**The Summit at Brighton Week # 2**

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|  | **Sunday 11/13** | **Monday 11/14** | **Tuesday 11/15** | **Wednesday 11/16** | **Thursday 11/17** | **Friday 11/18** | **Saturday 11/19** |
| **Soup of the Day**  **Chicken Broth is always Available** | **Chicken w/ rice**  **Or**  **Consommé**  **Or**  **Gazpacho** | **Beef Veg**  **Or**  **Consommé**  **Or**  **Gazpacho** | **Navy Bean**  **Or**  **Consommé**  **Or**  **Gazpacho** | **Winter Squash**  **Or**  **Consommé**    **10pt Meal** | **Split Pea**  **Or**  **Consommé**  **Or**  **Gazpacho** | **Matzo Ball**  **Or**  **Consommé**  **Or**  **Gazpacho** | **Tomato Florentine**  **Or**  **Consommé**  **Or**  **Gazpacho** |
| **Always Available** | **Trio Salad Trio Salad**  **Omelets**  **Knockwurst or Hot dog**  **Hamburger**  **Vegetarian Burger**  **Sliced Turkey or Corned beef sandwich** | **Trio Salad Trio Salad**  **Omelets**  **Knockwurst or Hot dog**  **Hamburger**  **Vegetarian Burger**  **Sliced Turkey or Corned beef sandwich** | **Trio Salad**  **Omelets**  **Knockwurst or Hot dog**  **Hamburger**  **Vegetarian Burger**  **Sliced Turkey or Corned beef sandwich** | **Omelets**    **Lox and Bagel**  **Seafood Salad plate with fresh fruit** | **Trio Salad**  **Omelets**  **Knockwurst or Hot dog**  **Hamburger**  **Vegetarian Burger**  **Sliced Turkey or Corned beef sandwich** | **Trio Salad**  **Omelets**  **Knockwurst or Hot dog**  **Hamburger**  **Vegetarian Burger**  **Sliced Turkey or Corned beef sandwich** | **Trio Salad**    **Sliced Turkey or Corned beef sandwich** |
| **Beef** | **Stuffed Peppers** | **Stir – fry Pepper steak over white rice** | **Veal Portabella** | **Vegetable Lasagna** | **Lamb Ragu over Spaghetti** | **Honey-Dijon**  **Beef Brisket** | **Shepherds’ Pie** |
| **Chicken** | **Chicken Picatta topped w/ imitation crab** | **Bar-b-Q Chicken**-  breast, thigh, leg grilled w/ a honey bar-b-q | **Chicken Milanese-** breaded chicken served w/ a lemon & sautéed onions & mushrooms | **Stuffed Portabella mushroom filled with roasted vegetables** | **Chicken Portabella-**  Tender breast of chicken sautéed portabella mushrooms w/ a brown sauce | **Lemon-Herbed**  **Baked Chicken** | **Chicken Ala King** |
| **Fish and/or Pasta** | **Herb Cod Loin-** fresh herbs w/ white wine-Dijon mustard sauce | **Baked Rainbow Trout** | **Baked Orange Roughy** | **Grilled Salmon topped with pearl onion cream sauce** | **Bar-B-Q Salmon** | **Fish Fry** | **Poached Salmon** |
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| **Vegetables**  **And**  **Starches** | **Green beans**  **Sautéed carrots**  **Mashed Potatoes**  **Baked Sweet Potato**  **Baked potato** | **Broccoli**  **Zucchini**  **Mashed Potatoes**  **Baked Sweet Potato**  **Baked potato** | **Cauliflower**  **Spinach**  **Mashed Potatoes**  **Baked Sweet Potato**  **Baked potato** | **Green zucchini**  **Sautéed Asparagus**  **Potatoes Au gratin**  **Noodle Kugel**  **Cheese Blintz** | **Roasted Brussels sprouts**  **Broccoli**  **Mashed Potatoes**  **Baked Sweet Potato**  **Baked potato** | **Carrots**  **Spinach**  **Baked Sweet Potato**  **Latkes**  **Baked potato** | **Sweet Peas**  **Seasoned Boiled potatoes** |
| **Dessert of the Day** | **Chocolate Walnut Pie**  **Low Sugar 7 Layer Chocolate Cake** | **Banana Cream Pie**  **Low Sugar Cherry Pie** | **Stuffed Baked Apple**  **Low Sugar Bake Apple** | **Peach Pie Ala Mode**  **Low Sugar Blueberry Pie** | **Pumpkin Cobbler**  **Low Sugar White Cake with Chocolate Glaze** | **Apple Fritter Cake**  **Low Sugar Apple Pie** | **Chocolate Mocha Log**  **Low Sugar Chocolate Mocha Log** |