**The Summit at Brighton Week # 2**

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|  | **Sunday 11/13** | **Monday 11/14** |  **Tuesday 11/15** | **Wednesday 11/16** | **Thursday 11/17** | **Friday 11/18** | **Saturday 11/19** |
| **Soup of the Day****Chicken Broth is always Available** | **Chicken w/ rice****Or** **Consommé****Or****Gazpacho**  |  **Beef Veg****Or** **Consommé****Or****Gazpacho**  | **Navy Bean****Or** **Consommé****Or****Gazpacho**  | **Winter Squash** **Or****Consommé****10pt Meal** | **Split Pea****Or** **Consommé** **Or****Gazpacho**  | **Matzo Ball** **Or** **Consommé** **Or****Gazpacho**  | **Tomato Florentine** **Or** **Consommé** **Or****Gazpacho**  |
| **Always Available**  | **Trio Salad Trio Salad****Omelets****Knockwurst or Hot dog** **Hamburger** **Vegetarian Burger****Sliced Turkey or Corned beef sandwich**  | **Trio Salad Trio Salad** **Omelets****Knockwurst or Hot dog** **Hamburger** **Vegetarian Burger****Sliced Turkey or Corned beef sandwich**  | **Trio Salad** **Omelets****Knockwurst or Hot dog** **Hamburger** **Vegetarian Burger****Sliced Turkey or Corned beef sandwich**  | **Omelets****Lox and Bagel****Seafood Salad plate with fresh fruit**  | **Trio Salad** **Omelets****Knockwurst or Hot dog** **Hamburger** **Vegetarian Burger****Sliced Turkey or Corned beef sandwich**  |  **Trio Salad** **Omelets****Knockwurst or Hot dog** **Hamburger** **Vegetarian Burger****Sliced Turkey or Corned beef sandwich**  | **Trio Salad** **Sliced Turkey or Corned beef sandwich** |
| **Beef**  | **Stuffed Peppers** | **Stir – fry Pepper steak over white rice**  | **Veal Portabella**  | **Vegetable Lasagna**   |  **Lamb Ragu over Spaghetti**  | **Honey-Dijon****Beef Brisket** | **Shepherds’ Pie** |
| **Chicken**   | **Chicken Picatta topped w/ imitation crab** | **Bar-b-Q Chicken**- breast, thigh, leg grilled w/ a honey bar-b-q | **Chicken Milanese-** breaded chicken served w/ a lemon & sautéed onions & mushrooms  | **Stuffed Portabella mushroom filled with roasted vegetables**  | **Chicken Portabella-**Tender breast of chicken sautéed portabella mushrooms w/ a brown sauce  | **Lemon-Herbed****Baked Chicken** | **Chicken Ala King**  |
| **Fish and/or Pasta**  | **Herb Cod Loin-** fresh herbs w/ white wine-Dijon mustard sauce | **Baked Rainbow Trout**  | **Baked Orange Roughy**  | **Grilled Salmon topped with pearl onion cream sauce**  | **Bar-B-Q Salmon** | **Fish Fry**  | **Poached Salmon** |
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| **Vegetables****And** **Starches**  | **Green beans****Sautéed carrots****Mashed Potatoes****Baked Sweet Potato****Baked potato** | **Broccoli** **Zucchini****Mashed Potatoes****Baked Sweet Potato****Baked potato** | **Cauliflower****Spinach****Mashed Potatoes****Baked Sweet Potato****Baked potato** | **Green zucchini** **Sautéed Asparagus** **Potatoes Au gratin** **Noodle Kugel****Cheese Blintz** | **Roasted Brussels sprouts** **Broccoli****Mashed Potatoes****Baked Sweet Potato****Baked potato** | **Carrots****Spinach****Baked Sweet Potato****Latkes****Baked potato** | **Sweet Peas****Seasoned Boiled potatoes** |
| **Dessert of the Day** | **Chocolate Walnut Pie****Low Sugar 7 Layer Chocolate Cake** | **Banana Cream Pie****Low Sugar Cherry Pie**  | **Stuffed Baked Apple** **Low Sugar Bake Apple**  | **Peach Pie Ala Mode** **Low Sugar Blueberry Pie**  | **Pumpkin Cobbler** **Low Sugar White Cake with Chocolate Glaze**  | **Apple Fritter Cake** **Low Sugar Apple Pie**  | **Chocolate Mocha Log****Low Sugar Chocolate Mocha Log**  |