

# December 2020

# The Lodge at Wolk Manor

♥ Health   ♣ Inspiration   ♠ Fun   ♦ Education   ☀ Outings

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Kate Rickard</b> Activities Coordinator <a href="mailto:krickard@jewishseniorlife.org">krickard@jewishseniorlife.org</a> 585-341-2359</p> <p>The Lodge at Wolk Manor 7000 Summit Circle Drive Rochester, NY 14618</p>	<p>All activities are subject to change.</p> <p>Please check daily sheets or JSL app for updates.</p>	<p>10:30 ♠ Ball Toss</p> <p>11:00 ♠ Crosswords</p> <p>1:30 ♥ Happy Feet</p> <p>2:30 ♠ Smoothie Social</p> <p>3:30 ♠ Mind Joggers</p> <p>6:00 ♠ Residents Choice</p>	<p>10:00 ♠ Nail Care</p> <p>11:30 ♣ Garden Club</p> <p>1:30 ♥ Moment of Meditation</p> <p>2:00 ♠ Holiday Decorating</p> <p>3:00 ♠ Hot Chocolate Bar</p> <p>6:00 ♠ A Star is Born (Prime)</p> <p>8:00 ♠ The Masked Singer (Fox)</p>	<p>10:30 ♥ Light Stretching</p> <p>11:00 ♠ Winter Bird Watching</p> <p>1:30 ♠ Legends in Concert</p> <p>2:30 ♠ Sweet Treats</p> <p>4:00 ♥ Walking Group</p> <p>6:00 ♠ Residents Choice</p>	<p>10:30 ♥ Walking Group</p> <p>11:30 ♠ Floor Bowling</p> <p>1:30 ♠ Family Feud</p> <p>2:00 ♠ Name 25: Holiday Songs</p> <p>3:00 ♠ Karaoke Happy Hour</p> <p>6:00 ♠ In Old California (Prime)</p>	<p>10:00 ♥ Walking Group</p> <p>10:30 ♣ Sabbath with Rabbi (CH. 97)</p> <p>11:00 ♠ Dominoes</p> <p>2:30 ♠ Board Games</p> <p>3:00 ♠ Snacks and Socialize</p> <p>7:00 ♠ Lawrence Welk (WXXI)</p>
<p>10:30 ♥ Move and Groove</p> <p>11:30 ♣ Name that Tune</p> <p>1:00 ♠ Midday Matinee</p> <p>3:30 ♥ Laps at the Lodge</p> <p>6:00 ♠ Morning Glory (Netflix)</p> <p>7:00 ♠ America's Funniest Home Videos (ABC)</p>	<p>10:30 ♠ Giant Jenga</p> <p>11:30 ♠ Puzzles</p> <p>1:30 ♦ Jeopardy</p> <p>2:30 ♠ Adult Coloring</p> <p>3:45 ♥ Tai Chi</p> <p>6:30 ♥ Walking Group</p> <p>8:15 ♠ Buffalo Bills vs 49ers (CBS)</p>	<p>10:30 ♠ Trivia with Staff</p> <p>11:00 ♠ Creative Coloring</p> <p>1:30 ♥ Happy Feet</p> <p>2:30 ♠ Smoothie Social</p> <p>3:30 ♠ Holiday Cards For Staff</p> <p>6:00 ♠ Residents Choice</p>	<p>10:00 ♠ Nail Care</p> <p>11:30 ♣ Garden Club</p> <p>1:30 ♥ Moment of Meditation</p> <p>2:00 ♠ Holiday Card Making</p> <p>3:00 ♠ Dominoes</p> <p>6:00 ♠ There's No Business like Show Business (Prime)</p> <p>8:00 ♠ The Masked Singer (Fox)</p>	<p>10:30 ♥ Light Stretching</p> <p>11:00 ♠ Mandalas</p> <p>1:30 ♠ Legends in Concert</p> <p>2:30 ♠ Hot Chocolate &amp; Cookies</p> <p>4:00 ♥ Walking Group</p> <p>6:00 ♠ Residents Choice</p> <p><b>Chanukah Begins at Sundown</b></p>	<p>10:30 ♥ Walking Group</p> <p>11:30 ♠ Kan Jam</p> <p>1:30 ♠ Family Feud</p> <p>2:00 ♠ Name 25: Singers</p> <p>3:00 ♠ Karaoke Happy Hour</p> <p>6:00 ♠ Prom (Netflix)</p> <p><b>Chanukah Day 2</b></p>	<p>10:00 ♥ Walking Group</p> <p>10:30 ♣ Sabbath with Rabbi (CH. 97)</p> <p>11:00 ♠ Jeopardy</p> <p>2:30 ♠ Snacks and Socializing</p> <p>3:00 ♠ Uno</p> <p>7:00 ♠ Lawrence Welk (WXXI)</p> <p><b>Chanukah Day 3</b></p>
<p>10:30 ♥ Move and Groove</p> <p>11:30 ♣ Name that Tune</p> <p>1:00 ♠ Midday Matinee</p> <p>3:30 ♥ Laps at the Lodge</p> <p>6:00 ♠ My Best Friend's Wedding (Netflix)</p> <p>8:15 ♠ Buffalo Bills vs Steelers (CBS)</p> <p><b>Chanukah Day 4</b></p>	<p>10:30 ♠ Holiday Cards for Veterans</p> <p>1:30 ♦ Jeopardy</p> <p>2:30 ♠ Adult Coloring</p> <p>3:45 ♥ Tai Chi</p> <p>6:30 ♥ Walking Group</p> <p>8:00 ♠ A Doll's House (Prime)</p> <p><b>Chanukah Day 5</b></p>	<p>10:30 ♠ Trivia with Staff</p> <p>11:00 ♠ Crosswords</p> <p>1:30 ♥ Happy Feet</p> <p>2:30 ♠ Smoothie Social</p> <p>3:30 ♠ Travel Tales</p> <p>6:00 ♠ Residents Choice</p> <p><b>Chanukah Day 6</b></p>	<p>10:00 ♠ Nail Care</p> <p>11:30 ♣ Garden Club</p> <p>1:30 ♥ Moment of Meditation</p> <p>2:00 ♠ Holiday Art</p> <p>3:00 ♠ Hot Chocolate Bar</p> <p>6:00 ♠ The Amazing Adventure (Prime)</p> <p>8:00 ♠ The Masked Singer (Fox)</p> <p><b>Chanukah Day 7</b></p>	<p>10:30 ♥ Light Stretching</p> <p>11:00 ♠ Winter Bird Watching</p> <p>1:30 ♠ Junk Drawer Detective</p> <p>2:30 ♠ Cookie Decorating</p> <p>4:00 ♥ Walking Group</p> <p>6:00 ♠ Residents Choice</p> <p><b>Chanukah Day 8</b></p>	<p>10:30 ♥ Walking Group</p> <p>11:30 ♠ Family Feud</p> <p>1:30 ♠ Table Decorations</p> <p>2:00 ♠ The Nutcracker</p> <p>3:00 ♠ Karaoke Happy Hour</p> <p>6:00 ♠ Blondie (Prime)</p> <p><b>Chanukah Ends at Sundown</b></p>	<p>10:00 ♥ Walking Group</p> <p>10:30 ♣ Sabbath with Rabbi (CH. 97)</p> <p>11:00 ♠ Dominoes</p> <p>2:30 ♠ Floral Arrangements</p> <p>4:30 ♠ Buffalo Bills vs Broncos (CBS)</p> <p>7:00 ♠ Lawrence Welk (WXXI)</p>
<p>10:30 ♥ Move and Groove</p> <p>11:30 ♣ Name that Tune</p> <p>1:00 ♠ Midday Matinee</p> <p>3:30 ♥ Laps at the Lodge</p> <p>6:00 ♠ It's a Wonderful Life (Prime)</p> <p>7:00 ♠ America's Funniest Home Videos (ABC)</p>	<p>10:30 ♠ Dominoes</p> <p>11:30 ♠</p> <p>1:30 ♦ Jeopardy</p> <p>2:30 ♠ Adult Coloring</p> <p>3:45 ♥ Tai Chi</p> <p>6:30 ♥ Walking Group</p> <p>8:00 ♠ Brewster's Millions (Prime)</p>	<p>10:30 ♠ Floor Bowling</p> <p>11:00 ♠ Giant Jenga</p> <p>1:30 ♥ Happy Feet</p> <p>2:30 ♠ Smoothie Social</p> <p>3:30 ♠ Mind Joggers</p> <p>6:00 ♠ Residents Choice</p>	<p>10:00 ♠ Nail Care</p> <p>11:30 ♣ Garden Club</p> <p>1:30 ♥ Moment of Meditation</p> <p>2:00 ♠ Holiday Karaoke</p> <p>3:00 ♠ Hot Chocolate Bar</p> <p>6:00 ♠ Made for Each Other (Prime)</p>	<p>10:30 ♥ Light Stretching</p> <p>11:00 ♠ Mandalas</p> <p>1:30 ♠ Legends in Concert</p> <p>2:30 ♠ Holiday Party</p> <p>4:00 ♥ Walking Group</p> <p>6:00 ♠ Residents Choice</p>	<p>10:30 ♥ Walking Group</p> <p>1:30 ♠ Holiday Film</p> <p>3:00 ♠ Holiday Happy Hour</p> <p>6:00 ♠ Topper Returns (Prime)</p> <p><b>Christmas Day</b></p>	<p>10:00 ♥ Walking Group</p> <p>10:30 ♣ Sabbath with Rabbi (CH. 97)</p> <p>11:00 ♠ Jeopardy</p> <p>2:30 ♠ True or False</p> <p>3:00 ♠ Table Topics</p> <p>7:00 ♠ Lawrence Welk (WXXI)</p>
<p>10:30 ♥ Move and Groove</p> <p>11:30 ♣ Name that Tune</p> <p>1:00 ♠ Midday Matinee</p> <p>3:30 ♥ Laps at the Lodge</p> <p>6:00 ♠ Residents Choice</p> <p>7:00 ♠ America's Funniest Home Videos (ABC)</p> <p>8:00 ♠ The Masked Singer (Fox)</p>	<p>10:00 ♠ Pictures and Portraits</p> <p>1:30 ♦ Jeopardy</p> <p>2:30 ♠ Adult Coloring</p> <p>3:45 ♥ Tai Chi</p> <p>6:30 ♥ Walking Group</p> <p>8:00 ♠ Buffalo Bills vs Patriots (CBS)</p>	<p>10:30 ♠ Word Searches</p> <p>11:00 ♠ Kan Jam</p> <p>1:30 ♥ Happy Feet</p> <p>2:30 ♠ Smoothie Social</p> <p>3:30 ♠ Pastel Art</p> <p>6:00 ♠ Residents Choice</p>	<p>10:00 ♠ Nail Care</p> <p>11:30 ♣ Garden Club</p> <p>1:30 ♥ Moment of Meditation</p> <p>2:00 ♠ Snowman Scavenger Hunt</p> <p>3:00 ♠ Hot Chocolate Bar</p> <p>6:00 ♠ Innocent in Paris (Prime)</p>	<p>10:30 ♥ Light Stretching</p> <p>11:00 ♠ Ball Toss</p> <p>1:30 ♠ Legends in Concert</p> <p>2:30 ♠ NYE Treats</p> <p>4:00 ♥ Walking Group</p> <p>6:00 ♠ Residents Choice</p>		