LIBRARY PROGRAMS

Brighton Memorial Library, 2300 Elmwood Ave., Rochester, will host the following programs.

Knit clique: noon to 2 p.m. Drop in to knit, crochet or do other needlework in a casual setting. Bring your projects and meet others. Snacks are welcome. **Technology classes: 20** minute, one-on-one sessions with a tech tutor will answer technology questions. Registration required: 585-784-5300. Registration required at the Information Center 585-784-5300. **Drop-in storytime: Stories** and songs for children with a caregiver. All ages, 10 a.m. Mondays; tot time, 10:45 a.m. Mondays; wobbly toddlers and early walkers, 10 a.m. Tuesdays; lap-sit infants to pre-

walkers, 11 a.m. Tuesdays;

Pajama time for all ages, 7

school, 10 a.m. Thursdays.

Read the Book, Join the Discus-

p.m. Wednesdays; pre-

sion: 1:30 to 3 p.m. Oct.

18 and 7 to 8:30 p.m. Oct. 19. "My Brilliant Friend,"

by Elena Ferrante will be discussed.

Fall Read to Annie: 5:30 p.m. Oct. 18. Participants may bring in or pick out a fall story to read to therapy shih-tzu Annie. Registration required. For information: 585-784-5300.

Mouse Maneuvers: 3 to 4:30 p.m. Oct. 19. Participants will become comfortable navigating on a PC using a mouse. Registration required at the Information Center 585-784-5300. Elephant and Piggie visit: 10

a.m. Oct. 21. Elephant and Piggie books written by Mo Willems will be read, followed by activities and a chance for pictures with Elephant and Piggie. Fall Family Festival: 10 a.m. Oct.

22. Participants will meet Elephant and Piggie from the Mo Willems books, trickor-treat at Town Hall, make crafts and visit with Seneca Park Zoo animals. All ages and costumes are welcome. For more information, call 585-784-5300 or visit brightonlibrary.org. The Pittsford Community Library, 24 State St., will host the following programs. Savory Food Book Group: 7 to 8:30 p.m. Oct. 18, Fletcher Steele Room. "The Kitchen Counter Cooking School" by Kathleen Flinn will be discussed. Copies of the book will be available at the checkout/return desk. No registration required. Knitting for Charity: 10 to 11:30 a.m. Oct. 20, Fletcher Steele Room. This group produces knitted items to benefit local charity organizations. Basic knowledge of knitting is recommended. Participants should bring knitting needles and yarn. No registration required. **Hitchcock Movie Matinees: 1** p.m. Oct. 21. Fisher meeting room. Screenings of Alfred Hitchcock's "The Birds" and "Rebecca" will be shown. Popcorn will be provided. No registration required.

For more information. call 585-249-5481 or visit townofpittsford.org/ library.

IN BRIDE

Jewish Senior Life announces new program

Jewish Senior Life recently announced the expansion of its cardiopulmonary rehabilitation program with the myHeart Cardiopulmonary Rehabilitation Program, in response to an increasing need for specialized patient care following a hospital stay.

The myHeart Cardiopulmonary Rehabilitation Program will offer individualized care plans, anxiety and pain management, physical and occupational therapy, nurses trained in cardiopulmonary intervention and management

strategies and patient and family education.

Cardiopulmonary rehabilitation services have been available at Transitional Care Program at the Jewish Home for over 20 years, and nearly 20 percent of patients served in 2015 received cardiopulmonary services. The myHeart Cardiopulmonary Rehabilitation Program will reside within Transitional Care at The Jewish Home.

"Our cardiopulmonary program has been a trusted resource to help people rebuild their strength and confidence following a procedure and to help bridge the gap between hospitalization and home," said Mike King, president and CEO of Jewish Senior Life,

"We named the program to give it an identity and to show our commitment to maintaining and growing our leadership in this area of care."

Church to hold holiday arts and crafts sale

Community Christian Church, 2647 Chili Ave., Rochester, will host its holiday arts and crafts sale from 10 a.m. to 4 p.m. Oct.

The sale will feature handmade arts and crafts by local vendors. Baked goods and a snack bar will be available.

Admission for the sale is free. For more information, visit cccopentoall.org.



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