

March 2023

# The Lodge at Wolk Manor

Live Music  
 Health  
 Outings  
 Fun  
 Inspiration  
 Education  
 Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p><b>All Activities are subject to change. See daily calendar for updates.</b></p>	<p>1 10:00 ♠ Family Feud 1:00 🎵 Music W/Allen 2:00 ♠ Fruit Platter 3:00 🍀 Roc Dog Visitors 6:30 ♠ Residents Choice</p>	<p>2 10:00 ♥ Ball Bounce 1:00 🍀 Painting W/ a Twist 2:30 ♠ Popcorn 3:00 ♠ Coloring 6:00 ♠ TMC</p>	<p>3 10:00 ♥ Move &amp; Groove 1:00 ♠ Table Hockey 2:00 ♠ Birthday Social/ JF 3:00 ♠ Board Game 6:00 ♠ TCM</p>	<p>4 10:00 ♥ Exercise 1:00 ♠ Resident Choice 2:00 🎵 Slide by Side W/ Chriss 3:30 ♠ Cookies 6:00 ♠ Hallmark</p>
<p>5 10:00 ♠ Beverage &amp; Conversation 1:00 ♠ TCM Movie 2:00 ♠ Cracker Jacks 3:30 ♦ Trivia 6:00 ♠ Residents Choice</p>	<p>6 10:30 🎵 Sing w/ Joe at Wolk 1:00 ♠ Nail &amp; Spa Day 2:00 ♠ Oreos 3:00 ♠ Puzzles 6:00 ♠ Residents Choice</p> <p><b>Purim Starts at Sundown</b></p>	<p>7 10:00 ♥ Exercise 1:00 ♠ Fly Swatter Tennis 2:00 ♠ Assorted Donuts 3:30 ♠ Coloring 6:00 ♠ Hallmark</p>	<p>8 10:00 ♦ Trivia 1:00 ♠ Games 2:00 ♠ Cheese &amp; Crackers 3:00 ♠ Crazy Hats &amp; Chitchat 6:00 ♠ Residents Choice</p>	<p>9 10:00 ♥ Exercise 1:30 🎵 Music W/ Donna 2:00 ♠ Franks in Blankets 3:30 ♠ Games 6:00 ♠ Hallmark or TCM</p>	<p>10 10:00 ♥ Ball Bounce 1:15 ☀ Scenic Ride 3:00 ♠ Brownies 3:30 ♠ Puzzles/Coloring 6:00 ♠ Residents Choice</p>	<p>11 10:00 ♥ Stretch it Out 1:00 ♠ Puzzles 2:00 ♠ Rice Krispy Social 3:00 ♠ Coloring 6:00 ♠ Residents Choice</p>
<p>12 10:30 ♥ Stretch and move 1:00 ♠ Coloring 2:00 ♠ Mandarin Oranges 3:30 ♠ Card Games 6:00 ♠ TCM</p>	<p>13 10:30 🎵 Sing w/ Joe at Wolk 1:00 🍀 Craft 2:00 ♠ Muffins 3:30 ♠ Table Hockey 6:00 ♠ Hallmark or TCM</p>	<p>14 10:00 ♥ Drum Ball 1:00 ♠ Parachute fun 2:00 ♠ Chips 3:30 🍀 Painting Class 6:00 ♠ Residents Choice</p>	<p>15 10:00 ♠ Family Feud 1:00 ♠ BINGO 2:00 ♠ Cheese Cake 3:00 🍀 Roc Dog Visitors 6:30 ♠ Hallmark</p>	<p>16 10:00 ♥ Ball Bounce 1:30 🎵 Music W/ Donna 2:00 ♠ Chex Mix 3:00 ♠ Coloring 6:00 🎵 Music W/ Savannah</p>	<p>17 10:00 ♥ Move &amp; Groove 1:00 ♠ Table Hockey 2:00 ♠ Irish Dancing 3:00 ♠ Shamrock Shakes 6:00 ♠ TCM</p> <p><b>Wear Green Day</b></p>	<p>18 10:00 ♥ Exercise 1:00 ♠ Resident Choice 2:00 ♠ Granola Bars 3:30 ♠ Coloring 6:00 ♠ Hallmark</p>
<p>19 10:00 ♠ Beverage &amp; Conversation 1:00 ♠ TCM Movie 2:00 ♠ Yogurts 3:30 ♦ Trivia 6:00 ♠ Residents Choice</p>	<p>20 10:30 🎵 Sing w/ Joe at Wolk 1:00 ♠ Nail Day/Spa Day 2:00 ♠ Bavarian Pretzels 3:00 ♠ Puzzles 6:00 ♠ Residents Choice</p>	<p>21 10:00 ♥ Exercise 1:00 ♠ Fly Swatter Tennis 2:00 ♠ Strawberry 3:30 🍀 Painting Class 6:00 ♠ TCM</p>	<p>22 10:00 ♦ Trivia 1:00 ♠ Games 2:00 ♠ Cupcakes 3:00 ♠ Coloring 6:00 ♠ Residents Choice</p>	<p>23 10:00 ♥ Exercise 1:00 🍀 Travel Log Dogs W Beth 2:00 ♠ Chips &amp; Dip 3:00 ♠ Puzzles 6:00 ♠ Hallmark</p>	<p>24 10:00 ♥ Ball Bounce 1:15 ☀ Scenic Ride 3:00 ♠ Trail Mix 6:00 ♠ Residents Choice</p>	<p>25 10:00 ♥ Stretch it Out 1:00 ♠ Resident Choice 2:00 🎵 Slide by Side W/ Chriss 3:30 ♠ Birthday Social/ BM 6:00 ♠ Hallmark</p>
<p>26 10:30 ♥ Stretch and move 1:00 ♠ Coloring 2:00 ♠ Jell-O 3:30 ♠ Card Games 6:00 ♠ Residents Choice</p>	<p>27 10:30 🎵 Sing w/ Joe at Wolk 1:30 🎵 Music Therapy W/ Melinda 2:30 ♠ Novelty Ice Cream 3:30 🍀 Craft 6:00 ♠ Hallmark or TCM</p>	<p>28 10:00 ♥ Drum Ball 1:00 ♠ Parachute Fun 2:00 ♠ Assorted Italian Pastries 3:30 🍀 Painting Class 6:00 ♠ Residents Choice</p>	<p>29 10:00 ♠ Family Feud 1:00 🎵 Music W/Allen 2:00 ♠ Goldfish 3:00 ♠ BINGO 6:30 ♠ Hallmark</p>	<p>30 10:00 ♥ Ball Bounce 1:30 🎵 Music W/ Donna 2:00 ♠ Danish's 3:00 ♠ Coloring 6:00 ♠ Residents Choice</p>	<p>31 10:00 ♥ Move &amp; Groove 1:00 🎵 Music W/ Savannah 2:00 ♠ Garlic Knots 3:00 ♠ Board Game 6:00 ♠ TCM</p>	