



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>1</p> <p>10:00 ♦ Great Courses: Art Across the Ages – # 18 & 19 - GR</p> <p>11:15 ♥ Exercise with ANNA - GR</p> <p>2:00 ♠ Movie: Committee Flick - GR</p> <p>6:30 ♦ Crossword Puzzle with Larry Shearer – GR</p>	<p>2</p> <p>9:45 ♠ Cookie Baking - CK</p> <p>11:00 ♠ Chorus with Joe – GR</p> <p>1:15 ♥ Gym Time with Jodi – Meet at Front Desk</p> <p>2:00 ♠ Bingo - GR</p> <p>3:00 ♥ Tai Chi w/ Carmen - HGR</p> <p>6:30 ♠ Movie: Rom Com - GR</p>	<p>3</p> <p>10:00 ♠ Clay Class - AR</p> <p>11:15 ♥ <i>Sit & Be Fit</i> – GR</p> <p>1:30 ☀ Depart for Scenic Ride: Country Roads</p> <p>2:00 ♦ Calder Documentary - GR</p> <p>3:30 ♠ Tunes with Donna - GR</p> <p>6:30 ♠ Movie: Musical - GR</p>	<p>4</p> <p>10:00 ♦ Find the Word – GR</p> <p>10:00 ♣ Communion & Homily with Deacon Jeff - PDR</p> <p>11:15 ♥ Totally Fit Balance & Stability with Jodi – GR</p> <p>2:00 ♠ Silly Hat Craft – AR</p> <p>3:30 ♠ Wii Games – GR</p> <p>6:30 ♠ Grogger Craft with Young Jewish Professionals - GR</p>	<p>5</p> <p>10:00 ♠ Pampering Day – AR</p> <p>10:00 ♣ Communion & Homily With Deacon Jeff – PDR</p> <p>11:15 ♥ Exercise with Anna – GR</p> <p>2:00 ♠ Bingo – GR</p> <p>3:30 ♠ Learn the Meaning of Your Name - LIB</p> <p>6:30 ♠ Movie: Committee Flick - GR</p>	<p>6</p> <p>9:45 ♠ Silly Hat Craft - AR</p> <p>11:15 ♥ Totally Fit Strength Training with Jodi – GR</p> <p>2:00 ♦ Larry Shearer Music Lecture: Diana Kroll - GR</p> <p>3:30 ♠ Popcorn & Password - CK</p> <p>5:00 ♣ Shabbat Dinner - GR</p>	<p>7</p> <p>10:00 ♥ Exercise with Janet - GR</p> <p>11:00 ♠ Crown S3 / E5 -GR</p> <p>2:00 ♠ Movie: Musical - GR</p> <p>6:30 ♠ Movie: Sports - GR</p>	
<p>8</p> <p>10:00 ♦ Great Courses: Art Across the Ages – # 20 & 21 - GR</p> <p>11:15 ♥ Exercise with Janet - GR</p> <p>2:00 ♠ Movie: Newer - GR</p> <p>6:30 ♠ Movie: Musical – GR</p>	<p>9</p> <p>SILLY HAT DAY</p> <p>9:45 ♠ Cookie Baking - CK</p> <p>11:00 ♠ Chorus with Joe – GR</p> <p>1:15 ♥ Gym Time with Jodi – Meet at Front Desk</p> <p>2:00 ♠ Purim Party Surprise Wear your Silly Hat! - GR</p> <p>3:00 ♥ Tai Chi w/ Carmen - HGR</p> <p>6:30 ♠ Bingo with Nancy - GR</p>	<p>10</p> <p>10:00 ♠ Megillah Reading With Rabbi Vogel - GR</p> <p>11:15 ♥ <i>Sit & Be Fit</i> – GR</p> <p>11:15 ☀ Depart for Lunch at Red Lobster</p> <p>2:00 ♣ Catholic Discussion – GR</p> <p>3:30 ♠ Wii Games - GR</p> <p>6:30 ♠ Movie: Committee Flick - GR</p>	<p>11</p> <p>10:00 ♦ Scattegories – GR</p> <p>10:00 ♣ Catholic Rosary - PDR</p> <p>11:15 ♥ Totally Fit Balance & Stability with Jodi – GR</p> <p>2:00 ♠ Happy Hour – GR Music by Standard Time</p> <p>3:30 ♠ Adding It All Up – AR</p> <p>6:30 ♠ Movie: Classic - GR</p>	<p>12</p> <p>10:00 ♣ Tucker the Dog Visit - GR</p> <p>11:15 ♥ Exercise with Anna – GR</p> <p>Noon Celebrate Spring! Lunch at Summit Grill</p> <p>1:30 ♠ Painting Class 101 – GR</p> <p>3:00 ♦ Food Forum – GR</p> <p>3:45 ♠ Card Games - AR</p> <p>6:30 ♠ Movie: Recent - GR</p>	<p>13</p> <p>9:45 ♠ K-9 Corps Day - LIB</p> <p>11:15 ♥ Totally Fit Strength Training with Jodi – GR</p> <p>2:00 ♦ Current Events with Neil - GR</p> <p>3:30 ♠ Gourmet Coffee & Women's History - CK</p> <p>5:00 ♣ Shabbat Dinner - GR</p>	<p>14</p> <p>10:00 ♥ <i>Stretch Time</i> - GR</p> <p>11:00 ♠ Crown S3 / E6 -GR</p> <p>2 - 4 ♠ Jack's Jazz Jammers – GR</p> <p>6:30 ♠ Movie: Foreign Film - GR</p>	
<p>15</p> <p>10:00 ♦ Great Courses: Art Across the Ages – # 22 & 23 - GR</p> <p>11:15 ♥ Exercise with Janet - GR</p> <p>2:00 ♠ Movie: Musical - GR</p> <p>6:30 ♦ Crossword Puzzle with Larry Shearer – GR</p>	<p>16</p> <p>9:45 ♠ Shin Shinim Lecture Learn about Israel - GR</p> <p>11:00 ♠ Chorus with Joe – GR</p> <p>1:15 ♥ Gym Time with Jodi – Meet at Front Desk</p> <p>2:00 ♠ Bingo - GR</p> <p>3:00 ♥ Tai Chi w/ Carmen – HGR</p> <p>6:30 ♠ Movie Committee Flick - GR</p>	<p>17</p> <p>9:30 ☀ Depart for JH Catholic Mass</p> <p>10:00 ♠ Clay Class - AR</p> <p>11:15 ♥ <i>Sit & Be Fit</i> – GR</p> <p>1:30 ♣ Goodwin School Irish Dancers - GR</p> <p>3:30 ♠ Wii Games – GR</p> <p>6:30 ♠ Movie: Friendship - GR</p>	<p>18</p> <p>10:00 ♣ Nosh & Learn with Silvana - GR</p> <p>11:15 ♥ Totally Fit Balance & Stability with Jodi – GR</p> <p>2:00 ♠ Spring Time Community Craft - AR</p> <p>3:30 ♦ Movie Committee Mtg.- AR</p> <p>6:30 ♠ Hannah Schuldt Performs: Cello, guitar, piano, song - GR</p>	<p>19</p> <p>10:00 ♠ Pampering Day - AR</p> <p>11:15 ♥ Exercise with Anna – GR</p> <p>1:30 ♠ Painting Class - AR</p> <p>2:45 ♣ Travelogue with Beth Brancato Ireland – GR</p> <p>4:00 ♦ Spring Poetry Corner- GR</p> <p>6:30 ♠ Eastman Community Music School Jr. Flute Ensemble - GR</p>	<p>20</p> <p>9:45 ♥ Brain Boost Yoga With Marget - GR</p> <p>11:15 ♥ Totally Fit Strength Training with Jodi – GR</p> <p>2:00 ♦ Larry Shearer Music Lecture: Tommy Dorsey - GR</p> <p>3:30 ♠ Special Teas & Rochester Trivia - CK</p> <p>5:00 ♣ Shabbat Dinner - GR</p>	<p>21</p> <p>10:30 ♣ Sabbath Service - GR with Rabbi Rubenstein</p> <p>2:00 ♠ Irish Tunes With Allen & Barbara - GR</p> <p>6:30 ♠ Movie: Committee Flick - GR</p>	
<p>22</p> <p>10:00 ♦ Great Courses: Art Across the Ages – # 24 & 25 - GR</p> <p>11:15 ♥ Exercise with Janet - GR</p> <p>2:00 ♠ John Williams on Piano - GR</p> <p>6:30 ♠ Movie: Oldie – GR</p>	<p>23</p> <p>9:45 ♠ Cookie Baking - CK</p> <p>11:00 ♠ Chorus with Joe – GR</p> <p>1:15 ♥ Gym Time with Jodi – Meet at Front Desk</p> <p>2:00 ♠ Spring Craft - AR</p> <p>3:00 ♥ Tai Chi w/ Carmen - GR</p> <p>6:30 ♠ Bingo with Nancy - GR</p>	<p>24</p> <p>10:00 ♠ Wisdom of the Women With Rabbi Rubenstein - GR</p> <p>11:15 ♥ <i>Sit & Be Fit</i> – GR</p> <p>11:15 ☀ Depart for Lunch at LongHorn Steakhouse</p> <p>2:00 ♦ Documentary – GR</p> <p>3:30 ♠ Tunes with Donna - GR</p> <p>6:30 ♠ Movie: Comedy - GR</p>	<p>25</p> <p>10:00 ♦ Name 25 – GR</p> <p>10:00 ♣ Catholic Rosary - PDR</p> <p>11:15 ♥ Totally Fit Balance & Stability with Jodi – GR</p> <p>2:00 ♠ Happy Hour – GR Music by Standard Time</p> <p>3:30 ♠ Card Games - AR</p> <p>6:30 ♠ Movie: Animal - GR</p>	<p>26</p> <p>10:00 ♣ Tucker the Dog Visit - GR</p> <p>11:15 ♥ Exercise with Anna – GR</p> <p>1:30 ♠ Painting Class 101 – AR</p> <p>3:00 ♦ Town Hall Mtg. – GR</p> <p>4:00 ♠ Brain Puzzles - AR</p> <p>6:30 ♠ Movie: Newer - GR</p>	<p>27</p> <p>9:45 ♥ Brain Boost Yoga With Marget - HGR</p> <p>11:15 ♥ Totally Fit Strength Training with Jodi – GR</p> <p>2:00 ♠ Ivanka Driankova Classical Piano - GR</p> <p>3:30 ♠ Dominoes - AR</p> <p>5:00 ♣ Shabbat Dinner - GR</p>	<p>28</p> <p>10:00 ♥ <i>Stretch Time</i> - GR</p> <p>11:00 ♠ Crown S3 / E7 -GR</p> <p>2 - 4 ♠ Jack's Jazz Jammers – GR</p> <p>6:30 ♠ Movie: Requested Again - GR</p>	
<p>29</p> <p>10:00 ♦ Great Courses: Art Across the Ages – # 26 & 27 - GR</p> <p>11:15 ♥ Exercise with Janet - GR</p> <p>2:00 ♠ Don Newcomb: Music Beatles & Elvis - GR</p> <p>6:30 ♠ Movie: Sci-Fi – GR</p>	<p>30</p> <p>9:45 ♠ Spring Craft - GR</p> <p>11:00 ♠ Chorus with Joe – GR</p> <p>1:15 ♥ Gym Time with Jodi – Meet at Front Desk</p> <p>1:30 ☀ Depart for Dessert at Cheesecake Factory</p> <p>2:00 ♦ Documentary – GR</p> <p>3:00 ♥ Tai Chi w/ Carmen - HGR</p> <p>6:30 ♠ Kristy & Brian Barr Jazz Duo- GR</p>	<p>31</p> <p>10:00 ♠ Clay Class - AR</p> <p>11:15 ♥ <i>Sit & Be Fit</i> – GR</p> <p>2:00 ♠ Bingo - GR</p> <p>3:30 ♥ Wii Games - GR</p> <p>6:30 ♠ Movie: Action - GR</p>	<p>Celebrating Spring & Women's History</p>		<p>Judy Scott Activities Coordinator Wolk Manor 4000 Summit Circle Drive Rochester, NY 14618 585-341-2356 jscott@jewishseniorlife.org</p>	<p>Program Locations: AR – Art Room CK – Country Kitchen FD – Front Desk PDR – Private Dining Room GR – Great Room LIB – Library MPR – Summit</p>	<p>PROGRAMS CHANGE Check Daily Calendar or Res. TV Ch. 97</p> <p>Wolk Manor Concierge 585-341-2345</p> <p>Grocery Store Trips: Tuesdays Wegmans – 1:00 PM Wednesdays Tops – 12:30 PM Thursdays Wegmans – 10:30 AM</p>