August 2021

WOLK MANOR

♫ Music ♥ Health ☀ Outings ♠ Fun
♣ Inspiration ♦ Education ∞ Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 8:00 ∞ Catholic Mass – Resident TV Channel 8 10:30 ♥ Healing Exercise – GR 2:00 ♠ Movie: Newer - GR 6:30 ♠ Movie: Sci-Fi – GR	**2** 10:30 ♫ Sing-Along with Joe – GR 2:00 ♦ Find the Word! - GR 3:30 ♥ Garden Club – CK 6:30 ♠ Bingo with Nancy – GR	**3** 10:30 ♥ Exercise - GR 2:00 ♣ Painting Class 101 – GR 3:30 ♥ Tai Chi with Carm - GR 6:30 ♠ Movie: Action - GR	**4** 10:30 ♥ Exercise - GR 2:00 ♦ Euchre Players Club - GR 3:30 ♠ What's Your Favorite Park w/ Cool Treats – Out Front 6:30 ♠ Film: Award Winner - GR	**5** 9:45 ∞ Catholic Rosary with Deacon Jeff - GR 10:30 ♥ Exercise - GR 2:00 ♫ Music with Lukus Wells-GR Piano & Vcvals 3:15 ♣ Clay Class – AR 6:30 ♠ Movie - GR	**6** 10:30 ♥ Exercise - GR 1:30 ☀ **Depart for Scenic Ride: Olmstead Park** Sign up in the Event Book 3:30 ∞ Shabbat Prayers with Pauline – GR 6:30 ♠ Friday Night Flick - GR	**7** 10:30 ∞ Sabbath Service with Rabbi Rubenstein - Video on Channel 97 2:00 ♠ Movie: Baseball - GR 6:30 ♠ Movie: Comedy - GR
8 8:00 ∞ Catholic Mass – Resident TV Channel 8 10:30 ♥ Healing Exercise – GR 2:00 ♠ Movie: Female lead - GR 6:30 ♠ Movie: Male lead – GR	**9** 10:30 ♫ Sing-Along with Joe - GR 2:00 ♠ Bingo – GR 3:15 ♣ Clay Class - AR 6:30 ♦ Documentary – GR	**10** 10:30 ♥ Exercise - GR 2:00 ♣ Painting Class 101 – GR 3:30 ♥ Tai Chi with Carm - GR 6:30 ♠ Movie - GR	**11** 10:30 ♥ Exercise - GR 2:00 ♠ **Happy Hour - August Birthdays Ice Cream Sundaes! Sum. Patio- Meet Near Wolk DR** 3:30 ♦ Play Jeopardy – GR National Parks Edition 6:30 ♠ Film: Elvis Pt. 1 on The Ed Sullivan Show - GR	**12** 9:45 ∞ Catholic Rosary with Deacon Jeff - GR 10:30 ♥ Exercise – GR 1:45 ∞ Healing Prayers w/ Rabbi Rubenstein – Video in GR 3:00 ♦ **WOLK MANOR TOWN HALL – GR** 6:30 ♠ Film: Elvis on The Ed Sullivan Show Pt. 2 - GR	**13** 10:30 ♥ Exercise – GR 2:00 ♫ Larry Shearer Lecture: Movie Theme Music - GR 3:30 ∞ Shabbat Prayers with Pauline – GR 6:30 ♠ Friday Night Flick - GR	**14** 10:30 ∞ Sabbath Service with Rabbi Rubenstein - Video on Channel 97 2:00 ♠ Movie: Elvis - GR 6:30 ♠ Movie: - GR
15 8:00 ∞ Catholic Mass – Resident TV Channel 8 10:30 ♥ Healing Exercise – GR 2:00 ♠ Film: Elvis on The Ed Sullivan Show Pt. 3 - GR 6:30 ♠ Movie: 2000s – GR	**16** 10:30 ♫ Sing-Along with Joe – GR 2:00 ♣ Lecture & Animal Demo From Seneca Park Zoo – GR 3:30 ♥ Garden Club – CK 6:30 ♠ Bingo with Nancy – GR	**17** 10:30 ♥ Exercise - GR **LUNCH** ♠ in Wolk Dining Rooms **Beach Theme Picnic Lunch** 2:00 ♫ Beach Music with Jeff Elliot - GR Guitar & Vocals 3:30 ♥ Tai Chi with Carm - GR 6:30 ♫ Music with Ashlen – GR Piano, Guitar, Vocals	**18** 10:30 ♥ Exercise - GR 2:00 ♠ **Happy Hour Music with Bob Lyna Summit Patio: Meet Near Wolk DR** 3:30 ♦ Euchre Players Club - GR 6:30 ♠ Movie: - GR	**19** 9:45 ∞ Catholic Communion with Deacon Jeff - GR 10:30 ♥ Exercise - GR 2:00 ♫ Name That Tune – GR with John Williams 3:30 ♠ Root Beer Floats & Friends – Out Front 6:30 ♦ Crossword Program – GR With Larry Shearer	**20** 10:30 ♥ Exercise -GR 12:00 ♠ **Lunch at Sum. Patio – Meet Near Wolk DR** 1:30 ☀ **Depart for Scenic Ride: Marvelous Mendon** Sign up in the Event Book 3:30 ∞ Shabbat Prayers with Pauline – GR 6:30 ♠ Friday Night Flick - GR	**21** 10:30 ∞ Sabbath Service with Rabbi Rubenstein - Video on Channel 97 2:00 ♠ Movie: Comedy - GR 6:30 ♠ Movie: : - GR
22 8:00 ∞ Catholic Mass – Resident TV Channel 8 10:30 ♥ Healing Exercise – GR 2:00 ♠ Movie: Oldie - GR 6:30 ♠ Movie: 1990s – GR	**23** 10:30 ♫ Sing-Along with Joe - GR 2:00 ♠ Bingo – GR 3:30 ♥ Garden Club – CK 6:30 ♦ Documentary – GR	**24** 10:30 ♥ Sit & Stretch - GR 2:00 ♣ Painting Class 101 – GR 3:30 ♥ Tai Chi with Carm - GR 6:30 ♠ Movie: - GR	**25** 10:30 ♥ Healing Exercise - GR 2:00 ∞ Bible with a Backbeat – GR High Holy Days With Rabbi Rubenstein 3:30 ♫ Tunes with Donna – GR 6:30 ♠ Movie: Resident Pick - GR	**26** 9:45 ∞ Catholic Rosary with Deacon Jeff - GR 10:30 ♥ Sit & Stretch - GR 2:45 ♣ Travelogue – GR Beth Brancato: Eats in Rochester 6:30 ♠ Movie - GR	**27** 10:30 ♥ Healing Exercise – GR 2:00 ♫ Larry Shearer Lecture: Ricky Nelson - GR 3:30 ∞ Shabbat Prayers with Pauline – GR 6:30 ♠ Friday Night Flick - GR	**28** 10:30 ∞ Sabbath Service with Rabbi Rubenstein - Video on Channel 97 2:00 ♠ Movie - GR 6:30 ♠ Movie: Action: - GR
29 8:00 ∞ Catholic Mass – Resident TV Channel 8 10:30 ♥ Healing Exercise – GR 2:00 ♫ Music with Allen Hopkins - GR Guitar & Vocals 6:30 ♠ Movie: Action – GR	**30** 10:30 ♫ Sing-Along with Joe - GR 2:00 ♠ Bingo – GR 3:30 ♥ Garden Club – CK 6:30 ♦ Documentary – GR	**31** 10:30 ♥ Sit & Stretch - GR 2:00 ♣ Painting Class 101 – GR 3:30 ♥ Tai Chi with Carm – GR : 6:30 ♠ Movie: Resident Choice - GR				

"What a country chooses to save is what a country chooses to say about itself." **Mollie Beatty –** *Director of U.S. Fish and Wildlife Service*

RESIDENT TV CHANNEL 97
Wolk Manor Announcements
> Daily Activities Info
> Daily Progressive Bingo No.
> Community Info
> Outings and Program Info

Wolk Manor Concierge
585-341-2345

Programs Can Change
Check Daily Info or TV Ch. 97

Event Book - Near Front Desk
Location: GR - Great Room
CK - Country Kitchen
DR - Dining Room
Out Front - Outside Front Desk
SP – Summit Patio
AR – Art Room
Grill – Summit Non-Kosher Dining

Judy Scott – Activities Coordinator Wolk Manor Assisted Living, 4000 Summit Circle Drive Rochester, NY 14618 jscott@jewishseniorlife.org 585-341-2356