

January 2023 The Summit at Brighton

Music
 Health
 Outings
 Fun
 Inspiration
 Education
 Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>1</p> <ul style="list-style-type: none"> 12:00 (DR) New Year's Brunch with A Taste of Jazz 7:15 (MPR) Movie: The Way We Were 	<p>2</p> <ul style="list-style-type: none"> 10:15 (MPR) Silver Sneakers CLASSIC 11:15 (MPR) Active Agers 2:00 (MPR) Series: Harry & Meghan 3:00 (CAR) Jewelry with Deb 7:00 (MPR) Bingo 8:30 (MPR) The Bills vs. The Bengals 	<p>3</p> <ul style="list-style-type: none"> 10:00 (MPR) Cardio Fit 11:00 (FR) Coffee and Conversation with Rabbi 11:15 (MPR) Silver Sneakers CLASSIC 12:30 (FR) Speakers Committee 2:00 (CAR) Art Class with Eleanor 3:00 (MPR) Broadway Bob Sagan 7:15 (MPR) John Angelo Vona 	<p>4</p> <p>Asara B'Tevet</p> <ul style="list-style-type: none"> 9:00 (MPR) Silver Sneakers CIRCUIT 10:00 (MPR) Silver Sneakers CLASSIC 11:00 (MPR) Yiddish with Phyllis 12:30 (FR) Activities Committee 3:00 (MPR) Food Forum 7:15 (MPR) Music Education with Larry: Larry's Most Entertaining Music Videos 	<p>5</p> <ul style="list-style-type: none"> 9:45 (MPR) Move & Groove w. Jenn 11:15 (MPR) JCC Yoga 2:30 (CAR) Studio Painting w. Eleanor 3:00 (FR) Twenty Questions 7:15 (MPR) Artist in Residence: Savannah Legg 	<p>6</p> <ul style="list-style-type: none"> 9:00 (FR) Balance Class w. Elise 10:00 (FR) Meditation with Marget 10:15 (MPR) Move & Groove Express 11:00 (MPR) Yoga with Marget 12:00 (MPR) Series: The Crown 1:00 (CB) Hot Chocolate Bar 2:00 (MPR) Boggle with Christine 4:30 (MPR) Shabbat Service 7:15 (MPR) Movie: The Book of Love 	<p>7</p> <ul style="list-style-type: none"> 11:15 (MPR) Active Agers 1:00 (MPR) Series: The Great British Baking Show 2:00 (MPR) Movie: Glass Onion 7:15 (MPR) Movie: About A Boy 	
<p>8</p> <ul style="list-style-type: none"> 12:00 (MPR) Series: The Sinner 7:00 (MPR) Bingo TBD (FR) The Bills vs. The Patriots 7:15 (MPR) Movie: While You Were Sleeping 	<p>9</p> <ul style="list-style-type: none"> 10:15 (MPR) Silver Sneakers CLASSIC 11:15 (MPR) Active Agers 1:00 (MPR) Sing-a-long with Joe 2:00 (MPR) Series: Harry & Meghan 3:30 (MPR) January Birthday Party 7:00 (MPR) Bingo 	<p>10</p> <ul style="list-style-type: none"> 10:00 (MPR) Cardio Fit 11:00 (FR) Coffee and Conversation with Rabbi 11:15 (MPR) Silver Sneakers CLASSIC 2:00 (CAR) Art Class with Eleanor 3:00 (FR) Out of the Box Thinking with Sheila Weinbach 7:15 (MPR) Casey Costello 	<p>11</p> <ul style="list-style-type: none"> 9:00 (MPR) Silver Sneakers CIRCUIT 10:00 (MPR) Silver Sneakers CLASSIC 11:00 (MPR) Yiddish with Phyllis 1:30 (MPR) Eleanor's short stories 3:00 (MPR) Cinema Circle 4:15 (FR) Hand & Hand w. Sinai 7:15 (MPR) Crosswords with Larry 	<p>12</p> <ul style="list-style-type: none"> 9:45 (MPR) Move & Groove w. Jenn 11:15 (MPR) JCC Yoga 1:30 <u>Strasenbergh Planetarium</u> 2:30 (CAR) Studio Painting w. Eleanor 3:00 (MPR) Wordle with Willis 6:30 <u>RPO: Juliana plays Mendelssohn</u> 7:00 (FR) Astronomy Club 7:15 (MPR) Jazz Vocalist: Ben Monacelli 	<p>13</p> <ul style="list-style-type: none"> 9:00 (FR) Balance Class w. Elise 10:00 (FR) Meditation with Marget 10:15 (MPR) Move & Groove Express 11:00 (MPR) Yoga with Marget 12:00 (MPR) Series: The Crown 1:00 (MPR) Hot Chocolate & cookies 4:30 (MPR) Shabbat Service 7:15 (MPR) Movie: Sam and Kate 	<p>14</p> <ul style="list-style-type: none"> 11:15 (MPR) Active Agers 1:00 (MPR) Series: The Great British Baking Show 2:00 (MPR) Movie: Cocoon: The Return 7:15 (MPR) Movie: Lamborghini: The Man Behind the Legend 	
<p>15</p> <ul style="list-style-type: none"> 12:00 (MPR) Series: The Sinner 2:00 (MPR) Movie: The Bridge on the River Kwai 7:15 (MPR) Movie: The People We Hate at the Wedding 	<p>Martin Luther King Jr. Day 16</p> <ul style="list-style-type: none"> 2:00 (MPR) Series: Harry & Meghan 3:00 (CAR) Jewelry with Deb 7:00 (MPR) Bingo 	<p>17</p> <ul style="list-style-type: none"> 10:00 (MPR) Cardio Fit 11:00 (FR) Coffee and Conversation with Rabbi 11:15 (MPR) Silver Sneakers CLASSIC 2:00 (CAR) Art Class with Eleanor 7:15 (MPR) Lecture: Jane Oakes: Water Cures of Upstate New York 	<p>18</p> <ul style="list-style-type: none"> 9:00 (MPR) Silver Sneakers CIRCUIT 10:00 (MPR) Silver Sneakers CLASSIC 11:00 (MPR) Yiddish with Phyllis 1:00 (MPR) Community Chats with Neil 3:30 (FR) Wine and Cheese 7:15 (MPR) Music Education with Larry: Music and Life of Patti Page 	<p>19</p> <ul style="list-style-type: none"> 9:45 (MPR) Move & Groove w. Jenn 11:15 (MPR) JCC Yoga 1:00 (MPR) Resident Council Meeting 2:30 (CAR) Studio Painting w. Eleanor 3:00 (FR) Twenty Questions 4:00 (MPR) Healing hour with Rabbi 7:00 (FR) Astronomy Club 7:15 (MPR) Lecture: Gary Cox: Collision Course 	<p>20</p> <ul style="list-style-type: none"> 9:00 (FR) Balance Class w. Elise 10:00 (FR) Meditation with Marget 10:15 (MPR) Move & Groove Express 11:00 (MPR) Yoga with Marget 12:00 (MPR) Series: The Crown 1:00 (MPR) Hot Chocolate Bar 2:00 (MPR) Boggle with Christine 4:30 (MPR) Shabbat Service 7:15 (MPR) Movie: Aloha 	<p>21</p> <ul style="list-style-type: none"> 11:15 (MPR) Active Agers 1:00 (MPR) Series: The Great British Baking Show 2:00 (MPR) Movie: Top Gun: Maverick 7:15 (MPR) Movie: Jerry and Marge Go Large 	
<p>22</p> <ul style="list-style-type: none"> 12:00 (MPR) Series: The Sinner 2:00 (MPR) Movie: Blended 7:15 (MPR) Movie: Hachi 	<p>23</p> <ul style="list-style-type: none"> 10:15 (MPR) Silver Sneakers CLASSIC 11:15 (MPR) Active Agers 1:00 (MPR) Sing-a-long with Joe 2:00 (MPR) Series: Harry & Meghan 3:30 (MPR) National Pie Day Happy Hour 7:00 (MPR) Bingo 	<p>24</p> <ul style="list-style-type: none"> 10:00 (MPR) Cardio Fit 11:00 (FR) Coffee and Conversation with Rabbi 11:15 (MPR) Silver Sneakers CLASSIC 2:00 (CAR) Art Class with Eleanor 3:00 (MPR) Broadway Bob Sagan 7:15 (MPR) Eastman School of Music 	<p>25</p> <ul style="list-style-type: none"> 9:00 (MPR) Silver Sneakers CIRCUIT 10:00 (MPR) Silver Sneakers CLASSIC 11:00 (MPR) Yiddish with Phyllis 12:00 <u>Brown Hound & Memorial Art Gallery: "Striking Power" exhibit</u> 1:30 (CAR) Eleanor's short stories 3:00 (MPR) Town Hall Meeting 7:15 (MPR) Music Education with Larry: Music and Life of Peggy Lee 	<p>26</p> <ul style="list-style-type: none"> 9:45 (MPR) Move & Groove w. Jenn 11:15 (MPR) JCC Yoga 1:00 (MPR) Chris Bensch 2:30 (CAR) Studio Painting w. Eleanor 3:00 (MPR) Travelogue with Beth Brancato 6:30 <u>RPO: Tchaikovsky's "Pathetique"</u> 7:15 (MPR) Marianna Gonzales 	<p>27</p> <ul style="list-style-type: none"> 9:00 (FR) Balance Class w. Elise 10:00 (FR) Meditation with Marget 10:15 (MPR) Move & Groove Express 11:00 (MPR) Yoga with Marget 12:00 (MPR) Series: The Crown 1:00 (MPR) Hot Chocolate Bar 2:00 (MPR) Boggle with Christine 3:15 (MPR) Book Club 4:30 (MPR) Shabbat Service 7:15 (MPR) Movie: The Outfit 	<p>28</p> <ul style="list-style-type: none"> 11:15 (MPR) Active Agers 1:00 (MPR) Series: The Great British Baking Show 2:00 (MPR) Movie: James Bond: Spectre 7:15 (MPR) Movie: The Favourite 	
<p>29</p> <ul style="list-style-type: none"> 12:00 (MPR) Series: The Sinner 2:00 (MPR) Movie: Sherlock Holmes 7:15 (MPR) Movie: The Wonder 	<p>30</p> <ul style="list-style-type: none"> 10:15 (MPR) Silver Sneakers CLASSIC 11:15 (MPR) Active Agers 2:00 (MPR) Series: Harry & Meghan 3:00 (CAR) Jewelry with Deb 3:30 (MPR) National Puzzle Day Happy Hour 7:00 (MPR) Bingo 	<p>31</p> <ul style="list-style-type: none"> 10:00 (MPR) Cardio Fit 11:00 (FR) Coffee and Conversation with Rabbi 11:15 (MPR) Silver Sneakers CLASSIC 2:00 (CAR) Art Class with Eleanor 4:00 (MPR) Nosh and Learn with Silvana 7:15 (MPR) Daniel Brooks: Hearing Loss 	<p>Program Locations:</p> <ul style="list-style-type: none"> CB = Coffee Bar CAR = Creative Arts Room DR = Dining Rm FP / P = Front Porch / Patio FR = Family Room MPR = Multi-Purpose Room PDR = Private Dining Room 		<p>All Events are Subject to Change!</p> <p>Refer to Weekly Calendars and/or In-House TV Channel</p> <p><u>Underlined Events Require Sign-Up</u></p>		<p>Shopping Trips</p> <ul style="list-style-type: none"> Wegmans: Tuesdays and Thursdays Tops: 1st and 3rd Wednesdays Walmart: 2nd Wednesday Dollar Tree: 4th Wednesday