

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# April 2017



## Wolk Manor Activity Calendar

							1 11:15 Exercise Video 2:00 Afternoon Sabbath with Rabbi Katz 6:30 Movie  <small>All Fools' Day</small>
2 11:15 Exercise Video 2:00 Crosswords with Larry 3:15 Movie 6:30 Eastman School of Music, String Quartet Recital	3 10:00 Chat Club 11:00 Choir Practice 2:00 Current Events w/Neil 3:30 Shake it up in the CK 6:30 Bingo 7:15 Eastman Music SUMMIT	4 10:15 A Bundle of Joy-Famous Couple and Kids 11:15 Exercise with Janet 2:00 Songs & Talks w/Rabbi 3:15 Balloon Volley Ball 4:15 Baby Shower for Nicole 6:30 Music with Howie	5 10:15 Do Drop Inn, Art Room 11:15 Exercise with Chris 1:30 How Many Words 3:15 Coffee Social 6:30 Classic Movie	6 10:00 Clay Class 10:30 Thought for the Day 11:15 Exercise w/Anna <b>11:15 Lunch at Brook House</b> 1:30 Art Class 101 3:15 Brain Games 6:30 Bingo w/Marlene/Kristen	7 11:15 Exercise with Chris 2:00 Music Lecture w/Larry 3:15 Coffee Social in the CK with Kristin Trivia Too 5:00 Jewish Songs 5:15 Shabbat Dinner	8 11:15 Exercise Video 2:00 The Afternoon with Jack's Jammers 6:30 Movie	
<b>LIVE CLASS TODAY</b> 9 11:15 Exercise with Janet 2:00 Table Top Bowling w/Kristen 4:00 Sigma Alpha Spring Concert SUMMIT 6:30 Crosswords with Larry <small>Palm Sunday</small>	10 10:00 Chat Club 11:00 Choir Practice 1:45 Ladder/Bean Toss 3:00 Stretching w/Carmen, LR 3:15 Holiday Reflections 4:45 Passover Seder at SUM 6:30 Movie Upon Request <small>First Day of Passover</small>	11 11:15 Exercise Video 2:00 Garden Preparation with Cara 3:15 Name that Plant, Trivia 4:45 Passover Seder at SUM 6:30 Movie Upon Request	12 10:15 Do Drop Inn, Art Room 11:15 Exercise with Chris 1:30 5 Letter Words 3:15 Coffee Social 6:30 DVD, In the Fiddler's House-Klezmer music	13 10:00 Clay Class 10:30 Thought for the Day 11:15 Exercise w/Anna 1:30 Art Class 101 2:45 Table Bowling w/Hanna 3:15 Nutritional Facts/Treats 3:30 Word Challenge w/Kara 6:30 Bingo w/Marlene	14 11:15 Exercise with Chris 2:00 Music Lecture w/Larry 3:15 Coffee Social in the CK 5:00 Jewish Songs 5:15 Shabbat Dinner <small>Good Friday</small>	15 11:15 Exercise Video 2:00 Book Review with Nina 6:30 Movie	
16 11:15 Exercise Video 1:30 Easter Service in the GR with Levi 2:00 Movie Easter Parade 6:30 Movie, A Taste of Passover <small>Easter Sunday</small>	17 11:00 Choir Practice 2:00 Current Events with Neil 3:30 Drinks, Snacks & Talks in the CK 6:30 Bingo with Marlene	18 10:15 Staying Fit, Motivation 11:15 Exercise with Janet 2:00 Passover Special with Rabbi Katz 3:15 Brain Exercise w/Cara 6:30 Classic Movie	19 10:15 Do Drop Inn, Art Room 11:15 Exercise with Chris 1:30 Word Fun 3:15 Coffee Social 6:30 Music w/Standard Time	20 10:30 Thought for the Day 11:15 Exercise w/Anna 1:30 Ride: All Around Town 1:45 Fun with Kara 3:30 Beverages, Healthy Tips 6:30 Bingo with Marlene	21 10:00 The Food Pyramid Nutritional facts w/Courtney 11:15 Exercise with Chris 2:00 Clay Class 3:15 Afternoon Social, Farewell 5:00 Jewish Songs 5:15 Shabbat Dinner	22 11:15 Exercise Video 2:00 The Afternoon with Jack's Jammers 6:30 Music with Eastman School, Sextet, Wind and Piano Recital <small>Earth Day</small>	
23 11:15 Exercise Video 2:00 Ice Cream Social w/Staff 2:30 Judy Garland DVD 6:30 Movie	24 10:00 Chat Club 11:00 Choir Practice 12:15 Pizza Social in the GR 1:45 LCR Dice 2:00 DR Meeting 245 Short Stories w/Liz 3:00 Stretching w/Carmen, LR 6:30 Bingo	25 11:15 Exercise with Janet 2:00 Noodle Ball w/Cara 3:00 Music Lecture w/Doris 6:30 Family Event: The Green House Educational Facts, Sue Price and Marilyn 7:15 Eastman Concert SUMMIT	26 11:15 Exercise with Chris 2:00 Eastman School of Music, Piano Recital 3:30 When Life Gives you Lemons, with Levi 6:30 Music w/Bobby N.	27 10:15 Thought for the Day 11:15 Exercise w/Anna 2:00 Afternoon Chats with our very own Resident Bill 3:30 Snacks, Activity Meeting 6:30 Bingo	28 11:15 Exercise with Chris 11:15 Lunch at Moes 2:00 Brain Exercises 3:15 Coffee Social in the CK 5:00 Jewish Songs 5:15 Shabbat Dinner <small>Arbor Day</small>	29 11:15 Exercise Video 2:00 Afternoon at the Metropolitan Opera, Don Carlo 6:30 Movie	
30 11:15 Exercise Video 2:00 Afternoon Matinee and Popcorn 6:30 Movie	<div style="border: 1px solid black; padding: 10px; display: inline-block;"> <h3>Spring in Your Step, Getting Fit in April</h3> </div>						