

SEVEN TIPS

FOR FINDING THE SENIOR COMMUNITY THAT'S RIGHT FOR YOU

Transitioning to a new home is a big step. But it's one of the most important decisions you and your family will make. Looking at available options can be overwhelming, and a lot can be overlooked in the search. That's why we created this list to help make sure you know what to look for to find the place you can happily call home.

1 TAKE A GOOD LOOK INSIDE AND OUT.
What do the grounds look like? Are they well maintained? Are there spaces you would enjoy on a sunny day? Look to see if the lobby is well maintained. Be sure to check for telling details: Are corners dusted and windows cleaned? Is the space welcoming?

2 MEET KEY STAFF MEMBERS.
Ask to meet social workers and recreation, therapy, and dining staff. Watch how they interact with residents and each other. Are they friendly and attentive? A caring and knowledgeable team eager to interact with residents is critical.

3 HAVE LUNCH.
Make sure to eat a meal at the community to sample the cuisine. Ask about entrée choices, dining hours, options, and procedures. Make sure you like the food they prepare and that the dining schedule is convenient for you. Better yet, ask if you can create your own schedule.

4 ARE ALL LEVELS OF CARE AVAILABLE ON ONE CAMPUS?
You want to live safely and comfortably in your new home for the long term, even if your needs evolve. Ask if they can accommodate needs across the spectrum: from independent living to memory care, assisted living and long-term care.

5 CAN YOU GET THERE FROM HERE?
Make sure there is easy access to reliable and free transportation that gets you where you need to be—from medical appointments to your favorite shopping sites, entertainment venues, activities and more.

6 TALK TO RESIDENTS.
Ask residents how they like living there. Try to get a sense of whether or not they are people you can feel comfortable with. Do they socialize with each other? Are they happy?

7 WHAT DO PEOPLE DO FOR FUN?
Ask to see a schedule of activities. Make sure there are things you like to do. Also, ask if there is public and resident Wi-Fi, and if iPads, computers and other technologies are available for residents to use.

GO WITH YOUR GUT.

In most cases, you'll be able to feel if a community is or isn't a good fit. So trust your instincts. They're rarely wrong.

If you or a family member are considering a move to senior living, call **585-427-7760** to find out if Jewish Senior *Life* is right for you.



Find Your Place Here

Rehabilitation Therapy • In-Home Services
Independent & Assisted Living • Memory & Long-Term Care