



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>10:00 ♦ Documentary - GR 11:15 ♥ Exercise with Janet - GR 2:00 ♠ Movie: Oldie - GR 6:30 ♦ Crossword Puzzle with Larry Shearer - GR</p>	<p>2</p> <p>Labor Day</p> <p>10:00 ♥ Healing Exercise - GR 11:00 ♠ Call the Midwives S3/E4 - GR 2:00 ♠ Movie: Resident Pick - GR 6:30 ♠ Movie: Comedy - GR</p>	<p>3</p> <p>10:00 ♠ Clay Class - AR 10:00 ♦ Uncle Sam's Birthday - GR 11:15 ♥ Stretch & Relax - GR 1:30 ☀ Depart for Scenic Ride High Falls 2:00 ♣ Movie: Male Lead 6:30 ♠ Bingo with Nancy - GR</p>	<p>4</p> <p>10:00 ♦ Find the Word - GR 11:15 ♥ Totally Fit Balance & Stability with Jodi - GR 2:00 ♠ Broadway Tunes With Donna - GR 3:30 ♠ The Price is Right Day - GR 6:30 ♠ Movie: Committee Pick Committee Flick - GR</p>	<p>5</p> <p>10:00 ♣ Communion & Homily With Deacon Jeff - PDR 11:15 ♥ Exercise with Anna - GR 2:00 ♠ Autumn Craft - AR 2:00 ♠ Play Pool - Bldg.6 Flr. 1 3:30 ♠ Throwback Thursday - GR 6:30 ♠ Movie: Classic - GR</p>	<p>6</p> <p>9:45 ♥ Brain Boost Yoga With Marget - GR 11:15 ♥ Totally Fit Strength Training with Jodi - GR 2:00 ♦ Larry Shearer Music Lecture: Hoagy Carmichael - GR 3:30 ♠ Garden & Gab - CK 5:00 ♣ Shabbat Dinner - GR</p>	<p>7</p> <p>10:00 ♥ Healing Exercise - GR 11:00 ♠ Call the Midwife S3/E5-GR 2:00 ♠ Music: Dr. Nick & Gloria- GR 6:30 ♠ Movie: Drama - GR</p>
<p>8</p> <p>10:00 ♦ Documentary - GR 11:15 ♥ Exercise with Janet - GR 2:00 ♠ Movie: Musical - GR 6:30 ♠ Movie: Criterion - GR</p>	<p>9</p> <p>9:45 ♣ Painting Class 101 - AR 11:00 ♠ Chorus with Joe - GR 2:00 Current Events with Neil - GR 3:00 ♥ Tai Chi w/ Carmen - HGR 6:30 ♠ Movie: Classic - GR</p>	<p>10</p> <p>10:00 ♠ Clay Class - AR 11:15 ♥ Stretch & Relax - GR 11:15 ☀ Depart for Lunch at NYK 2:00 ♠ Movie: Leading Man - GR 6:30 ♠ Movie: Committee Flick - GR</p>	<p>11</p> <p>10:00 ♦ Name 25 - GR 11:15 ♥ Totally Fit Balance & Stability with Jodi - GR 2:00 ♠ Happy Hour Music with Tom & Tony - GR 3:30 ♠ Bee Day - AR 6:30 ♠ Movie: Comedy - GR</p>	<p>12</p> <p>10:00 ♠ Nosh & Learn: Rosh Hashana & Yom Kippur with Silvana - GR 11:15 ♥ Exercise with Anna - GR 2:00 ♦ Food Forum - GR 2:00 ♠ Card Game - Bldg.4 Flr. 2 3:30 ♦ The Times - GR 6:30 ♠ Movie: Award Winner - GR</p>	<p>13</p> <p>10:00 ♠ Miss Manners Day - GR 11:15 ♥ Totally Fit Strength Training with Jodi - GR 2:00 ♠ John Williams On Piano - GR 3:30 ♠ Garden & Gab Season Finale - CK 5:00 ♣ Shabbat Dinner - GR</p>	<p>14</p> <p>10:00 ♥ Healing Exercise - GR 11:00 ♠ Call the Midwife S3/E6-GR 2:00 ♠ Jack's Jazz Jammers -GR 6:30 ♠ Movie: Classic - GR</p>
<p>15</p> <p>10:00 ♦ Documentary - GR 11:15 ♥ Exercise with Janet - GR 2:00 ♠ Gilbert & Sullivan Flick - GR 6:30 ♦ Crossword Puzzle with Larry Shearer - GR</p>	<p>16</p> <p>9:45 ♣ Painting Class 101 - AR 11:00 ♠ Chorus with Joe - GR 11:15 ☀ Depart for Lunch at Cracker Barrel 2:30 ♠ Sukkot Craft with Shinishin Students - AR 3:00 ♥ Tai Chi w/ Carmen - HGR 6:30 ♠ Movie: Oldie</p>	<p>17</p> <p>9:30 ☀ Depart for JH ♣ Mass 10:00 ♠ Coffee Hour - AR 11:15 ♥ Stretch & Relax - GR 2:00 ♦ Music Lecture with Doris: Tennessee Ernie Ford - GR 3:30 ♠ Bake Apple Cookies - CK 6:30 ♠ Movie: Oscar Win - GR</p>	<p>18</p> <p>10:00 ♦ Words of Wisdom - GR 11:15 ♥ Totally Fit Balance & Stability with Jodi - GR 2:00 ♠ Bingo - GR 3:30 ♠ Movie Committee Mtg. - AR 6:45 ♠ Social Hour with Young Jewish Professionals ALL are Welcome - GR</p>	<p>19</p> <p>10:00 ♠ Throwback Thursday - GR 11:15 ♥ Exercise with Anna - GR 1:30 ♣ Travelogue with Beth Brancato - GR 2:00 ♠ Play Pool - Bldg.6 Flr. 1 3:00 ♠ Beer Tasting & Mixer Meet Intern Alexis - GR 6:30 ♠ Movie: Lighthearted - GR</p>	<p>20</p> <p>9:45 ♥ Brain Boost Yoga With Marget - GR 11:15 ♥ Totally Fit Strength Training with Jodi - GR 2:00 ♦ Larry Shearer Music Lecture: Dick Haymes - GR 3:30 ♠ Funny Sayings Friday - AR 5:00 ♣ Shabbat Dinner - GR</p>	<p>21</p> <p>10:30 ♣ Sabbath Service - GR with Rabbi Rubenstein 2:00 ♠ Movie: Music Concert - GR 6:30 ♠ Movie: Newer - GR</p>
<p>22</p> <p>10:00 ♦ Documentary - GR 11:15 ♥ Exercise with Janet - GR 2:00 ♠ Movie: Rom-Com - GR 2:30 ☀ Depart for Nazareth College Concert: Heather Holmquest, soprano 6:30 ♠ Movie: Drama - GR</p>	<p>23</p> <p>9:45 ♣ Painting Class 101 - AR 11:00 ♠ Chorus with Joe - GR 2:00 Current Events with Neil - GR 3:00 ♠ Sukkot Craft with Shinishin Students - AR 3:00 ♥ Tai Chi w/ Carmen - HGR 6:30 ♠ Bingo with Nancy - GR</p>	<p>24</p> <p>10:00 ♠ Clay Class - AR 11:15 ♥ Stretch & Relax - GR 1:30 ☀ Depart for Trip to Wickham Farms 2:00 ♠ Movie: Romance - GR 6:30 ♠ Movie: Sci - Fi - GR</p>	<p>25</p> <p>10:00 ♦ Documentary - GR 11:15 ♥ Totally Fit Balance & Stability with Jodi - GR 2:00 ♦ Town Hall - GR 3:30 ♠ George Gershwin's Birthday - GR 6:30 ♠ Movie: Committee Flick - GR</p>	<p>26</p> <p>10:00 ♣ Wisdom of the Women with Rabbi Rubenstein - GR 11:15 ♥ Exercise with Anna - GR 2:00 ♠ September Birthday Party Music by Ernesto LaBella - GR 3:30 ♦ The Times - GR 6:30 ♠ Movie: Female Leads - GR</p>	<p>27</p> <p>10:00 ♠ Fall Leaf Puns - GR 11:15 ♥ Totally Fit Strength Training with Jodi - GR 2:00 ♠ Project with Alexis - AR 3:30 ♦ Brain Puzzles - AR 5:00 ♣ Shabbat Dinner - GR</p>	<p>28</p> <p>10:00 ♥ Healing Exercise - GR 11:00 ♠ Call the Midwife S3/E7-GR 2:00 ♠ Jack's Jazz Jammers -GR 6:30 ♠ Movie: Committee Pick - GR</p>
<p>29</p> <p>10:00 ♦ Documentary - GR 11:15 ♥ Exercise with Janet - GR 2:00 ♠ Music: Kit Nelson - GR 6:30 ♠ Movie:Classic - GR</p> <p>Rosh Hashana Starts Sunset</p>	<p>30</p> <p>Rosh Hashana ends Oct. 1 Sundown</p> <p>9:45 ♣ Painting Class 101 - AR 11:30 ♠ Blowing of the Shofar with Rabbi Rubenstein - GR 2:00 ♠ LCR Game - AR 3:00 ♥ Tai Chi w/ Carmen - GR 6:30 ♠ Movie: Classic - GR Committee Pick - GR</p>			<p>"No act of kindness - however small - is ever wasted."</p> <p>Aesop</p>	<p>Please check UPDATES On Daily Calendar & App</p> <p>Wolk Manor Front Desk 341- 2345</p> <p>Grocery Store Trips: Tuesdays Wegmans 1:00 PM Wednesdays Tops 12:30 PM Thursdays Wegmans 10:30 AM</p>	<p>Event Locations: AR - Art Room CK - Country Kitchen GR - Great Room HGR - Hall Near GR LIB - Library PDR - Private Dining Rm SUM - Summit</p>