

March 2023



🎵 Live Music
💚 Health
☀️ Outings
♠️ Fun
♣️ Inspiration
🔴 Education
∞ Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>All Events are Subject to Change!</u></p> <p>Refer to Weekly Calendars and/or In-House TV Channel</p> <p><u>Underlined Events Require Sign-Up</u></p>	<p><u>Program Locations:</u></p> <p>CB = Coffee Bar CAR= Creative Arts Room DR = Dining Rm FP / P = Front Porch / Patio FR = Family Room MPR = Multi-Purpose Room PDR = Private Dining Room</p>	<p><u>Shopping Trips</u></p> <p>Wegmans: Tuesdays and Thursdays</p> <p>Tops: 1st, 3rd and 5th Wednesdays</p> <p>Walmart: 2nd Wednesday</p> <p>Dollar Tree: 4th Wednesday</p>	<p>♥️9:00 (MPR) Silver Sneakers CIRCUIT 1</p> <p>♥️10:00 (MPR) Silver Sneakers CLASSIC</p> <p>♦️11:00 (MPR) Yiddish with Phyllis</p> <p>♥️11:15 (CR) Dryland Aerobics w. Sanjay</p> <p>♦️3:00 (MPR) Food Forum</p> <p>♦️7:15 (MPR) Music Education with Larry: Life and Music of Rosemary Clooney</p>	<p>♥️9:45 (MPR) Move & Groove w. Jenn 2</p> <p>♥️11:15 (MPR) JCC Yoga</p> <p>♣️2:30 (CAR) Studio Painting w. Eleanor</p> <p>♠️3:00 (FR) Twenty Questions</p> <p>☀️6:30 RPO: <u>Mozart & Schubert</u></p> <p>🎵7:15 (MPR) Artist in Residence: Savannah Legg</p>	<p>♥️9:00 (MPR) Balance Class w. Elise 3</p> <p>♥️10:00 (FR) Meditation with Marget</p> <p>♥️10:10 (MPR) Move & Groove Express</p> <p>♥️11:00 (MPR) Yoga with Marget</p> <p>♠️12:00 (MPR) Series: The Empress</p> <p>♠️1:00 (CB) Hot Chocolate Bar</p> <p>♠️2:00 (MPR) Boggle with Christine</p> <p>∞4:30 (MPR) Shabbat Service</p> <p>♠️7:15 (MPR) Movie: Leap Year</p>	<p>♥️11:15 (MPR) Active Agers 4</p> <p>♠️1:00 (MPR) Series: Our Great National Parks</p> <p>♠️2:00 (MPR) Movie: You People</p> <p>♠️7:15 (MPR) Movie: My Girl</p>
<p>5</p> <p>♠️12:00 (MPR) Series: The Sinner</p> <p>♠️2:00 (MPR) Movie: Till</p> <p>♠️7:15 (MPR) Movie: Young Victoria</p>	<p>6</p> <p><u>Purim Begins at sundown</u></p> <p>♥️10:15 (MPR) Silver Sneakers CLASSIC</p> <p>♥️11:15 (MPR) Active Agers</p> <p>☀️12:30 <u>Finger Lakes Casino</u></p> <p>🎵1:00 (MPR) Sing-a-long with Bob</p> <p>♠️2:00 (MPR) Series: Emily in Paris</p> <p>∞3:30 (MPR) Purim Celebration</p> <p>♠️7:00 (MPR) Bingo</p>	<p>7</p> <p><u>Purim ends at sundown</u></p> <p>♥️10:00 (MPR) Cardio Fit</p> <p>♥️11:15 (MPR) Silver Sneakers CLASSIC</p> <p>♣️2:00 (CAR) Art Class with Eleanor</p> <p>♠️3:00 (MPR) Wordle with Willis</p> <p>🎵7:15 (MPR) Eastman School of Music: Ty Promreuk & Samuel Xu</p>	<p>8</p> <p>♥️9:00 (MPR) Silver Sneakers CIRCUIT</p> <p>♥️10:00 (MPR) Silver Sneakers CLASSIC</p> <p>♦️11:00 (MPR) Yiddish with Phyllis</p> <p>♥️11:15 (POOL) Water Aerobics w. Sanjay</p> <p>♣️1:30 (CAR) Eleanor's short stories</p> <p>♠️3:00 (MPR) Cinema Circle</p> <p>∞4:15 (MPR) Hand & Hand with Temple Sanai</p> <p>♠️7:15 (MPR) Crosswords with Larry</p>	<p>9</p> <p>♥️9:45 (MPR) Move & Groove w. Jenn</p> <p>♥️11:15 (MPR) JCC Yoga</p> <p>♦️1:00 (MPR) Claire & Jerry Rotenberg Institute of Aging Nutrition Event</p> <p>Violinist: Lucinda Gelber</p> <p>♣️2:30 (CAR) Studio Painting w. Eleanor</p> <p>♦️7:00 (FR) Astronomy Club</p> <p>♦️7:15 (MPR) Presentation: Daniel Brooks: Better Hearing = Better Life</p>	<p>10</p> <p>♥️9:00 (MPR) Balance Class w. Elise</p> <p>♥️10:00 (FR) Meditation with Marget</p> <p>♥️10:10 (MPR) Move & Groove Express</p> <p>♥️11:00 (MPR) Yoga with Marget</p> <p>♠️12:00 (MPR) Series: The Empress</p> <p>♠️1:00 (CB) Hot Chocolate Bar</p> <p>♠️2:00 (MPR) Boggle with Christine</p> <p>∞4:30 (MPR) Shabbat Service</p> <p>♠️7:15 (MPR) Movie: Last Letter From Your Lover</p>	<p>11</p> <p>♥️11:15 (MPR) Active Agers</p> <p>♠️1:00 (MPR) Series: Our Great National Parks</p> <p>♠️2:00 (MPR) Movie: Pride and Prejudice</p> <p>♠️7:15 (MPR) Movie: The Railway Man</p>
<p>12</p> <p>♠️12:00 (MPR) Series: The Sinner</p> <p>♠️2:00 (MPR) Movie: The Aviator</p> <p>♠️7:15 (MPR) Movie: The Babe</p>	<p>13</p> <p>♥️10:15 (MPR) Silver Sneakers CLASSIC</p> <p>♥️11:15 (MPR) Active Agers</p> <p>∞12:30 (DR) Lunch w. the ShinShinim</p> <p>🎵1:00 (MPR) Sing-a-long with Joe</p> <p>♠️2:00 (MPR) Series: Emily in Paris</p> <p>♣️3:00 (CAR) Jewelry with Deb</p> <p>♠️3:30 (MPR) Wine and Cheese</p> <p>♠️7:00 (MPR) Bingo</p>	<p>14</p> <p>♥️10:00 (MPR) Cardio Fit</p> <p>∞11:00 (FR) Coffee and Conversation with Rabbi</p> <p>♥️11:15 (MPR) Silver Sneakers CLASSIC</p> <p>♣️2:00 (CAR) Art Class with Eleanor</p> <p>♦️3:00 (FR) Out of the Box Thinking with Sheila Weinbach</p> <p>🎵7:15 (MPR) Standard Time</p>	<p>15</p> <p>♥️9:00 (MPR) Silver Sneakers CIRCUIT</p> <p>♥️10:00 (MPR) Silver Sneakers CLASSIC</p> <p>♦️11:00 (MPR) Yiddish with Phyllis</p> <p>♥️11:15 (POOL) Water Aerobics w. Sanjay</p> <p>☀️12:30 <u>Memorial Art Gallery</u></p> <p>♣️1:00 (MPR) Community Chats with Neil</p> <p>♦️7:15 (MPR) Music Education with Larry: Carole King</p>	<p>16</p> <p>♥️9:45 (MPR) Move & Groove w. Jenn</p> <p>♥️11:15 (MPR) JCC Yoga</p> <p>♠️1:00 (MPR) Resident Council Meeting</p> <p>♣️2:30 (CAR) Studio Painting w. Eleanor</p> <p>♠️3:00 (FR) Twenty Questions</p> <p>∞4:00 (MPR) Healing hour with Rabbi</p> <p>☀️6:30 RPO: <u>Debussy and Brahms</u></p> <p>🎵7:15 (MPR) A Taste of Jazz Duo</p>	<p>17</p> <p>♥️9:00 (MPR) Balance Class w. Elise</p> <p>♥️10:00 (FR) Meditation with Marget</p> <p>♥️10:10 (MPR) Move & Groove Express</p> <p>♥️11:00 (MPR) Yoga with Marget</p> <p>♠️12:00 (MPR) Series: The Empress</p> <p>♠️1:00 (CB) Shamrock Shake & cookies</p> <p>♠️2:00 (MPR) Boggle with Christine</p> <p>∞4:30 (MPR) Shabbat Service</p> <p>♠️7:15 (MPR) Movie: The Quiet Man</p>	<p>18</p> <p>♥️11:15 (MPR) Active Agers</p> <p>♠️1:00 (MPR) Series: Our Great National Parks</p> <p>♠️2:00 (MPR) Movie: She Said</p> <p>♠️7:15 (MPR) Movie: True Spirit</p>
<p>19</p> <p>♠️12:00 (MPR) Series: The Sinner</p> <p>♠️2:00 (MPR) Movie: A Walk Among the Tombstones</p> <p>♠️7:15 (MPR) Movie: A Dog's Journey</p>	<p>20</p> <p>♥️10:15 (MPR) Silver Sneakers CLASSIC</p> <p>♥️11:15 (MPR) Active Agers</p> <p>♠️2:00 (MPR) Series: Emily in Paris</p> <p>♠️3:30 (MPR) Welcome Spring! Happy Hour</p> <p>♠️7:00 (MPR) Bingo</p>	<p>21</p> <p>♥️10:00 (MPR) Cardio Fit</p> <p>∞11:00 (FR) Coffee and Conversation with Rabbi</p> <p>♥️11:15 (MPR) Silver Sneakers CLASSIC</p> <p>♣️2:00 (CAR) Art Class with Eleanor</p> <p>🎵7:15 (MPR) Eastman School of Music: Cai Li</p>	<p>22</p> <p>♥️9:00 (MPR) Silver Sneakers CIRCUIT</p> <p>♥️10:00 (MPR) Silver Sneakers CLASSIC</p> <p>♦️11:00 (MPR) Yiddish with Phyllis</p> <p>♥️11:15 (POOL) Water Aerobics w. Sanjay</p> <p>♣️1:30 (CAR) Eleanor's short stories</p> <p>♠️4:00 (MPR) Judaic Culinary Program</p> <p>♦️7:15 (MPR) Lecture: Katrina Korfmacher: Signs in the Sewers</p>	<p>23</p> <p>♥️9:45 (MPR) Move & Groove w. Jenn</p> <p>♥️11:15 (MPR) JCC Yoga</p> <p>♣️2:30 (CAR) Studio Painting w. Eleanor</p> <p>♠️3:30 (MPR) Travelogue with Beth Brancato</p> <p>♦️7:15 (MPR) Presentation: Chris Bensch: The Best Collection Ever</p>	<p>24</p> <p>♥️9:00 (MPR) Balance Class w. Elise</p> <p>♥️10:00 (FR) Meditation with Marget</p> <p>♥️10:10 (MPR) Move & Groove Express</p> <p>♥️11:00 (MPR) Yoga with Marget</p> <p>♠️12:00 (MPR) Series: The Empress</p> <p>♠️1:00 (CB) Springtime Smoothies</p> <p>♠️2:00 (MPR) Boggle with Christine</p> <p>♣️3:15 (MPR) Book Club</p> <p>∞4:30 (MPR) Shabbat Service</p> <p>♠️7:15 (MPR) Movie: Poker Face</p>	<p>25</p> <p>♥️11:15 (MPR) Active Agers</p> <p>♠️1:00 (MPR) Series: Our Great National Parks</p> <p>♠️2:00 (MPR) Movie: The Fabelmans</p> <p>♠️7:15 (MPR) Movie: The Social Dilemma</p>
<p>26</p> <p>♠️12:00 (MPR) Series: The Sinner</p> <p>♠️2:00 (MPR) Movie: Angels and Demons</p> <p>♠️7:15 (MPR) Movie: Gravity</p>	<p>27</p> <p>♥️10:15 (MPR) Silver Sneakers CLASSIC</p> <p>♥️11:15 (MPR) Active Agers</p> <p>☀️12:30 <u>Strong Museum of Play</u></p> <p>🎵1:00 (MPR) Sing-a-long with Joe</p> <p>♠️2:00 (MPR) Series: Emily in Paris</p> <p>♣️3:00 (CAR) Jewelry with Deb</p> <p>♠️3:30 (MPR) March Birthday Party</p> <p>♠️7:00 (MPR) Bingo</p>	<p>28</p> <p>♥️10:00 (MPR) Cardio Fit</p> <p>∞11:00 (FR) Coffee and Conversation</p> <p>♥️11:15 (MPR) Silver Sneakers CLASSIC</p> <p>♣️2:00 (CAR) Art Class with Eleanor</p> <p>∞4:00 (MPR) Nosh & Learn w. Silvana</p> <p>♦️7:15 (MPR) Lecture: David Andreatta: The Future of Print & Investigative Journalism</p>	<p>29</p> <p>♥️9:00 (MPR) Silver Sneakers CIRCUIT</p> <p>♥️10:00 (MPR) Silver Sneakers CLASSIC</p> <p>♦️11:00 (MPR) Yiddish with Phyllis</p> <p>♥️11:15 (POOL) Water Aerobics w. Sanjay</p> <p>♣️1:00 (MPR) Neil's Welcoming Committee</p> <p>♦️3:00 (MPR) Town Hall Meeting</p> <p>★7:15 (MPR) Live Music: Mike Sidoti</p>	<p>30</p> <p>♥️9:45 (MPR) Move & Groove with Jenn</p> <p>♥️11:15 (MPR) JCC Yoga</p> <p>♣️2:30 (CAR) Beginner Art Class</p> <p>♠️3:00 (FR) Twenty Questions</p> <p>♦️7:00 (FR) Astronomy Club</p> <p>🎵7:00 (MPR) Live Music: John Angelo Vona</p>	<p>31</p> <p>♥️9:00 (MPR) Balance Class w. Elise</p> <p>♥️10:00 (FR) Meditation with Marget</p> <p>♥️10:10 (MPR) Move & Groove Express</p> <p>♥️11:00 (MPR) Yoga with Marget</p> <p>♠️12:00 (MPR) Series: The Inside Man</p> <p>♠️1:00 (CB) Springtime Smoothies</p> <p>♠️2:00 (MPR) Boggle with Christine</p> <p>∞4:30 (MPR) Shabbat Service</p> <p>♠️7:15 (MPR) Movie: Critical Thinking</p>	