


October 2020 *The Lodge at Wolk Manor*

♥ Health ♣ Inspiration ♠ Fun ♦ Education ☀ Outings

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		<p>Kate Rickard Activities Coordinator krickard@jewishseniorlife.org 585-341-2359</p> <p>The Lodge at Wolk Manor 7000 Summit Circle Drive Rochester, NY 14618</p>	<p>All activities are subject to change.</p> <p>Please check daily sheets or JSL app for updates.</p>		<p>10:30 ♠ Rusty on Guitar 1</p> <p>11:00 ♠ Finish the Proverb</p> <p>1:30 ♠ 50s, 60s, 70s Sing Along</p> <p>2:30 ♠ Cider & Donuts</p> <p>4:00 ♥ Walking Group</p> <p>6:00 ♠ Residents Choice</p> <p>8:00 ♠ Funny Girl (Prime)</p>	<p>10:30 ♥ Walking Group 2</p> <p>11:30 ♠ Visits with Family</p> <p>1:30 ♠ Name 25</p> <p>2:00 ♠ Floor Bowling</p> <p>3:00 ♠ Happy Hour</p> <p>6:00 ♠ Flashback Friday Feature: The Invisible Man (Prime)</p> <p>Sukkot begins at Sundown</p>	<p>10:00 ♥ Walking Group 3</p> <p>10:30 ♣ Sabbath with Rabbi (CH. 97)</p> <p>11:00 ♠ Dominoes</p> <p>2:30 ♠ Elaine & Richard's Birthday Party</p> <p>3:00 ♠ Karaoke Happy Hour</p> <p>7:00 ♠ Lawrence Welk (WXXI)</p>
<p>10:30 ♥ Dance it Out 4</p> <p>11:30 ♣ Name that Tune</p> <p>1:00 ♠ Buffalo Bills vs Las Vegas Raiders(CBS)</p> <p>3:30 ♥ Move & Groove</p> <p>6:00 ♠ Resident's Choice Game</p> <p>7:00 ♠ America's Funniest Home Videos (ABC)</p>	<p>10:30 ♠ Birdwatching 5</p> <p>11:30 ♠ Finish the Lyric</p> <p>1:30 ♠ Wild North (Prime)</p> <p>2:30 ♠ Musical Trivia</p> <p>3:45 ♥ Virtual Tai Chi</p> <p>6:30 ♥ Walking Group</p>	<p>10:30 ♠ Coffee & Chat 6</p> <p>11:00 ♠ Table Bowling</p> <p>1:30 ♠ Text Tuesday</p> <p>2:30 ♥ Happy Feet</p> <p>3:30 ♠ Resident Council</p> <p>6:00 ♠ Out of Africa (Prime)</p> <p>8:00 ♠ Dancing with the Stars (ABC)</p>	<p>10:00 ♠ Nail Care 7</p> <p>11:30 ♣ Garden Club</p> <p>1:30 ♠ Peter, Paul, & Mary Concert (Prime)</p> <p>2:00 ♥ Moment of Meditation</p> <p>3:00 ♠ Legends in Concert</p> <p>6:00 ♠ Creative Coloring</p> <p>8:00 ♠ The Masked Singer (Fox)</p>	<p>10:30 ♥ Light Stretching 8</p> <p>11:00 ♠ States & Capitals</p> <p>1:30 ♠ Brain Boosters</p> <p>2:30 ♠ Engelbert Humperdinck Concert</p> <p>4:00 ♥ Walking Group</p> <p>6:00 ♠ Residents Choice</p>	<p>10:30 ♥ Walking Group 9</p> <p>11:30 ♠ Visits with Family</p> <p>1:30 ♠ Name 25</p> <p>2:00 ♠ True or False</p> <p>3:00 ♠ Beatles Karaoke</p> <p>6:00 ♠ Flashback Friday Feature: Creature from the Black Lagoon (Prime)</p> <p>Sukkot ends at Sundown</p>	<p>10:00 ♥ Walking Group 10</p> <p>10:30 ♣ Sabbath with Rabbi (CH. 97)</p> <p>11:00 ♠ Bananagrams</p> <p>2:30 ♠ Table Bowling</p> <p>3:00 ♠ Adult Coloring</p> <p>7:00 ♠ Lawrence Welk (WXXI)</p>	
<p>10:30 ♥ Dance it Out 11</p> <p>11:30 ♣ Name that Tune</p> <p>1:00 ♠ Buffalo Bills vs Tennessee Titans (CBS)</p> <p>3:30 ♥ Move & Groove</p> <p>6:00 ♠ Resident's Choice Game</p> <p>7:00 ♠ America's Funniest Home Videos (ABC)</p>	<p>10:30 ♠ Table Bowling 12</p> <p>11:30 ♠ Uno</p> <p>1:30 ♠ Jeopardy</p> <p>2:30 ♠ Mandalas</p> <p>3:45 ♥ Virtual Tai Chi</p> <p>6:30 ♥ Walking Group</p>	<p>10:30 ♠ Coffee and Chat 13</p> <p>11:00 ♠ Fall Reminiscing</p> <p>1:30 ♥ Dance to the Music</p> <p>2:30 ♠ 1st Annual Lodge Oktoberfest</p> <p>3:30 ♠ Music Trivia</p> <p>6:00 ♠ Dr. No (Prime)</p> <p>8:00 ♠ Dancing with the Stars (ABC)</p>	<p>10:00 ♠ Nail Care 14</p> <p>11:30 ♣ Garden Club</p> <p>1:30 ♠ Family Feud</p> <p>2:00 ♥ Moment of Meditation</p> <p>3:00 ♠ Classic Vinyl</p> <p>6:00 ♠ Creative Coloring</p> <p>8:00 ♠ The Masked Singer (Fox)</p>	<p>10:30 ♥ Light Stretching 15</p> <p>11:00 ♠ Famous Faces Bingo</p> <p>1:30 ♠ Facetime with Family</p> <p>2:30 ♠ Charlotte's 102nd Birthday Party</p> <p>4:00 ♥ Walking Group</p> <p>8:20 ♠ Buffalo Bills vs Kansas City Chiefs (CBS)</p>	<p>10:30 ♥ Walking Group 16</p> <p>11:30 ♠ Visits with Family</p> <p>1:30 ♠ Name 25</p> <p>2:00 ♠ Giant Jenga</p> <p>3:00 ♠ Happy Hour</p> <p>6:00 ♠ Flashback Friday Feature: The Wolf Man (Prime)</p>	<p>10:00 ♥ Walking Group 17</p> <p>10:30 ♣ Sabbath with Rabbi (CH. 97)</p> <p>11:00 ♠ Dominoes</p> <p>2:00 ♠ Pumpkin Decorating</p> <p>3:00 ♠ Karaoke Happy Hour</p> <p>7:00 ♠ Lawrence Welk (WXXI)</p>	
<p>10:30 ♥ Dance it Out 18</p> <p>11:30 ♣ Name that Tune</p> <p>1:00 ♠ Midday Matinee: Gone with the Wind (Prime)</p> <p>3:30 ♥ Move & Groove</p> <p>6:00 ♠ Resident's Choice Game</p> <p>7:00 ♠ America's Funniest Home Videos (ABC)</p>	<p>10:30 ♠ Birdwatching 19</p> <p>11:30 ♠ Kan Jam</p> <p>1:30 ♠ Facetime with Family</p> <p>2:30 ♠ Draw by Numbers</p> <p>3:45 ♥ Virtual Tai Chi</p> <p>6:30 ♥ Walking Group</p>	<p>10:30 ♠ Board Games 20</p> <p>11:00 ♠ Creative Coloring</p> <p>1:30 ♠ Fact or Fiction: Phobias</p> <p>2:30 ♥ Happy Feet</p> <p>3:30 ♠ Patsy Cline Karaoke</p> <p>6:00 ♠ Barefoot Contessa (Prime)</p> <p>8:00 ♠ Dancing with the Stars (ABC)</p>	<p>10:00 ♠ Nail Care 21</p> <p>11:30 ♣ Garden Club</p> <p>1:30 ♠ Family Feud</p> <p>2:00 ♥ Moment of Meditation</p> <p>3:00 ♠ Spa Day</p> <p>6:00 ♠ Creative Coloring</p> <p>8:00 ♠ The Masked Singer (Fox)</p>	<p>10:30 ♥ Light Stretching 22</p> <p>11:00 ♠ Famous Faces Bingo</p> <p>1:30 ♠ Junk Drawer Detective</p> <p>2:30 ♠ Fresh Cookies & Milk</p> <p>4:00 ♥ Walking Group</p> <p>6:00 ♠ Residents Choice</p>	<p>10:30 ♥ Walking Group 23</p> <p>11:30 ♠ Visits with Family</p> <p>1:30 ♠ Fall Photoshoot</p> <p>2:00 ♠ Johnny Carson Stand-up</p> <p>3:00 ♠ Karaoke Happy Hour</p> <p>6:00 ♠ Flashback Friday Feature: Wear Pink for Breast Cancer</p>	<p>10:00 ♥ Walking Group 24</p> <p>10:30 ♣ Sabbath with Rabbi (CH. 97)</p> <p>11:00 ♠ Bananagrams</p> <p>2:30 ♠ Family Feud</p> <p>3:00 ♠ Jeopardy</p> <p>7:00 ♠ Lawrence Welk (WXXI)</p>	
<p>10:30 ♥ Dance it Out 25</p> <p>11:30 ♣ Name that Tune</p> <p>1:00 ♠ Buffalo Bills vs New York Jets(CBS)</p> <p>3:30 ♥ Move & Groove</p> <p>6:00 ♠ Resident's Choice Game</p> <p>7:00 ♠ America's Funniest Home Videos (ABC)</p>	<p>10:30 ♠ Bananagrams 26</p> <p>11:30 ♠ Fact or Fiction</p> <p>1:30 ♠ Jeopardy</p> <p>2:30 ♠ Adult Coloring</p> <p>3:45 ♥ Virtual Tai Chi</p> <p>6:30 ♥ Walking Group</p>	<p>10:30 ♠ Uno 27</p> <p>11:00 ♥ Walking Group</p> <p>1:30 ♥ Dance to the Music</p> <p>2:30 ♠ Pumpkin Spice Taste Test</p> <p>3:30 ♠ Wacky Word Search</p> <p>6:00 ♠ Royal Wedding (Prime)</p> <p>8:00 ♠ Dancing with the Stars (ABC)</p>	<p>10:00 ♠ Nail Care 28</p> <p>11:30 ♣ Garden Club</p> <p>1:30 ♠ Legends in Concert</p> <p>2:00 ♥ Moment of Meditation</p> <p>3:00 ♠ Scavenger Hunt</p> <p>6:00 ♠ Creative Coloring</p> <p>8:00 ♠ The Masked Singer (Fox)</p>	<p>10:30 ♥ Light Stretching 29</p> <p>11:00 ♠ Famous Faces Bingo</p> <p>1:30 ♠ Facetime with Family</p> <p>2:30 ♠ Apple Cider Floats</p> <p>4:00 ♥ Walking Group</p> <p>6:00 ♠ Residents Choice</p>	<p>10:30 ♥ Walking Group 30</p> <p>11:30 ♠ Visits with Family</p> <p>1:30 ♠ Name 25</p> <p>2:00 ♠ Table Bowling</p> <p>3:00 ♠ Happy Hour</p> <p>6:00 ♠ Flashback Friday Feature: Barefoot in the Park (Prime)</p>	<p>10:00 ♥ Walking Group 31</p> <p>10:30 ♣ Sabbath with Rabbi (CH. 97)</p> <p>11:00 ♠ Dance to the Music</p> <p>2:30 ♠ Floral Arrangements</p> <p>3:00 ♠ Karaoke Happy Hour</p> <p>7:00 ♠ Lawrence Welk (WXXI)</p>	