



🎵 Music	💚 Health	☀️ Outings	♠️ Fun
♣️ Inspiration	♦️ Education	∞ Spirituality	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		RESIDENT TV CHANNEL 97 Wolk Manor Info. > Activities & Changes > Daily Progressive Bingo Nos. > Community Announcements Wolk Manor Concierge 585-341-2345	10:30 💚 Exercise - GR 1 2:00 ♠️ Chanukah Party – GR Maury Rosenberg on Piano 3:30 ♦️ Bridge Players Club – CK 4:15 ∞ Chanukah Candle Lighting Lead by Visitors - GR 6:30 ♠️ Movie – GR Lost in Space, Hulu, 1998 Chanukah Day 4	10:30 💚 Exercise – GR 2 2:15 ♣️ Travelogue – GR Beth Brancato: Festival of Lights 4:00 ∞ Catholic Rosary with Deacon Jeff – PDR 4:15 ∞ Chanukah Candle Lighting Lead by Visitors - GR 6:30 ♠️ Movie – GR True Grit, Hulu, 1969 Chanukah Day 5	10:30 💚 Exercise - GR 3 2:00 🎵 Classical Cello – GR Teresa Kubiak 3:30 ∞ Chanukah Candle Lighting & Shabbat Prayers with Pauline – GR 6:30 ♠️ Movie – GR Dances with Wolves, Netflix, 1990 Chanukah Day 6	10:30 ∞ Sabbath Service 4 with Rabbi Rubenstein - Video on Channel 97 2:00 🎵 Music with Lukus – GR Vocals & Piano 4:15 ∞ Menorah Lighting - GR 6:30 ♠️ Movie - GR Diana the Musical, Netflix 2021 Chanukah Day 7
8:00 ∞ Catholic Mass – 5 Resident TV Channel 8 10:30 💚 Healing Exercise – GR 2:00 ♠️ Movie: Hail Caesar – GR Netflix, Comedy 2016 4:15 ∞ Chanukah Candle Lighting With Volunteers - GR 6:30 ♠️ Movie: Res. Pick – GR Chanukah Day 8	10:30 🎵 Sing-Along w/ Joe -GR 6 2:00 ♦️ Aging & Nutrition Lecture with Justeena - GR 3:15 ♣️ Clay Class w/ Barb – AR 6:30 ♦️ Documentary – GR Audrey, 2021, Netflix Chanukah Ends at Sundown	10:30 💚 Exercise - GR 7 2:00 ♣️ Painting Class 101 – GR 3:30 💚 Tai Chi with Carm - GR 3:30 ♠️ Cocoa Social - CK 6:30 🎵 Music with Mark - GR	10:30 💚 Exercise – GR 8 2:00 ♠️ Bingo – GR 3:30 ♠️ Euchre Players Club – GR 6:30 ♠️ Movie – GR Racing with the Moon 1984, Hulu	10:30 💚 Exercise - GR 9 2:00 🎵 Dean Martin Special – GR 3:00 ♦️ WOLK MANOR TOWN HALL – GR 4:00 ∞ Catholic Rosary - PDR 6:15 ☀️ Depart for Scenic Ride: Holiday Lights Sign up in the Event Book 6:30 ♠️ Movie: Res. Pick - GR	10:30 💚 Exercise – GR 10 2:00 🎵 Larry Shearer Lecture: John Denver - GR 3:30 ∞ Shabbat Prayers with Pauline – GR 6:30 ♠️ Movie – GR Under the Eiffel Tower 2018, Netflix	10:30 ∞ Sabbath Service 11 with Rabbi Rubenstein - Video on Channel 97 2-4 🎵 Jack's Jazz Jammers - GR 6:30 ♠️ Film, Netflix - GR Steve Martin & Martin Short Comedy Special, 2018
8:00 ∞ Catholic Mass – 12 Resident TV Channel 8 10:30 💚 Healing Exercise – GR 2:00 ♠️ Classical Piano – GR Ivanka Driankova 6:30 ♠️ Movie – GR Aliens, DVD, 1986	10:30 🎵 Sing-Along w/ Joe - GR 13 2:00 ♦️ Christopher Bensch Lecture: A Curator's Day at The Strong - GR 3:15 ♣️ Clay Class w/ Barb - AR 6:30 ♦️ Documentary – GR The Worst Thing that Ever Could Have Happened, 2016, Netflix	10:30 💚 Exercise - GR 14 12:00 ♠️ Lunch from a Local Restaurant – CK Sign up in Event Book 2:00 ♣️ Painting Class 101 – GR 3:30 💚 Tai Chi with Carm - GR 6:30 🎵 Music with Mark - GR	10:30 💚 Exercise - GR 15 2:00 ♣️ Seneca Park Zoo Lecture & Animals - GR 3:30 ♠️ Euchre Players Club – GR 6:30 ♠️ Movie – GR The Quiet Man 1952, Hulu	10:30 💚 Exercise - GR 16 2:00 ∞ Jewish Education - GR With Silvana 3:30 ♦️ Activities Mtg. – GR 4:00 ∞ Catholic Communion with Deacon Jeff - PDR 6:30 ♠️ Crosswords - GR with Larry Shearer Solve It Together!	10:30 💚 Exercise - GR 17 1:15 ☀️ Depart for Scenic Ride: Genesee Valley Park Sign up in the Event Book 1:30 🎵 Music Documentary – GR 3:30 ∞ Shabbat Prayers with Pauline – GR 6:30 ♠️ Movie, Netflix – GR Olympus has Fallen, 2019	10:30 ∞ Sabbath Service 18 with Rabbi Rubenstein - Video on Channel 97 2:00 🎵 John Williams – GR Plays Piano 6:30 ♠️ Movie - GR Indiana Jones DVD
8:00 ∞ Catholic Mass – 19 Resident TV Channel 8 10:30 💚 Healing Exercise – GR 2:00 ♠️ Film – GR The Saint, 2017, Netflix 6:30 ♠️ Film, DVD – GR Metropolitan Opera Don Carlo, 1983	10:30 🎵 Sing-Along w/ Joe - GR 20 2:00 ♣️ Seneca Park Zoo Lecture & Animals - GR 3:30 ♠️ Coffee Social - CK 6:30 ♦️ Documentary – GR The Quiet One Bill Wyman Bio, Hulu, 2019	First Day of Winter 21 10:30 💚 Exercise - GR 2:00 ♣️ Painting Class 101 – GR 3:30 💚 Tai Chi with Carm - GR 6:30 🎵 Music with Ashlen – GR Vocals, Piano, Guitar	10:30 💚 Exercise - GR 22 2:00 ♠️ Christmas and Dec. Birthday Party – GR Music by George DeMott 3:30 ♦️ Bridge Players Club – CK 6:30 ♠️ Movie – GR Buffalo Bill & the Indians Hulu, 1976 Paul Newman Comedy	10:30 💚 Exercise – GR 23 2:00 ♦️ RMSC Presents: Rochester Winters in History Eron Damercy - GR 4:00 ∞ Catholic Rosary with Deacon Jeff - PDR 6:30 ♠️ Movie – GR Crazy Heart, Hulu, 2009	10:30 💚 Healing Exercise – GR 24 2:00 🎵 Larry Shearer Lecture: Hoagy Carmichael - GR 3:30 ∞ Shabbat Prayers with Pauline – GR 6:30 ♠️ Movie, Netflix, 2018 – GR A Christmas Prince: A Royal Wedding	Christmas Day 25 10:30 ∞ Sabbath Service with Rabbi Rubenstein - Video on Channel 97 2:00 ♠️ Movie: Netflix– GR White Christmas, 1954 6:30 ♠️ Movie - GR A Castle for Christmas Netflix, 2021
8:00 ∞ Catholic Mass – 26 Resident TV Channel 8 10:30 💚 Healing Exercise – GR 1:00 ♠️ NFL Football CBS – GR Bills @ Patriots, Res. TV Ch. 8 6:30 ♠️ Movie – GR Hampstead, 2019, Netflix	10:30 🎵 Sing-Along with Joe - GR 27 2:00 ♠️ Bingo – GR 3:30 ♠️ Tea Social - CK 6:30 ♦️ Documentary – GR In Search of Greatness 2018, Hulu, Sports Athletes	10:30 💚 Exercise - GR 28 2:00 ♣️ Painting Class 101 – GR 3:30 💚 Tai Chi with Carm - GR 6:30 🎵 Music with Mark - GR	10:30 💚 Exercise - GR 29 2:00 ∞ Bible with a Backbeat – GR With Rabbi Rubenstein All are welcome! 3:30 🎵 Tunes with Donna – GR 6:30 ♠️ Movie - GR Dog Days, Hulu, 2018	10:30 💚 Exercise – GR 30 2:00 ♠️ Group Jeopardy 0 GR 3:15 ♣️ Clay Class w/ Barb - AR 4:00 ∞ Catholic Rosary with Deacon Jeff - PDR 6:30 ♠️ Movie – GR Cinderella Story 2004, Netflix	2:00 🎵 New Year's Eve Party With KTG Jazz Trio - GR 3:30 ∞ Shabbat Prayers with Pauline – GR 6:30 ♠️ Movie – GR When Harry Met Sally 1989, DVD	Programs Can Change Check Daily Info or TV Ch. 97 Event Book - Near Front Desk Location: GR - Great Room CK - Country Kitchen DR - Dining Room AR – Art Room PDR – Private Dining Rm