

March 2019 Summit at Brighton



♥ Health ♣ Inspiration ♠ Fun ♦ Education ☀ Outings

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>All events are subject to change.</p> <p>Check "Today's Activities" sheets and the JSL App daily for changes.</p>	<p>Rooms Key: CAR- Creative Arts Room CL- Coffee Lounge FR- Family Room CR- Card Room</p>	<p>LIB- Library MPR- Multi-Purpose Room PDR- Private Dining Room WGR- Wolk Great Room</p>		<p>9:00 ♦ Breakfast Club (PDR) 10:30 ♥ Indoor Walking Club (Fitness) 11:15 ♥ Yoga w. Marget (MPR) 1:00 ♠ Experience NY: Ep.7 (MPR) 2:45 ♦ Library Committee (LIB) 4:30 ♣ Shabbat Prayers (MPR) 7:15 ♠ Movie (MPR)</p>	<p>2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)</p>
<p>1:15 ☀ GEVA: The Humans 3 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)</p>	<p>10:00 ♦ Beginner's Bridge (CR) 4 10:00 ♥ Water Walking (Pool) 10:30 ♥ Chair Volleyball (MPR) 11:15 ♥ Totally Fit Balance & Stability w. Jodi (MPR) 1:30 ♦ "Speaking on Positive Aspects of Israel" (MPR) 3:00 ♥ Tai Chi w. Carmen (WGR) 7:15 ♠ Perf. w. ESM (MPR)</p>	<p>MARDI GRAS 5 9:30 ♣ Ambassador's Club (CAR) 11:15 ♥ Totally Fit Cardio & Strength w. Jodi (MPR) 1:15 ♥ Audiologist Appts (PDR) 2:00 ♦ Broadway Bob (FR) 4:00 ♠ Wine & Cheese (MPR) 7:15 ♠ Musical Series w. John Williams (MPR)</p>	<p>10:30 ♣ Meditation w. Marget (FR) 6 11:00 ☀ Shopping: Target/Walmart 1:00 ♣ Memoir w. Marget (PDR) 2:00 ♠ Victoria S.3 Finale (FR) 4:00 ♣ Nosh and Learn w. Rabbi Steven (FR) 7:15 ♠ Perf. w. George DeMott (MPR)</p>	<p>10:00 ♦ Yiddish Class (PDR) 7 11:15 ♥ Silver Sneakers (MPR) 11:15 ☀ Lunch- Cracker Barrel 1:00 ♠ Vanity Fair S1, E3 (FR) 3:00 ♠ Madam Secretary S1, E3(FR) 6:45 ☀ RPO: Shostakovich 10 7:15 ♠ Musical Performance by Tom & Peg (MPR)</p>	<p>10:00 ♦ Intermediate Bridge (CR) 8 10:30 ♥ Indoor Walking Club (Fitness) 11:15 ♥ Yoga w. Marget (MPR) 1:00 ♠ Experience NY: Ep.8 (MPR) 2:45 ♦ Purim Nosh & Learn (FR) 2:45 ♦ Library Committee (LIB) 3:45 ♠ Movie Committee (FR) 4:30 ♣ Shabbat Prayers (MPR) 7:15 ♠ Movie (MPR)</p>	<p>2:00 ♠ Movie (MPR) 4:00 ♠ Performance by the Boland Irish Dancers (MPR) 7:15 ♠ Movie (MPR)</p>
<p>DAYLIGHT SAVINGS TIME 10 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)</p>	<p>10:00 ♦ Beginner's Bridge (CR) 11 10:00 ♥ Water Walking (Pool) 10:30 ♥ Chair Volleyball (MPR) 11:15 ♥ Totally Fit Balance & Stability w. Jodi (MPR) 3:00 ♥ Tai Chi w. Carmen (MPR) 7:15 ♠ Performance w. Bobby Keys (MPR)</p>	<p>9:45 ♠ Tuesday Trivia (CL) 12 11:15 ♥ Totally Fit Cardio & Strength w. Jodi (MPR) 2:00 ♦ Current Events w. Neil (MPR) 3:00 ♠ Jewelry w. Deb (CAR) 4:15 ♦ Life-Long Learning Committee (MPR) 7:00 ♠ BINGO w. Deb (MPR)</p>	<p>10:00 ♦ RN Student Program (CL) 13 10:30 ♣ Meditation w. Marget (FR) 1:00 ☀ Trip to Planetarium w. St. John Fisher RN Students 1:30 ♣ Poetry Group (FR) 3:45 ♠ Young at Heart Paint (CAR) 7:15 ♠ Crossword w. Larry (MPR)</p>	<p>10:00 ♦ Yiddish Class (PDR) 14 11:15 ♥ Silver Sneakers (MPR) 1:00 ♠ Vanity Fair S1, E4 (FR) 3:00 ♠ Madam Secretary S1, E4(FR) 4:00 ♠ Cocktail Party (MPR) 7:15 ♠ Peter Schwarz presents his Alaska Aero Adventure (MPR)</p>	<p>9:00 ♦ Breakfast Club (PDR) 15 10:00 ♦ Intermediate Bridge (CR) 10:30 ♥ Indoor Walking Club (Fitness) 11:15 ♥ Yoga w. Marget (MPR) 1:00 ♠ American Lives Ep.1 (MPR) 2:45 ♦ Library Committee (LIB) 3:30 ♣ Book Club (CAR) 4:30 ♣ Shabbat Prayers (MPR) 7:15 ☀ RPO: Eternal Tango 7:15 ♠ Movie (MPR)</p>	<p>10:30 ♣ Shabbat Service w. Rabbi Steven (WGR) 16 11:15 ☀ Lunch at Sticky Lips BBQ 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)</p>
<p>IRISH DAY 17 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)</p>	<p>10:00 ♦ Beginner's Bridge (CR) 18 10:00 ♥ Water Walking (Pool) 10:30 ♥ Chair Volleyball (MPR) 11:15 ♥ Totally Fit Balance & Stability w. Jodi (MPR) 3:00 ♥ Tai Chi w. Carmen (WGR) 3:30 ♦ Classical Music w. Bob (MPR) 7:15 ♠ Performance w. Eastman School of Music (MPR)</p>	<p>9:30 ♣ Mass at the Jewish Home 19 11:15 ♥ Totally Fit Cardio & Strength w. Jodi (MPR) 1:15 ♥ Audiologist Appts (PDR) 2:00 ♦ Broadway Bob (FR) 3:00 ♠ Jewelry w. Deb (CAR) 4:00 ♠ Wine & Cheese w. Katy Ruggiero on violin (MPR) 7:00 ♠ BINGO w. Deb (MPR)</p>	<p>PURIM AT SUNDOWN 20 10:00 ♦ RN Student Program (CL) 10:30 ♣ Meditation w. Marget (FR) 11:00 ☀ Shopping: Eastview Mall 1:00 ♣ Memoir w. Marget (PDR) 2:00 ♦ RN Student Final Project (MPR) 7:00 ♠ Megillah Reading & Party w. Rabbi Steven (MPR)</p>	<p>PURIM 21 10:00 ♣ Megillah w. Rabbi Vogel (WGR) 11:15 ♥ Silver Sneakers (MPR) 11:15 ☀ Lunch- Philips European 1:30 ♣ Resident Council (PDR) 4:00 ♠ Travelogue w. Beth (MPR) 6:45 ☀ RPO: Zarathustra! 7:15 ♠ Performance w. Take Note Jazzy Singers (MPR)</p>	<p>10:00 ♦ Intermediate Bridge (CR) 22 10:30 ♥ Indoor Walking Club (Fitness) 11:15 ♥ Yoga w. Marget (MPR) 2:45 ♦ Library Committee (LIB) 3:45 ♠ Movie Committee (FR) 4:30 ♣ Shabbat Prayers (MPR) 7:15 ♠ Movie (MPR)</p>	<p>2:00 ♠ Movie (MPR) 6:15 ☀ JCC: Survivors 7:15 ♠ Movie (MPR)</p>
<p>1:15 ☀ JCC: Survivors 24 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (FR)</p>	<p>10:00 ♦ Beginner's Bridge (CR) 25 10:00 ♥ Water Walking (Pool) 10:30 ♥ Chair Volleyball (MPR) 11:15 ♥ Totally Fit Balance & Stability w. Jodi (MPR) 2:00 ♣ Dining Task Force (PDR) 3:00 ♥ Tai Chi w. Carmen (MPR) 7:15 ♠ Sing & Sign w. Jilissa (MPR)</p>	<p>11:15 ♥ Totally Fit Cardio & Strength w. Jodi (MPR) 26 2:00 ♣ Food Forum (MPR) 4:00 ♠ Tuesday Trivia: Building 1 vs. Building 2 (MPR) 7:15 ♠ Presentation by Michael Dobkowski on Amos Oz (MPR)</p>	<p>10:30 ♣ Meditation w. Marget (FR) 27 11:00 ☀ Shopping: Marketplace 3:00 ♣ Town Hall Meeting (MPR) 7:15 ♠ Performance w. Lukus Wells (MPR)</p>	<p>10:00 ♦ Yiddish Class (PDR) 28 11:15 ♥ Silver Sneakers (MPR) 1:00 ♠ Vanity Fair S1, E5 (FR) 3:00 ♠ Madam Secretary S1, E5(FR) 4:00 ♠ Birthday Cocktail Party (MPR) 7:15 ♠ Melissa Mead on Women's History Month (MPR)</p>	<p>10:00 ♦ Intermediate Bridge (CR) 29 10:15 ♣ Purim w. Keshet PreK (MPR) 10:30 ♥ Indoor Walking Club (Fitness) 11:15 ♥ Yoga w. Marget (MPR) 1:00 ♠ American Lives Ep.2 (MPR) 2:45 ♦ Library Committee (LIB) 3:45 ♠ Movie Committee (FR) 4:30 ♣ Shabbat Prayers (MPR) 7:15 ♠ Movie (MPR)</p>	<p>2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)</p>
<p>1:15 ☀ JCC: Indecent 31 1:30 ☀ Cantorial Concert at Temple Beth EI (FREE) 2:00 ♠ Movie (MPR) 7:15 ♠ Movie (MPR)</p>		<p>Wegmans Trip: Tuesdays at 1:00 PM Thursdays at 10:30 AM Tops Trips: Wednesdays at 12:30 PM</p>				

