

May 2023

WOLK MANOR

Music
 Health
 Outings
 Fun
 Inspiration
 Education
 Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>10:30 Sing-Along w/ Joe- GR 2:00 Coloring Club - AR With Dan 3:15 Clay Class w/ Barb-AR 3:30 Guess the Famous - GR Person with Dan 6:30 Bingo with Nancy - GR</p>	<p>2</p> <p>10:30 Flex & Stretch – GR With Dan 2:00 Painting Class 101 – GR w/ Terese & Barb 3:30 Password with Dan - AR 3:30 Tai Chi with Carm – GR 6:30 Movie: DVD - GR Mata Hari</p>	<p>3</p> <p>10:30 Power & Tone - GR With Dan 12:00 Lunch at Summit Grill Music by Michael B. 2:00 1950s Trivia w/ Dan – GR 3:30 Euchre Players Club – GR With Ken 6:30 Movie: DVD - GR Abbott & Costello</p>	<p>4</p> <p>10:30 Agility & Strength – GR w/ Dan 2:00 Famous Quotes - GR With Dan 3:00 Magic Show - GR With Magic Marlin! 6:30 Movie: DVD – GR Jews and Baseball</p>	<p>5</p> <p>10:30 Cardio w/ Dan - GR 2:00 True or False - GR With Dan 3:30 George Eastman - GR Discussion & Whine w/ Dan 5:00 Resident Shabbat Dinner with Pauline – GR</p>	<p>6</p> <p>10:30 Documentary: Netflix TBD - GR 2:00 Movie: DVD - GR Thunderball 6:30 Movie: DVD - GR The Majestic</p>
<p>7</p> <p>8:00 Catholic Mass Resident TV Channel 8 10:30 Healing DVD – GR 2:00 Frank Sinatra Tribute Ernesto L. - GR 6:30 Movie: DVD - GR Murder She Said</p>	<p>8</p> <p>10:30 Sing-Along w/ Joe-GR 2:00 Cornhole with Dan -GR 3:15 Clay Class w/ Barb-AR 3:30 20 Questions w/Dan – GR 6:30 Movie: DVD - GR No Time for Sergeants Lag BaOmer starts at Sunset</p>	<p>9</p> <p>10:30 Flex & Stretch w/ Dan-GR 2:00 Painting Class 101 – GR w/ Terese & Barb 3:30 Would You Rather - GR Questions w/ Dan 3:30 Tai Chi with Carm – LIB 6:30 Movie: DVD – GR Opera: Don Carlo Lag BaOmer ends at Sunset</p>	<p>10</p> <p>10:30 Power & Tone – GR With Dan 2:00 1960s Trivia w/ Dan - GR 3:00 Roc Dog Visitor - FR 3:30 Scrabble w/ Dan - AR 4:30 Better Together Dinner & Intergenerational Program with Silvana, Pauline & her 7th Graders</p>	<p>11</p> <p>10:30 Sing-Along with Joe – GR 2:00 Resident's Choice! - GR 3:00 WOLK MANOR TOWN HALL With Staff - GR 6:30 Savannah Legg: Flute – GR JSL Artist in Residence</p>	<p>12</p> <p>10:30 Cardio w/ Dan - GR 2:00 Larry Shearer Lecture -GR Deanna Durbin 3:30 Find the Word w/ Dan - AR 5:00 Resident Shabbat Dinner with Pauline – GR</p>	<p>13</p> <p>10:30 Documentary: Netflix TBD - GR 2-4 Jack's Jazz Jammers 2 Hours of Great Jazz! - GR 6:30 Movie: DVD - GR The Frisco Kid</p>
<p>14</p> <p>8:00 Catholic Mass Resident TV Channel 8 10:30 Stretch DVD – GR 2:00 Documentary: Netflix TBD 6:30 Movie: DVD - GR Argo</p>	<p>15</p> <p>10:30 Sing-Along w/ Joe- GR 2:00 Table Bowling - GR with Dan 3:15 Clay Class w/ Barb-AR 3:30 Password w/ Dan - GR 6:30 Bingo with Nancy - GR</p>	<p>16</p> <p>10:30 Flex & Stretch – GR With Dan 2:00 Painting Class 101 – GR w/ Terese & Barb 3:30 Dominoes w/ Dan - AR 3:30 Tai Chi with Carm – GR 6:30 Movie: DVD - GR Casino Royale</p>	<p>17</p> <p>10:30 Power & Tone - GR With Dan 12:00 Lunch at Summit Grill Music - TBD 2:00 Group Jeopardy w/ Dan -GR 3:30 Euchre Players Club – GR With Ken 6:30 Movie: DVD - GR The Music Man</p>	<p>18</p> <p>10:00 Chat with Wolk Director Kathy & Dining - PDR 10:30 Agility & Strength w/ Dan-GR 2:00 Larry Shearer - GR Crossword: Solve It Together! 3:30 Jewish Education - GR With Silvana 6:30 Movie: DVD - GR Planes, Trains, & Automobiles</p>	<p>19</p> <p>10:30 Cardio w/ Dan - GR 1:30 Depart for Scenic Ride Charlotte Beach Sign up in Event Book 3:30 Card Games with Dan - AR 5:00 Resident Shabbat Dinner with Pauline – GR</p>	<p>20</p> <p>10:30 Documentary: Netflix TBD - GR 2:00 Movie: DVD - GR The Perfect Storm 6:30 Movie: DVD - GR Tulsa</p>
<p>21</p> <p>8:00 Catholic Mass Resident TV Channel 8 10:30 Better Together -GR Mitzvah w/ Silvana, Pauline, 7th graders and their families 2:00 Piano Playing Yi-Wen Chang - GR 6:30 Movie: DVD - GR Kid Galahad</p>	<p>22</p> <p>10:30 Sing-Along w/ Joe- GR 2:00 Broadway Bob - GR Lecture 3:30 Bingo with Dan – GR 6:30 Movie: DVD - GR Colgate Comedy Special</p>	<p>23</p> <p>10:30 Flex & Stretch – GR With Dan 2:00 Painting Class 101 – GR w/ Terese & Barb 3:30 Christian Service - GR with Rev. Darryl 3:30 Tai Chi with Carm – LIB 6:30 Movie: DVD - GR Alfred Hitchcock</p>	<p>24</p> <p>10:30 Power & Tone - GR With Dan 2:00 Rabbi Rubenstein - GR Lecture 3:00 Roc Dog Visitor - FR 3:30 Ball Toss with Dan - GR 6:30 Movie: DVD - GR The Smell of Success</p>	<p>25</p> <p>10:30 Agility & Strength – GR w/ Dan 2:00 Travelogue with Beth – GR Mexico 3:30 Riddles & Brain - GR Teasers With Dan 6:30 Movie: DVD – GR Last Time I Saw Paris Shavout starts at Sunset</p>	<p>26</p> <p>10:30 Cardio w/ Dan - GR 2:00 Larry Shearer Lecture -GR Cole Porter 3:30 Dice Games w/ Dan - AR 5:00 Resident Shabbat Dinner with Pauline – GR</p>	<p>27</p> <p>10:30 Documentary: Netflix TBD - GR 2-4 Jack's Jazz Jammers 2 Hours of Great Jazz! - GR 6:30 Movie: DVD Charade Shavout ends at Sunset</p>
<p>28</p> <p>8:00 Catholic Mass Resident TV Channel 8 10:30 Healing DVD – GR 2:00 Documentary: Netflix TBD - GR 6:30 Movie: DVD - GR Ed Sullivan: Elvis Disc 1</p>	<p>29</p> <p>10:30 Sing-Along w/ Joe – GR 2:00 20 Questions w/Dan – GR 3:30 Bingo with Dan – GR 6:30 Movie: DVD Ed Sullivan: Elvis Disc 2</p>	<p>30</p> <p>10:30 Flex & Stretch – GR With Dan 2:00 Painting Class 101 – GR w/ Terese & Barb 3:30 Concentration w/ Dan -AR 3:30 Tai Chi with Carm – GR 6:30 Movie: DVD - GR Ed Sullivan: Elvis Disc 3</p>	<p>31</p> <p>10:30 Power & Tone - GR With Dan 2:00 Birthday Happy Hour! - GR Music by Casey C. 3:30 Guess the Location - GR With Dan 6:30 Movie: DVD - GR A League of Their Own</p>	<p>Wolk Manor Info. Resident TV - CHANNEL 97 > Activities & Changes > Daily Progressive Bingo Numbers > Community Announcements Wolk Manor Concierge 585-341-2345</p>		<p>Programs Subject to Change Check Daily Calendar or TV Ch. 97 Location Key: FR – Family Rm, near Front desk GR – Great Room CK - Country Kitchen AR – Art Room SUM – Summit Grill LIB – Library Event Book – Program Sign up Near Front Desk</p>