



Music  
 Health  
 Outings  
 Fun  
 Inspiration  
 Education  
 Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><b>1</b></p> <p>8:00 ∞ Catholic Mass – Resident TV Channel 8</p> <p>10:30 ♥ Strength DVD – GR</p> <p>2:00 ♠ Film: DVD – GR Andre Rieu, Classical Concert New Year's in Vienna</p> <p>6:30 ♠ Movie: Netflix – GR Pottersville, 2017</p>	<p><b>2</b></p> <p>10:30 ♠ Mystery: DVD Strangler's Wood, 1999</p> <p>2:00 ♠ Movie: Netflix – GR Ever After Happy, 2022</p> <p>6:30 ♠ Movie: Netflix – GR The Man from Toronto, 2022</p>	<p><b>3</b></p> <p>10:30 ♥ Flex &amp; Stretch – GR With Judy</p> <p>2:00 ♣ Painting Class 101 – GR w/ Terese &amp; Barb</p> <p>3:30 ♠ Dominoes w/ Judy - AR</p> <p>3:30 ♥ Tai Chi with Carm – LIB</p> <p>6:30 ♠ Movie: HBO – GR Black Adam, 2022</p>	<p><b>4</b></p> <p>10:30 ♥ Power &amp; Tone w/ Judy</p> <p>2:00 🎵 Happy Hour – GR With Judy, Music by Ernesto</p> <p>3:30 ♠ Youtube 101 w/ Judy - GR</p> <p>6:30 ♠ Movie: HBO – GR Casablanca, 1942</p>	<p><b>5</b></p> <p>10:30 ♥ Agility &amp; Strength – GR w/ Judy</p> <p>2-4 ♠ Snowman Crafternoon – AR</p> <p>6:30 ♠ Movie: HBO – GR The Man from UNCLE, 2015</p>	<p><b>6</b></p> <p>10:30 ♥ Stretch DVD - GR</p> <p>1:30 🌞 <b>Scenic Ride w/ Judy:</b> <b>City Panoramas</b> Sign Up in Event Book - Meet at Front Desk</p> <p>2:00 ♠ Film: TBD - GR</p> <p>3:30 ♠ Bean Day Trivia &amp; Dip With Judy - CK</p> <p>5:00 ∞ Resident Shabbat Dinner wih Pauline - GR</p>	<p><b>7</b></p> <p>10:30 ♠ Netflix Series: Crown S5 – E4 - GR</p> <p>2:00 ♠ Movie: Netflix – GR The Best of Me, 2014</p> <p>6:30 ♠ Movie: DVD – GR Blue Murder In Deep &amp; Steady Eddie, 2006</p>	
<p><b>8</b></p> <p>8:00 ∞ Catholic Mass – Resident TV Channel 8</p> <p>10:30 ♥ Healing DVD – GR</p> <p>2:00 🎵 Music with Jeff – GR Oldies: Guitar &amp; Vocals</p> <p>6:30 ♠ Movie: Netflix – GR The Mask of Zorro, 1998</p>	<p><b>9</b></p> <p>10:30 🎵 Sing-Along with Joe – GR</p> <p>2:00 ♦ Group Jeopardy - GR w/ Judy</p> <p>3:00 ♣ Catholic Visits to YOU By Deacon Jeff</p> <p>3:15 ♣ Clay Class w/ Barb – AR</p> <p>6:30 ♠ Bingo w/ Nancy - GR</p>	<p><b>10</b></p> <p>10:30 ♥ Flex &amp; Stretch – GR With Judy</p> <p>2:00 ♣ Painting Class 101 – GR w/ Terese &amp; Barb</p> <p>3:30 ♠ Bananagrams Game w/ Judy - AR</p> <p>3:30 ♥ Tai Chi with Carm – LIB</p> <p>6:30 ♠ Movie: HBO – GR Amsterdam, 2022</p>	<p><b>11</b></p> <p>10:30 ♥ Power &amp; Tone w/ Judy– GR</p> <p>12:00 ♠ Lunch w/ Judy – Summit Grill Cocktails &amp; Mocktails</p> <p>2:00 ♠ Scrabble w/ Judy - AR</p> <p>3:00 ♣ Roc Dog Visitor – FR</p> <p>3:30 ♠ Euchre Players Club - GR w/ Ken</p> <p>6:30 ♠ Movie: TBD – GR</p>	<p><b>12</b></p> <p>10:30 ♥ Agility &amp; Strength – GR w/ Judy</p> <p>2:00 ♠ Documentary: Netflix - GR Under the Stars, 2022 (Drive-Ins)</p> <p>3:00 ♦ <b>WOLK MANOR TOWN HALL</b> with Staff – GR</p> <p>6:30 🎵 Savannah Legg: Flute – GR JSL Artist in Residence</p>	<p><b>13</b></p> <p>10:30 ♥ Cardio w/ Judy - GR</p> <p>2:00 ♦ Larry Shearer Lecture -GR Bette Midler</p> <p>3:30 ♠ Wine &amp; Brain Teasers With Judy - CK</p> <p>5:00 ∞ Resident Shabbat Dinner with Pauline – GR</p>	<p><b>14</b></p> <p>10:30 ♠ Netflix Series: Crown S5 – E5 - GR</p> <p>2-4 🎵 Jack's Jazz Jammers – GR</p> <p>6:30 ♠ Movie: Netflix – GR The Other Guys, 2010</p>	
<p><b>15</b></p> <p>8:00 ∞ Catholic Mass – Resident TV Channel 8</p> <p>10:30 ♥ Stretch DVD – GR</p> <p>2:00 🎵 Classical Piano – GR With Amanda Ashley</p> <p>6:30 ♠ Movie: Netflix – GR The Harder They Fall, 2021</p>	<p><b>16</b></p> <p>10:30 🎵 Sing-Along with Joe – GR</p> <p>2:00 ♠ Bingo w/ Judy – GR</p> <p>3:00 ♣ Catholic Visits to YOU By Deacon Jeff</p> <p>3:15 ♣ Clay Class w/ Barb – AR</p> <p>6:30 ♦ Documentary: HBO – GR Boycott, 2001 1960s Civil Rights</p>	<p><b>17</b></p> <p>10:30 ♥ Flex &amp; Stretch – GR With Judy</p> <p>2:00 ♣ Painting Class 101 – GR w/ Terese &amp; Barb</p> <p>3:30 ♥ Tai Chi with Carm – LIB</p> <p>6:30 ♦ Documentary – GR Netflix, Pele, 2021</p>	<p><b>18</b></p> <p>10:30 ♥ Power &amp; Tone w/ Judy</p> <p>2:00 🎵 Happy Birthday Hour – GR With Judy Music by Uptown Groove</p> <p>3:30 ♠ Euchre Players Club - CK w/ Ken</p> <p>6:30 ♠ Movie: HBO – GR The Jewel of the Nile, 1985</p>	<p><b>19</b></p> <p>10:00 ♦ Chat with Wolk Director Kathy &amp; Dining – PDR</p> <p>10:30 ♥ Agility &amp; Strength– GR w/ Judy</p> <p>2:00 ♦ Larry Shearer Lecture – GR Larry's NEW Surprise</p> <p>3:30 ∞ Jewish Education – GR with Silvana: All are Welcome!</p> <p>6:30 ♠ Movie: TBD – GR</p>	<p><b>20</b></p> <p>10:30 ♥ Cardio w/ Judy - GR</p> <p>1:30 🌞 <b>Scenic Ride w/ Judy:</b> <b>Winter Wonderland</b> Sign Up in Event Book - Meet at Front Desk</p> <p>3:30 ♠ Tastings of Gratitude With Judy - CK</p> <p>5:00 ∞ Resident Shabbat Dinner wih Pauline - GR</p>	<p><b>21</b></p> <p>10:30 ♠ Netflix Series: Crown S5 – E6 - GR</p> <p>2:00 ♠ Movie: Netflix – GR Victoria &amp; Abdul, 2017</p> <p>6:30 ♦ Documentary – GR Netflix Bill Nye the Science Guy, 2017</p>	
<p><b>22</b></p> <p>8:00 ∞ Catholic Mass – Resident TV Channel 8</p> <p>10:30 ♥ Strength DVD – GR</p> <p>2:00 🎵 Karen LaBella – GR Guitar &amp; Vocals</p> <p>6:30 ♠ Movie: Netflix – GR The Gentlemen, 2020</p>	<p><b>23</b></p> <p>10:30 🎵 Sing-Along with Joe – GR</p> <p>2:00 ♦ Broadway Bob – GR Music Lecture</p> <p>3:00 ♣ Catholic Visits to YOU By Deacon Jeff</p> <p>3:30 ♠ Celebrate with Judy: Chinese New Year - CK</p> <p>6:30 ♠ Bingo w/ Nancy - GR,</p>	<p><b>24</b></p> <p>10:30 ♥ Stretch DVD – GR</p> <p>2:30 ♣ Painting Class 101 – GR w/ Terese &amp; Barb</p> <p>3:30 ♥ Tai Chi with Carm – LIB</p> <p>3:30 ♣ Christian Service - GR With Rev. Darryl</p> <p>6:30 ♦ Documentary – GR Netflix, The Short Game, 2013</p>	<p><b>25</b></p> <p>10:30 ♥ Power &amp; Tone w/ Judy– GR</p> <p>2:00 ∞ God is a Metaphor - GR with Rabbi Rubenstein</p> <p>3:00 ♣ Roc Dog Visitor – FR</p> <p>4:30 ∞ <b>Better Together Dinner</b> <b>Intergenerational Program</b> Silvana, Pauline &amp; her 7<sup>th</sup> Graders</p>	<p><b>26</b></p> <p>10:30 ♥ Agility &amp; Strength – GR w/ Judy</p> <p>2:00 ♣ Travelogue with Beth – GR Discover India</p> <p>3:30 ♠ Adult Coloring &amp; Wine - AR w/ Judy</p> <p>6:30 ♠ Movie: HBO – GR Chicago, 2002</p>	<p><b>27</b></p> <p>10:30 ♥ Cardio w/ Judy - GR</p> <p>2:00 ♦ Crossword Program w/ Larry Shearer – GR Solve it Together!</p> <p>3:30 ♠ Gourmet Coffee Social With Judy - CK</p> <p>5:00 ∞ Resident Shabbat Dinner with Pauline – GR</p>	<p><b>28</b></p> <p>11:00 ∞ LIVE Sabbath Service With Rabbi Rubenstein - GR</p> <p>2-4 🎵 Jack's Jazz Jammers – GR</p> <p>6:30 ♠ Movie: Netflix – GR The Interceptor, 2022</p>	
<p><b>29</b></p> <p>8:00 ∞ Catholic Mass – Resident TV Channel 8</p> <p>10:30 ♥ Healing DVD – GR</p> <p>2:00 ♠ Movie: Netflix – GR Up in the Air, 2019</p> <p>6:30 ♠ Movie: Netflix – GR Tucker: The Man &amp; His Dream, 1988</p>	<p><b>30</b></p> <p>10:30 🎵 Sing-Along with Joe – GR</p> <p>2:00 ♠ Bingo w/ Judy – GR</p> <p>3:00 ♣ Catholic Visits to YOU By Deacon Jeff</p> <p>3:15 ♣ Clay Class w/ Barb – AR</p> <p>6:30 ♠ Movie: HBO – GR Caddyshack, 1980</p>	<p><b>31</b></p> <p>10:30 ♥ Flex &amp; Stretch – GR With Judy</p> <p>2:00 ♣ Painting Class 101 – GR w/ Terese &amp; Barb</p> <p>3:30 ♠ Card Games w/ Judy - AR</p> <p>3:30 ♥ Tai Chi with Carm – LIB</p> <p>6:30 ♦ Documentary – GR Netflix, Descendent, 2022</p>	<p><b>Wolk Manor Info.</b>  <b>Resident TV</b>  <b>CHANNEL 97</b>                  &gt; Activities &amp; Changes                  &gt; Daily Progressive Bingo Numbers                  &gt; Community Announcements</p> <p><b>Wolk Manor Concierge</b>      <b>585-341-2345</b></p>			<p><b>Programs Can Change</b>  <b>Check Daily Calendar or TV Ch. 97</b>                  Location Key: FR – Family Rm, near Front desk                  GR - Great Room                  CK - Country Kitchen                  AR – Art Room                  SUM – Summit Grill                  LIB – Library                  Event Book – Program Sign up Near Front Desk</p>	