episode 1 (MPR) 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)
2:00 Movie (MPR) 7:15 Movie (MPR)	12:00 ★ Lunch Trip: Timothy Patrick's Irish Pub 2:00 ♣ Food Forum (MPR) Featuring Nutritionist Presentation on Salt 3:00 ♣ Tai Chi w/ Carmen (MPR) 4:15 ♦ Great Course: Genealogy (FR)	11:00 ♠ Lois Kuh, Book Folding Demonstration and Workshop (CAR) 1:00 ♠ Open Card Time (Card Rm) 4:00 ♠ Wine & Cheese Social (MPR) 7:15 ♦ With These Hands Entertainment	10:30 ♣ Meditation (QR) 11:00 ★ Shopping: Target/Walmart 1:30 ♠ Naz Memoir Course (PDR) 2:45 ♣ Lodge Volunteers: The Beat Goes On (Meet at Front Desk) 4:00 ♣ Town Hall Meeting (MPR) 7:15 ♠ Wii Jeopardy with Julia (MPR)	9:30 ♠ Baseball Opening: Fun Facts (C1) 10:00 ♠ Yiddish Conv. Group (PDR) 11:15 ♥ Silver Sneakers (MPR) 1:00 & 3:00 ♠ A Place to Call Home (MPR) 1:00 or 3:00 ♠ Jewelry with Deb (CAR) 4:00 ♠ Former Teachers Fellowship Group (MPR) 7:00 ♠ Bingo with Deb (MPR)	*Passover Begins at Sundown* 11:00 ♥ Gentle Yoga (MPR) 1:00 ♣ Itzhak Perlman: In the Fiddler's House (MPR)	*PASSOVER* 31 2:00 Classic Movie Re-Run (FR*) 4:45 Passover Seder *Make Reservations Through Dining Services* 7:15 Classic Movie Re-Run (FR*)