



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b></p> <p>10:30 ♥ Stretch Video – GR 2:00 ♠ Movie – GR 7:00 ♦ Documentary – GR The Universe: Ancient Mysteries Solved Season 2 Ep. 1 Omens of Doom</p>	<p><b>2</b></p> <p>10:30 ♥ Stretch with Judy – GR 2:00 ♠ Social Distance Bingo – GR 3:30 ♠ Card Games - GR 7:00 ♠ Away – Sci-Fi Series Season 1 / Ep. 4 - GR</p>	<p><b>3</b></p> <p>10:30 ♥ Exercise with Judy – GR 2:00 ♠ Door Décor Thanksgiving Craft - GR 3:30 ♠ Cliché' Day – GR 7:00 ♠ Crown – GR Season 3 / Ep. 9</p>	<p><b>4</b></p> <p>10:30 ♥ Exercise with Judy – GR 2:00 ♠ <b>Happy Hour DELIVERED to YOU</b> 3:30 ♠ ♦ Find the Words – GR 7:00 ♠ Turn: Washington's Spies Historic Series Season 1 / Ep. 1- GR</p>	<p><b>5</b></p> <p>9:45 ♣ Virtual Catholic Rosary With Deacon Jeff - GR 10:30 ♥ Exercise with Judy – GR 1:45 ♠ Roy Rogers Day - GR 3:00 ♠ <b>Town Hall for Bldg. 4 Residents – GR</b> 7:00 ♠ Last Tango in Halifax Season 1 / Ep. 1 - GR</p>	<p><b>6</b></p> <p>10:30 ♥ Exercise with Judy – GR 2:00 ♠ Larry Shearer VIRTUAL Music Lecture: Jimmy Dorsey - GR 4:00 ♣ VIRTUAL Shabbat Prayers With Pauline - GR</p>	<p><b>7</b></p> <p>10:30 ♣ Sabbath Service with Rabbi Rubenstein - Video on Channel 97 2:00 ♠ RPO Concert # 1 - GR Ward Stare Conducts Dvorak, Walker, &amp; Haydn Shown on screen 7:00 ♠ Outlander Season1 / Ep. 6 - GR</p>
<p><b>8</b></p> <p>10:30 ♥ Stretch Video – GR 2:00 ♠ Movie – GR 7:00 ♦ Documentary – GR The Universe: Ancient Mysteries Solved Season 2 Ep. 2 The Eye of God</p>	<p><b>9</b></p> <p>9:30 ♣ Healing Service with Rabbi Steven - Video in GR 10:30 ♥ Stretch with Judy – GR 2:00 ♠ Social Distance Bingo – GR 3:30 ♦ Brain Puzzles - GR 7:00 ♠ Away – Sci-Fi Series Season 1 / Ep. 5 - GR</p>	<p><b>10</b></p> <p><b>WEAR YOUR FAVORITE HAT!</b> 10:30 ♥ Exercise with Judy – GR 2:00 ♠ Hat Lecture - GR Virtually with Stacey Miller 3:30 ♠ Game Day! - GR 7:00 ♠ Crown – GR Season 3 / Ep. 10</p>	<p><b>VETERANS DAY 11</b></p> <p>10:30 ♥ Exercise with Judy – GR 2:00 ♠ <b>Happy Hour DELIVERED to YOU</b> 3:30 ♣ Honoring Wolk Manor Veterans - GR 7:00 ♠ Turn: Washington's Spies Historic Series Season 1 / Ep. 2 - GR</p>	<p><b>12</b></p> <p>9:45 ♣ Virtual Catholic Liturgy of the Word With Deacon Jeff – GR 10:30 ♥ Exercise with Judy – GR 2:00 ♣ Bible with a Backbeat <b>LIVE</b> with Rabbi Rubenstein - GR 3:30 ♦ Jeopardy – GR 7:00 ♠ Last Tango in Halifax Season 1 / Ep. 2 - GR</p>	<p><b>KINDNESS DAY 13</b></p> <p>10:30 ♥ Exercise with Judy – GR 12:00 ♠ Take Out on US! - CK <b>First 8 residents to sign up Choose your date</b> 2:00 ♠ Kindness Day - GR 4:00 ♣ VIRTUAL Shabbat Prayers With Pauline - GR</p>	<p><b>14</b></p> <p>10:30 ♣ Sabbath Service with Rabbi Rubenstein - Video on Channel 97 2:00 ♠ RPO Concert # 2 – GR Mosaic: Sounds of the American Experience Shown on screen 7:00 ♠ Outlander Season1 / Ep. 7 - GR</p>
<p><b>15</b></p> <p>10:30 ♥ Stretch Video – GR 2:00 ♠ Movie – GR 7:00 ♦ Documentary – GR The Universe: Ancient Mysteries Solved Season 2 Ep. 3 Apocalyptic Visions</p>	<p><b>16</b></p> <p>10:30 ♥ Stretch with Judy – GR 2:00 ♠ Social Distance Bingo – GR 3:30 ♠ Coffee &amp; Conversation-CK 7:00 ♠ Away – Sci-Fi Series Season 1 / Ep. 6 - GR</p>	<p><b>17</b></p> <p>10:30 ♥ Exercise DVD – GR 2:00 ♣ Jewish Education with Silvana: ALL are welcome - GR 3:00 ♠ RPO Encore – GR 7:00 ♠ The English Game – GR Historical Series Season 1 / Ep. 1</p>	<p><b>18</b></p> <p>10:30 ♥ Exercise with Judy – GR 2:00 ♠ <b>Happy Hour DELIVERED to YOU</b> 3:30 ♦ Scattogories – GR 7:00 ♠ Turn: Washington's Spies Historic Series Season 1 / Ep. 3 - GR</p>	<p><b>19</b></p> <p>9:45 ♣ Virtual Catholic Rosary With Deacon Jeff - GR 10:30 ♥ Exercise with Judy – GR 2:00 ♠ Tea &amp; Socialize -CK 3:00 ♠ <b>Town Hall for Bldg. 6 Residents – GR</b> 7:00 ♠ Last Tango in Halifax Season 1 / Ep. 3 - GR</p>	<p><b>20</b></p> <p>10:30 ♥ Exercise with Judy – GR 12:00 ♠ Take Out on US! - CK <b>First 8 residents to sign up Choose your date</b> 2:00 ♠ Larry Shearer VIRTUAL Crossword Program - GR 4:00 ♣ VIRTUAL Shabbat Prayers with Pauline - GR</p>	<p><b>21</b></p> <p>10:30 ♣ Sabbath Service with Rabbi Rubenstein - Video on Channel 97 2:00 ♠ RPO # 3 Ensemble - GR Jazz with Herb Smith Shown on screen 7:00 ♠ Outlander Season1 / Ep. 8 - GR</p>
<p><b>22</b></p> <p>10:30 ♥ Stretch Video – GR 2:00 ♠ Movie – GR 7:00 ♦ Documentary – GR The Universe: Ancient Mysteries Solved Season 2 Ep. 4 Alien Worlds</p>	<p><b>23</b></p> <p>9:30 ♣ Healing Service with Rabbi Steven - Video in GR 10:30 ♥ Stretch with Judy – GR 2:00 ♦ <b>LIVE</b> Nutrition &amp; Immunity Lecture with Courtney Porray - GR 3:30 ♠ Turkey Craft - CK 7:00 ♠ Away – Sci-Fi Series Season 1 / Ep. 7 - GR</p>	<p><b>24</b></p> <p>9:30 ♣ A Prayerful Minute 1 Hr with Rabbi Rubenstein – Video in GR 10:30 ♥ Exercise with Judy – GR 2:00 ♠ Birthday Concert - GR Virtually with Standard Time 3:30 ♦ Stately Knowledge - GR 7:00 ♠ The English Game – GR Historical Series Season 1 / Ep. 2</p>	<p><b>25</b></p> <p>10:30 ♥ Exercise with Judy – GR 2:00 ♠ <b>Happy Hour DELIVERED to YOU</b> 3:30 ♦ Name That Comfort Food – GR 7:00 ♠ Turn: Washington's Spies Historic Series Season 1 / Ep. 4 - GR</p>	<p><b>HAPPY THANKSGIVING 26</b></p> <p>9-Noon ♠ 94<sup>th</sup> Annual Macy's Thanksgiving Day Parade NBC – GR 2:00 ♠ Movie – GR 7:00 ♠ Last Tango in Halifax Season 1 / Ep. 4-GR</p>	<p><b>27</b></p> <p>10:30 ♥ Exercise with Judy – GR 2:00 ♠ Larry Shearer VIRTUAL Music Lecture: Kitty Kallen - GR 4:00 ♣ VIRTUAL Shabbat Prayers With Pauline - GR</p>	<p><b>28</b></p> <p>10:30 ♣ Sabbath Service with Rabbi Rubenstein - Video on Channel 97 2:00 ♠ RPO Ensemble # 4 – GR RPO Salaff Quartet: Beethoven Shown on screen 7:00 ♠ Outlander Season1 / Ep. 9 - GR</p>
<p><b>29</b></p> <p>10:30 ♥ Stretch Video – GR 2:00 ♠ Movie – GR 7:00 ♦ Documentary – GR The Universe: Ancient Mysteries Solved Season 2 Ep. 5 Predicting the Future</p>	<p><b>30</b></p> <p>10:30 ♥ Stretch with Judy – GR 2:00 ♠ Social Distance Bingo – GR 3:30 ♠ Coffee &amp; Conversation-CK 7:00 ♠ Away – Sci-Fi Series Season 1 / Ep. 8 - GR</p>	<p><b>Kindness</b> It costs nothing and means everything</p>		<p><b>Judy Scott</b> <b>Activities Coordinator</b> Wolk Manor 4000 Summit Circle Drive Rochester, NY 14618 <b>585-341-2356</b> <a href="mailto:jscott@jewishseniorlife.o">jscott@jewishseniorlife.o</a></p>	<p><b>RESIDENT TV CHANNEL 97</b> <b>Wolk Manor</b> <b>Announcements</b> &gt; Activities &amp; Changes &gt; Daily Progressive Bingo Nos. &gt; Daily Dining Menus &gt; Community Announcements</p>	<p><b>PROGRAMS CHANGE</b> Check Daily Calendar or Res. TV Ch. 97</p> <p><b>Wolk Manor Concierge</b> <b>585-341-2345</b></p> <p><b>Program Locations</b> CK – Country Kitchen GR – Great Room</p>