


October 2019

The Lodge at Wolk Manor

♥ Health ♣ Inspiration ♠ Fun ♦ Education ☀ Outings

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Kate Rickard Activities Coordinator The Lodge at Wolk Manor</p> <p>585-341-2359 krickard@jewishseniorlife.org</p>	<p>All events are subject to change!</p> <p>Please check daily calendars or app for updated schedules.</p>	<p>10:30 ♥ Move and Groove 1</p> <p>11:00 ♣ Music with Hannah Shuldt</p> <p>1:30 ♠ Table Bowling</p> <p>2:30 ♠ Cookies and Coloring</p> <p>3:00 ♣ Today's News</p> <p>3:30 ♠ Trivia</p> <p>6:00 ♠ Candyland</p> <p>Rosh Hashana</p>	<p>10:45 ♥ Getting Fit 2</p> <p>11:00 ♣ Today's News & Snacks</p> <p>1:30 ♠ Scavenger Hunt</p> <p>2:30 ♠ Trivia</p> <p>3:30 ♥ Volleyball</p> <p>6:00 ♣ Music with Joe</p> <p>8:00 ♠ The Masked Singer</p>	<p>10:00 ♦ Planet Earth 3</p> <p>11:15 ☀ Lunch Outing: Cracker Barrel</p> <p>1:30 ♣ Art Class 101</p> <p>2:30 ♠ What am I?</p> <p>3:00 ♠ Paper Plane Throwing Contest</p> <p>4:00 ♠ Cards!</p> <p>6:00 ♠ Family Feud</p>	<p>10:30 ♥ Chair Yoga 4</p> <p>11:30 ♣ Today's News</p> <p>1:30 ♠ Jeopardy</p> <p>2:00 ♦ Connect 4</p> <p>2:30 ♠ Rat Pack Tunes</p> <p>3:30 ♠ Twister Toss</p> <p>6:30 ♠ Bingo!</p>	<p>10:30 ♣ Morning Chronicles 5</p> <p>11:00 ☀ Scenic Ride: Downtown Drive</p> <p>2:00 ♦ Fun with Slime</p> <p>3:30 ♠ Name that Tune</p> <p>7:00 ♠ Lawrence Welk</p>
<p>6</p> <p>11:00 ♣ Today's News</p> <p>1:00 ♠ Football & Snacks</p> <p>2:30 ♠ Cards!</p> <p>3:30 ♠ Music with Lukas Wells</p> <p>6:30 ♠ Scary Movie</p>	<p>7</p> <p>10:30 ♥ Move and Groove</p> <p>11:00 ♣ Choir-Wolk</p> <p>1:30 ♠ Mandalas</p> <p>2:30 ♠ Treats and Tunes</p> <p>3:00 ♠ Suspense</p> <p>3:45 ♥ Tai Chi with Carmen</p> <p>7:00 ♠ Wheel of Fortune</p>	<p>8</p> <p>10:30 ♠ Coffee & Chats</p> <p>11:30 ♣ Today's News</p> <p>1:30 ♠ Extreme Dot to Dot</p> <p>2:00 ♥ Energize with Patsy</p> <p>3:30 ♠ What's in the Box</p> <p>6:00 ♠ Phase 10</p> <p>Erev Yom Kippur</p>	<p>9</p> <p>10:00 ♥ Volleyball</p> <p>11:00 ♣ Morning Chronicles</p> <p>1:30 ♠ Cranium Crunchers</p> <p>2:30 ♠ Believe It or Not</p> <p>3:30 ♠ Fun with the Seneca Park Zoo</p> <p>6:00 ♠ Horse Shoes</p> <p>8:00 ♠ The Masked Singer</p> <p>Yom Kippur</p>	<p>10</p> <p>10:30 ♥ Ball Toss</p> <p>11:00 ♣ Today's News</p> <p>1:30 ♣ Art Class 101</p> <p>2:30 ♠ Treats & Tunes</p> <p>3:30 ♠ Stained Glass Drawings</p> <p>4:00 ♠ Dominoes</p> <p>6:00 ♠ Table Bowling</p>	<p>11</p> <p>10:30 ♥ Chair Yoga</p> <p>11:00 ♠ Music with Mike Sidoti</p> <p>1:30 ♠ Jeopardy</p> <p>2:00 ♦ Dynamic Duos</p> <p>2:30 ♠ Candyland</p> <p>3:30 ♠ Happy Hour</p> <p>6:00 ♠ Sing Along</p>	<p>12</p> <p>10:30 ♣ Trending Topics</p> <p>11:00 ☀ Scenic Ride: Marvelous Mendon</p> <p>2:00 ♠ Knock-Knock Jokes</p> <p>3:00 ♥ Walking Group</p> <p>4:00 ♠ Who am I?</p> <p>6:30 ♠ Disney Movie</p>
<p>13</p> <p>11:00 ♣ Today's News</p> <p>1:00 ♠ Football & Snacks</p> <p>2:30 ♠ Cards!</p> <p>3:30 ♠ Would You Rather?</p> <p>6:30 ♠ Comedy Movie</p> <p>Erev Sukkot</p>	<p>14</p> <p>10:30 ♥ Move and Groove</p> <p>11:00 ♣ Choir-Wolk</p> <p>1:30 ♠ Headbands</p> <p>2:30 ♠ Snack Time</p> <p>3:00 ♠ USA Trivia</p> <p>3:45 ♥ Tai Chi with Carmen</p> <p>6:00 ♠ Sing Along</p> <p>Sukkot I</p>	<p>15</p> <p>10:30 ♥ Chair Yoga</p> <p>11:30 ♣ Today's News & Snacks</p> <p>1:30 ♠ Elie the Dog</p> <p>2:00 ♦ Fun with Slime</p> <p>2:30 ♠ Riddles</p> <p>3:30 ♠ Pumpkin Decorating</p> <p>6:30 ♠ Craft Time</p> <p>Sukkot II</p>	<p>16</p> <p>10:00 ♥ Volleyball</p> <p>11:00 ♣ Morning Chronicles</p> <p>1:30 ♠ Uno!</p> <p>2:30 ♠ Snacks and Socialize</p> <p>3:30 ♠ Suspense</p> <p>6:00 ♠ Horse Shoes</p> <p>8:00 ♠ The Masked Singer</p> <p>Sukkot III</p>	<p>17</p> <p>10:30 ♥ Move and Groove</p> <p>11:00 ♣ Today's News</p> <p>1:30 ♣ Art Class 101</p> <p>2:30 ♣ Travelogues with Beth</p> <p>3:30 ♠ Exotic Fruit Taste Test</p> <p>4:00 ♠ Dominoes</p> <p>6:30 ♠ Jeopardy</p> <p>Sukkot IV</p>	<p>18</p> <p>10:30 ♥ Chair Yoga</p> <p>11:00 ♠ Phase 10</p> <p>1:30 ♠ Film Trivia</p> <p>2:00 ♦ Dynamic Duos</p> <p>2:30 ♠ Candyland</p> <p>3:30 ♠ Happy Hour</p> <p>6:00 ♠ Sing Along</p> <p>Sukkot V</p>	<p>19</p> <p>10:30 ♣ Morning Chronicles</p> <p>11:00 ☀ Scenic Ride: Fall Foliage</p> <p>1:30 ♦ Planet Earth</p> <p>3:00 ♠ Believe it or not</p> <p>3:30 ♠ Uno!</p> <p>6:30 ♠ Drama Movie</p> <p>Sukkot VI</p>
<p>20</p> <p>11:00 ♣ Today's News</p> <p>1:00 ♠ Football & Snacks</p> <p>2:30 ♠ Uno!</p> <p>3:30 ♠ Mandalas</p> <p>6:30 ♠ Musical Movie</p> <p>Sukkot VII (Hoshana Raba)</p>	<p>21</p> <p>10:30 ♥ Move and Groove</p> <p>11:00 ♣ Choir-Wolk</p> <p>1:30 ♠ Family Feud</p> <p>2:30 ♠ Fall Snacks</p> <p>3:00 ♠ Animal Trivia</p> <p>3:45 ♥ Tai Chi with Carmen</p> <p>6:00 ♠ Sorry!</p> <p>Shmini Atzeret</p>	<p>22</p> <p>10:30 ♠ Jeopardy</p> <p>11:30 ♣ Today's News</p> <p>1:30 ♠ Extreme Dot to Dot</p> <p>2:00 ♥ Energize with Patsy</p> <p>3:00 ♠ Pet Therapy with Lollypop Farm</p> <p>6:00 ♠ Craft Time</p> <p>Simchat Torah</p>	<p>23</p> <p>10:30 ♥ Volleyball</p> <p>11:00 ♣ Music with Gloria</p> <p>1:30 ♦ I Spy</p> <p>2:30 ♠ Phase 10</p> <p>3:45 ♥ Stretch & Relax</p> <p>6:00 ♠ Dominoes</p> <p>8:00 ♠ The Masked Singer</p>	<p>24</p> <p>10:00 ♦ Planet Earth</p> <p>11:15 ☀ Lunch Outing: Ferrari Pizza</p> <p>1:30 ♣ Art Class 101</p> <p>2:30 ♠ What am I?</p> <p>3:00 ♠ Table Bowling</p> <p>4:00 ♠ Cards!</p> <p>6:30 ♠ Music with Daniel Henry</p>	<p>25</p> <p>10:45 ♣ Morning Chronicles</p> <p>11:00 ♠ Julia Peacock on Violin</p> <p>1:30 ♠ Family Feud</p> <p>2:00 ♦ Fun with Slime</p> <p>2:30 ♥ Walking Group</p> <p>3:30 ♠ Happy Hour</p> <p>6:00 ♠ 21</p>	<p>26</p> <p>10:30 ♣ Today's News</p> <p>11:00 ☀ Scenic Ride: Country Roads</p> <p>2:00 ♠ Cards!</p> <p>3:00 ♠ Snack & Socialize</p> <p>7:00 ♠ Lawrence Welk</p>
<p>27</p> <p>11:00 ♣ Today's News</p> <p>1:00 ♠ Football & Snacks</p> <p>2:30 ♠ Headbands</p> <p>3:30 ♠ Happy Hour</p> <p>6:30 ♠ Romance Movie</p>	<p>28</p> <p>10:30 ♥ Move and Groove</p> <p>11:00 ♣ Choir-Wolk</p> <p>1:30 ♠ Dominoes</p> <p>2:30 ♠ Fall Reminiscing</p> <p>3:00 ♠ Music Trivia</p> <p>3:45 ♥ Tai Chi with Carmen</p> <p>6:00 ♠ Music with Hanna PK</p>	<p>29</p> <p>10:30 ♥ Move and Groove</p> <p>11:00 ♣ Music with Hannah Shuldt</p> <p>1:30 ♠ Elie the Dog</p> <p>2:00 ♦ Fun with Slime</p> <p>2:30 ♠ Board Games</p> <p>3:30 ♠ Treats and Tunes</p> <p>6:00 ♠ Who am I?</p>	<p>30</p> <p>10:00 ♥ Volleyball</p> <p>11:00 ♠ 21</p> <p>1:30 ♠ Craft Time</p> <p>2:30 ♠ October Birthday Party</p> <p>3:00 ♠ Midday Matinee</p> <p>6:00 ♠ Table Bowling</p> <p>8:00 ♠ The Masked Singer</p>	<p>31</p> <p>10:30 ♥ Stretch & Relax</p> <p>11:00 ♣ Today's News</p> <p>1:30 ♣ Art Class 101</p> <p>2:30 ♠ Carmel Apples</p> <p>3:30 ♠ Pumpkin Scavenger Hunt</p> <p>4:00 ♠ Dominoes</p> <p>6:00 ♠ Scary Movie</p>	 <p>Lodge Birthday's:</p> <p>10/3: Elaine 10/3: Dick 10/15: Charlotte 10/30: Saralee</p>	