



December 2021 The Lodge at Wolk Manor



🎵 Music ❤️ Health ☀️ Outings ♠️ Fun
 ♣️ Inspiration ♦️ Education ∞ Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			10:00 ❤️ Exercise 10:45 ♠️ Ball Pass 1:00 ♠️ BINGO 2:00 ♣️ Star of David Craft 3:00 🎵 Music with Veronica 4:15 ∞ Light the Menorah 6:00 ♠️ Movie of Choice Chanukah Day 4	10:00 ❤️ Exercise 10:45 ♠️ Bean Bag Toss 1:00 ♣️ Menorah Craft 2:00 ♠️ Social Latkes 3:30 ♦️ Beth/Travelogue 4:15 ∞ Light the Menorah 6:00 ♠️ Me TV or TCM Chanukah Day5	10:00 ❤️ Lodge Laps 10:45 ♣️ Menorah Craft Continued 1:00 ♠️ Social Brownies 2:00 🎵 Music/Gary Murphy 3:00 ∞ The Dreidel Game 4:15 ∞ Light the Menorah 6:00 ♠️ BINGO Chanukah Day6	10:30 ∞ Sabbath Service with Rabbi Rubenstein Video on Channel 97 1:00 ♠️ Nail Care 2:00 🎵 Slide by side Music 3:00 ❤️ Stretch and Exercise 4:15 ∞ Light the Menorah Chanukah Day7
10:30 ∞ Catholic Mass – Channel 97 video 1:00 ❤️ Healing Exercise 2:00 ♠️ Snack 3:00 ♠️ Holiday Movie 4:14 ∞ Light the Menorah 6:00 ♠️ Movie Madness Chanukah Day 8	10:30 🎵 Sing w/Joe at the Wolk 1:00 ♣️ Dreidel Craft 2:00 ♠️ Social Chocolate Candies 3:00 ♠️ BINGO 6:00 ♠️ Ball or Bowling Game Chanukah Ends	10:30 🎵 Name that Tune/John W 1:00 ♠️ Snowflake Craft 2:00 ♠️ Social Sugar Cookies 2:30 ♦️ Remember Pearl Harbor 3:30 ♣️ Painting Class 6:00 ♠️ Therapeutic coloring	10:00 ❤️ Exercise 10:45 ♠️ Snowman Stories 1:00 ♠️ Snowman Craft 2:00 ♠️ 6 Tally Dice Game 3:00 🎵 Music/ Melinda 6:00 🎵 Sing w/Joe	10:30 🎵 Name that tune/John W 1:00 ♠️ Tree Craft 2:00 ♠️ Social Tree Cakes 3:00 ♠️ Winter Stories 6:00 🎵 Music w/Ashlen	10:00 ❤️ Move and Groove 10:45 ♠️ Bean Bag Toss 1:00 ☀️ Scenic Ride 2:00 ♠️ Social Cheese & Crackers 3:00 ♦️ Winter Happenings RMSC 6:00 ♠️ Hallmark Movie	10:30 ∞ Sabbath Service with Rabbi Rubenstein Video on Channel 97 1:00 ♠️ Bean Bag Pass 2:00 ♠️ BINGO 3:00 ❤️ Stretch and Exercise 6:00 ♠️ Hallmark Channel
10:30 ∞ Catholic Mass – Channel 97 video 1:00 ❤️ Move and Groove 2:00 ♠️ Snack 3:00 ♠️ Holiday Movie 6:00 ♠️ Playing card BINGO	10:30 🎵 Sing w/Joe at the Wolk 1:00 ♠️ BINGO 2:00 ♠️ Don't Melt the Snowman Game 3:00 🎵 Music/Melinda 6:00 ♠️ Pass the Bean Bag	10:00 ❤️ Move and Groove 10:45 ♠️ Ball Pass 1:00 ♠️ Twister DiscToss 2:00 ♠️ Social Hot Coco 2:30 ♣️ Snowflake Snip Art 3:30 ♣️ Painting Class 6:00 ♠️ Movie and Snacks	10:00 ❤️ Move and Groove 10:45 ♠️ Mitten Stories 1:00 ♣️ Decorate a Mitten 2:00 ♠️ Social Brownies 3:00 🎵 Music with/Veronica 6:00 ♠️ Winter Movie	10:00 ❤️ Exercise 10:45 ♠️ Twister Disc Toss 1:00 🎵 Sing Winter Songs 2:00 ♠️ Social Hostess Snow Balls 3:00 ♦️ Beethoven the Man and His music 6:30 ☀️ Scenic Ride/Lights	10:00 ❤️ Move and Groove 10:45 ♠️ Bowling 1:00 ♠️ Picture Bingo 2:00 🎵 Music/Allen Hopkins 3:00 ♠️ Social Peach Cobbler 6:00 ♠️ TCM or ME TV	10:30 ∞ Sabbath Service with Rabbi Rubenstein Video on Channel 97 1:30 ❤️ Walk or Exercise 2:00 🎵 Slide by side Music 3:00 ♠️ Movie: Comedy 7:00 🎵 Lawrence Welk
10:30 ∞ Catholic Mass – Channel 97 Video 10:30 ❤️ Stretching 1:15 /2:00 ♠️ Movie Musical 3:00 ♠️ Therapeutic Coloring 6:00 ♠️ Movies and Light snack	10:30 🎵 Sing w/Joe at the Wolk 1:00 ♦️ it's a Wonderful Life Trivia 2:00 ♠️ Social Beagles/Cream Cheese 3:00 🎵 Music/ Steve Petrovich 6:00 ♠️ Holiday feel good Movie	10:00 ❤️ Exercise 10:45 ♦️ 50 reasons to Love Winter 1:00 ♠️ Toss the Snowball 2:00 ♠️ Social Snowball Cookies 3:00 🎵 Music w/Veronica 6:00 ♠️ Nail Care and Music First Day of Winter	10:00 ❤️ Move and Groove 10:45 ♠️ Bean Bag Toss 1:00 ♠️ Amazing Lights/You Tube 2:00 ♠️ Board or Card Game 3:30 🎵 Music/ George DeMott 6:00 ♠️ TCM or Hallmark	10:00 ❤️ Exercise 10:45 ♠️ Winter Poems and Stories 1:00 ♠️ Pass the Snowball Game 2:30 ♦️ Zoo Mobile 3:00 ♣️ Sensory/Seasonal Scents 6:00 ♠️ Netflix Holiday Movies	10:00 ❤️ Lodge Laps 10:45 ♠️ Reminiscing about Traditions 1:00 🎵 Music w/Veronica 2:00 ♠️ Egg Nog/ Ginger Snap Social 3:00 ♠️ Netflix or Hallmark Movie 6:00 ♠️ Festive Movies	10:00 ♠️ Holiday Parade or Pervious years one on You Tube from Disney 1:00 ♠️ Netflix A Princess Story 2:00 ♠️ Social Light Snacks 3:00 🎵 Festive Music & BINGO 6:00 ♠️ Netflix: A Boy Named Christmas
10:30 ∞ Catholic Mass – Channel 97 Video From Our Lady Queen of Peace 1:00 ❤️ Light Exercise 2:00-6:00 ♠️ Games and Movies	10:30 🎵 Sing w/Joe at the Wolk 1:00 ♠️ Snowball Pass Game 2:00 ♠️ Board Game 3:00 🎵 Music w/Melinda 6:00 ♠️ BINGO	10:00 ❤️ Move and Groove 10:45 ♠️ Bounce and Pass Ball 1:00 ♠️ Uno 2:00 Chocolate Chip Social 3:30 ♣️ Painting Class 6:00 ♠️ Nails and Spa Evening	10:00 ❤️ Exercise 10:45 ♠️ Bowling 1:00 ♠️ Board Game 2:00 ♠️ Chip and Dip Social 3:00 🎵 Music/Standard Time 6:00 ♠️ Feel Good Netflix Movie	10:00 ❤️ Exercise and Lodge Laps 10:45 ♠️ Pass The Bean Bag 1:00 ♠️ Winter Stories 2:00 ♦️ Winter Animals/You Tuibe 3:00 🎵 Music with/Veronica 6:00 ♠️ Board Games or 'BINGO	10:00 ❤️ Light Exercise 10:45 ♦️ New Year's Traditions 1:00 ♠️ Coffee, Coco & Conversation 200 ♠️ New Year's Eve Social 3:30 🎵 The Music of KTG 6:00 ♠️ Netflix Holiday Movies	All Activities are subject to change. Please check Daily Sheets JSL app for updates