



Music  
 Health  
 Outings  
 Fun  
 Inspiration  
 Education  
 Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
				<p><b>Wolk Manor Info.</b>  <b>Resident TV Channel</b>  <b>CHANNEL 97</b>                      &gt; Activities &amp; Changes                      &gt; Daily Progressive Bingo Nos.                      &gt; Community Announcements</p> <p><b>Wolk Manor Concierge</b>                      585-341-2345</p>		<p><b>Programs Can Change</b>  <b>Check Daily Info or TV Ch. 97</b>                      Event Book - Near Front Desk</p> <p><b>Location Key:</b>                      GR - Great Room                      CK - Country Kitchen                      DR - Dining Room                      AR - Art Room                      PDR - Private Dining Rm</p>	
<p><b>2</b></p> <p>8:00 ∞ Catholic Mass – Resident TV Channel 8                      10:30 ♥ Healing Exercise – GR                      2:00 ♠ Movie: Netflix, 2017 - GR                      Agatha Christy's Crooked House                      6:30 ♠ Movie: Netflix – GR                      Miss Sloane, 2016</p>	<p><b>3</b></p> <p>10:30 🎵 Sing-Along with Joe - GR                      2:00 ♠ Bingo – GR                      3:30 ♠ Tea &amp; Trivia - CK                      6:30 ♦ Documentary – GR                      The Last Block-Buster                      Netflix, 2020</p>	<p><b>4</b></p> <p>10:30 ♥ Exercise - GR                      2:00 ♣ Painting Class 101 – GR                      3:30 ♥ Tai Chi with Carm - GR                      6:30 ♠ Movie: Netflix - GR                      2013, Mandela –                      A long Walk to Freedom</p>	<p><b>5</b></p> <p>10:30 ♥ Exercise - GR                      2:00 🎵 January Birthdays                      Happy Hour – GR                      Music with Ernesto Labella                      3:30 ♦ Euchre Players Club - GR                      6:30 ♠ Movie: Netflix – GR                      My Fair Lady, 1964                      Pt. 1</p>	<p><b>6</b></p> <p>10:30 ♥ Healing Exercise – GR                      2:00 ♠ Group Jeopardy - GR                      4:00 ∞ Catholic Communion                      with Deacon Jeff – PDR                      6:30 ♠ Movie: Netflix – GR                      My Fair Lady, 1964                      Pt. 2</p>	<p><b>7</b></p> <p>10:30 ♥ Exercise - GR                      1:15 ☀️ <b>Depart for Scenic Ride:</b>  <b>Rochester Architecture</b>                      Sign up in the Event Book                      1:30 🎵 Elvis Music Video – GR                      3:30 ∞ Shabbat Prayers                      with Pauline – GR                      6:30 ♠ Movie: Netflix – GR                      Don't Look Up, 2021</p>	<p><b>1</b></p> <p><b>New Year's Day</b>                      10:30 ∞ Sabbath Service                      with Rabbi Rubenstein                      - Video on Channel 97                      2:00 ♠ Movie: Netflix– GR                      The Darkest Hour, 2017                      Churchville, WWII                      6:30 ♠ Movie: Netflix - GR                      Self/Less, 2015</p>	
<p><b>9</b></p> <p>8:00 ∞ Catholic Mass – Resident TV Channel 8                      10:30 ♥ Healing Exercise – GR                      2:00 🎵 Music: John Williams - GR                      Name That Tune!                      6:30 ♠ Movie: Netflix – GR                      The American, 2010                      George Clooney</p>	<p><b>10</b></p> <p>10:30 🎵 Sing-Along with Joe - GR                      2:00 ♠ Bingo – GR                      3:15 ♣ Clay Class with Barb - AR                      6:30 ♦ Documentary – GR                      Steal a Pencil for Me                      Netflix, 2006</p>	<p><b>11</b></p> <p>10:30 ♥ Exercise - GR                      12:00 ♠ <b>Lunch at The Grill</b>                      Sign up in the Event Book                      2:00 ♣ Painting Class 101 – GR                      3:30 ♥ Tai Chi with Carm – GR                      6:30 🎵 Music with Chaz – GR                      Ukulele, Banjo, Vocals</p>	<p><b>12</b></p> <p>10:30 ♥ Exercise - GR                      2:00 ♦ Lecture – GR                      Nutrition &amp; Joint Health                      3:30 ♠ Find the Words - GR                      6:30 ♠ Movie: Hulu – GR                      Don't Bother to Knock                      1952, Marilyn Monroe</p>	<p><b>13</b></p> <p>10:30 ♥ Exercise - GR                      2:00 🎵 Lawrence Welk Reunion-GR                      3:00 ♦ <b>WOLK MANOR</b>  <b>TOWN HALL – GR</b>                      4:00 ∞ Catholic Rosary – PDR                      With Deacon Jeff                      6:30 ♠ Movie: Hulu – GR                      Hattie Caulder, 1964, Raquel Welch</p>	<p><b>14</b></p> <p>10:30 ♥ Exercise – GR                      2:00 🎵 Larry Shearer Lecture:                      Patty Page - GR                      3:30 ∞ Shabbat Prayers                      with Pauline – GR                      3:30 ♠ Coffee &amp; Games - CK                      6:30 ♠ Movie: Netflix – GR                      Chocolat, 2000</p>	<p><b>15</b></p> <p>10:30 ∞ Sabbath Service                      with Rabbi Rubenstein                      - Video on Channel 97                      2:00 🎵 Music with                      Mike Kornrich - GR                      6:30 ♠ Movie: Netflix                      Walk, Ride Rodeo, 2019</p>	
<p><b>16</b></p> <p>8:00 ∞ Catholic Mass – Resident TV Channel 8                      10:30 ♥ Healing Exercise – GR                      2:00 🎵 Piano: Maury Rosenberg                      Fun Music! - GR                      6:30 ♠ Movie: Netflix – GR                      The Net, 1995</p>	<p><b>17</b></p> <p>10:30 🎵 Sing-Along with Joe - GR                      2:00 ♠ Bingo – GR                      3:15 ♠ Clay Class with Barb - AR                      6:30 ♦ Documentary – GR                      This Changes Everything                      Netflix, 2019</p>	<p><b>18</b></p> <p>10:30 ♥ Exercise - GR                      2:00 ♣ Painting Class 101 – GR                      3:30 ♠ Hot Cocoa Social - CK                      3:30 ♥ Tai Chi with Carm - GR                      6:30 ♠ Movie: Hulu - GR                      Niagara, 1953                      Marilyn Monroe</p>	<p><b>19</b></p> <p>10:30 ♥ Exercise - GR                      2:00 🎵 Happy Hour – GR                      Music with Maureen                      3:30 ♦ Euchre Players Club - GR                      6:30 ♠ Movie: Hulu – GR                      Days of Heaven, 1974</p>	<p><b>20</b></p> <p>10:30 ♥ Exercise - GR                      2:00 ∞ Jewish Education - GR                      With Silvana                      3:30 ♦ Activities Mtg. – GR                      4:00 ∞ Catholic Rosary                      with Deacon Jeff - PDR                      6:30 ♠ Crosswords - GR                      with Larry Shearer                      Solve It Together!</p>	<p><b>21</b></p> <p>10:30 ♥ Exercise – GR                      2:00 ♦ Lecture: Friends of Mount                      Hope Cemetery &amp; Holocaust                      Restoration with Marcia Birken - GR                      3:30 ∞ Shabbat Prayers                      with Pauline – GR                      6:30 ♠ Movie: Netflix – GR                      Little Italy, 2018</p>	<p><b>22</b></p> <p>10:30 ∞ Sabbath Service                      with Rabbi Rubenstein                      - Video on Channel 97                      2-4 🎵 Jack's Jazz                      Jammers - GR                      6:30 ♠ Movie: Netflix – GR                      Roped, 2020</p>	
<p><b>23</b></p> <p>8:00 ∞ Catholic Mass – Resident TV Ch. 8                      10:30 ♥ Healing Exercise – GR                      2:00 🎵 Music: Allen Hopkins - GR                      6:30 ♠ Movie: Res. Pick – GR</p>	<p><b>24</b></p> <p>10:30 🎵 Sing-Along - GR                      2:00 ♦ RMSC Lecture: Winter                      In Rochester w/ Eron Damercy-GR                      3:30 ♠ Gourmet Coffee Hour - CK                      6:30 ♦ Doc., Unstoppables – GR</p>	<p><b>25</b></p> <p>10:30 ♥ Exercise - GR                      12:00 ♠ <b>Lunch at The Grill</b>                      Sign up in the Event Book                      2:00 ♣ Painting Class 101 – GR                      3:30 ♥ Tai Chi with Carm - GR                      6:30 ♠ Movie: Hulu - GR                      Young Guns, 1988</p>	<p><b>26</b></p> <p>10:30 ♥ Exercise - GR                      2:00 ∞ Bible with a Backbeat – GR                      With Rabbi Rubenstein                      All are welcome!                      3:30 🎵 Tunes with Donna – GR                      6:30 ♠ Movie: Hulu - GR                      Michael Clayton, 2007                      George Clooney</p>	<p><b>27</b></p> <p>10:30 ♥ Exercise – GR                      2:00 ♠ Travelogue with                      Beth Brancato – GR                      3:30 ♠ Beer &amp; Popcorn - CK                      4:00 ∞ Catholic Rosary                      with Deacon Jeff - PDR                      6:30 ♠ Movie: Hulu – GR                      Dream Horse, 2020</p>	<p><b>28</b></p> <p>10:30 ♥ Exercise – GR                      2:00 🎵 Larry Shearer Lecture:                      Andy Williams - GR                      3:30 ∞ Shabbat Prayers                      with Pauline – GR                      6:30 ♠ Movie: Netflix – GR                      A Champion Heart, 2018</p>	<p><b>29</b></p> <p>10:30 ∞ Sabbath Service                      with Rabbi Rubenstein                      - Video on Channel 97                      2:00 🎵 Music with Tom &amp; Peg                      Guitar, Vocals,                      and Keyboards - GR                      6:30 ♠ Movie: Netflix – GR                      Friends with Money, 2006</p>	
<p><b>30</b></p> <p>8:00 ∞ Catholic Mass – Resident TV Ch. 8                      10:30 ♥ Healing Exercise – GR                      2:00 ♠ Movie: Res. Pick - GR                      6:30 ♠ Movie: Res. Pick – GR</p>	<p><b>31</b></p> <p>10:30 🎵 Sing-Along - GR                      2:00 🎵 Harp – Classical Duo - GR                      3:15 ♣ Clay Class with Barb – AR                      6:30 ♦ Doc. Clive Davis – GR</p>	<p>3:30 ♥ Tai Chi with Carm - GR                      6:30 ♠ Movie: Hulu - GR                      Young Guns, 1988</p>	<p>3:30 ♥ Tai Chi with Carm - GR                      6:30 ♠ Movie: Hulu - GR                      Young Guns, 1988</p>	<p>6:30 ♠ Movie: Hulu – GR                      Dream Horse, 2020</p>	<p>6:30 ♠ Movie: Netflix – GR                      A Champion Heart, 2018</p>	<p>6:30 ♠ Movie: Netflix – GR                      Friends with Money, 2006</p>	