

May 2023

The Lodge at Wolk Manor

🎵 Music ❤️ Health ☀️ Outings ♠️ Fun
 ♣️ Inspiration ♦️ Education ∞ Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:30 🎵 Sing w/ Joe at Wolk 1:00 ♣️ Coloring With a Twist 2:00 ♠️ Chocolate Parfaits 3:00 ❤️ Ball Bounce 6:00 ♠️ Netflix	2 10:00 ❤️ Exercise 11:00 ♠️ Coloring/Puzzles 1:00 ♠️ Fly Swatter Tennis 2:00 ♠️ Fruit Platter 3:30 ♣️ Painting Class 6:00 ♠️ TCM	3 10:00 ❤️ Stretch it Out 11:00 ♠️ Cornhole 1:00 ♠️ Bingo 2:00 ♠️ Raspberry Tarts 3:00 ♣️ Roc Dog Visitors 6:30 ♠️ Residents Choice	4 10:00 ❤️ Exercise 1:00 ♠️ Magic Marlin 2:00 ♠️ Cheese & Crackers 3:00 ♠️ Table Hockey 6:00 ♠️ Hallmark	5 10:00 ❤️ Stretch it Out 1:00 ♠️ Fly Swatter Tennis 1:30 ♠️ Assorted Italian Cookies 2:00 🎵 Music W/John 3:30 ❤️ Walking Club 6:00 ♠️ Netflix	6 10:00 ❤️ Stretch it Out 1:00 ❤️ Ball Bounce 2:00 ♠️ Chips 3:00 ♠️ Bowling 6:00 ♠️ TCM
7 10:00 ❤️ Exercise 1:00 ♠️ Nail & Spa Day 2:00 ♠️ Fruit Cups 3:00 ♠️ Puzzles & Coloring 6:00 ♠️ Residents Choice	8 10:30 🎵 Sing w/ Joe at Wolk 1:30 🎵 Music Therapy w/ Melinda 2:00 ♠️ Veggie Tray W/Hummus 3:30 ♠️ Name That Tune 6:00 ♠️ Hallmark	9 10:00 ❤️ Stretch it Out 11:00 ♠️ Name That Tune 1:00 ♦️ Family Feud 2:00 ♠️ Brownies 3:30 ♣️ Painting Class 6:00 ♠️ Netflix	10 10:00 ❤️ Exercise 11:30 ☀️ Lunch @ The Grill 1:00 🎵 Music W/Allen 2:00 ♠️ Apple Crisp 3:00 ♦️ Trivia 6:00 ♠️ TCM	11 10:00 ❤️ Stretch it Out 1:00 🎵 Music W/Donna 2:00 ♠️ Birthday Social/ JH 3:00 ♠️ Hangman 6:00 ♠️ Residents Choice	12 10:00 ❤️ Exercise 1:15 ☀️ Scenic Ride 3:00 ♠️ Yogurt Parfaits 3:30 ♠️ Puzzles/Coloring 6:00 ♠️ Hallmark	13 10:00 ❤️ Exercise 1:00 ♠️ Resident Choice 2:00 🎵 Slide by Side W/ Chriss 3:30 ♠️ Jell-O 6:00 ♠️ Netflix
14 10:00 ❤️ Exercise 1:00 ♠️ Axe throwing/Coloring 2:00 ♠️ Mother's Day Treat 3:00 ♠️ FaceTime W/Family 6:00 ♠️ TCM Mother's Day	15 10:30 🎵 Sing w/ Joe at Wolk 1:00 ♣️ Painting With a Twist 2:00 ♠️ Birthday Social/ WC 3:00 ❤️ Ball Bounce 6:00 ♠️ Residents Choice	16 10:00 ❤️ Exercise 11:00 ♠️ Coloring/Puzzles 1:00 ♠️ Fly Swatter Tennis 2:00 ♠️ Sliced Apples W/ Caramel 3:30 ♣️ Painting Class 6:00 ♠️ Hallmark	17 10:00 ❤️ Stretch it Out 11:00 ♠️ Cornhole 1:00 ♠️ Bingo 2:00 ♠️ Cherry Cobbler 3:00 ♣️ Roc Dog Visitors 6:30 ♠️ Netflix	18 10:00 ❤️ Exercise 1:30 🎵 Music W/Donna 2:00 ♠️ Assorted Italian Pastries 3:00 ♠️ Table Hockey 6:00 🎵 Music W/ Savannah	19 10:00 ❤️ Stretch it Out 1:00 ♠️ Fly Swatter Tennis 2:00 ♠️ Strawberry Smoothies 3:30 ❤️ Walking Club 6:00 ♠️ TCM	20 10:00 ❤️ Stretch it Out 1:00 ❤️ Ball Bounce 2:00 ♠️ Muffins 3:00 ♠️ Bowling 6:00 ♠️ Residents Choice
21 10:00 ❤️ Exercise 1:00 ♠️ Nail & Spa Day 2:00 ♠️ Cherry Cheese Cake 3:00 ♠️ Mandarin Oranges 6:00 ♠️ Hallmark	22 10:30 🎵 Sing w/ Joe at Wolk 1:30 🎵 Music Therapy w/ Melinda 2:30 ♠️ Pigs In Blanket 3:30 ♣️ Craft 6:00 ♠️ Netflix Memorial Day	23 10:00 ❤️ Stretch it Out 11:00 ♠️ Name That Tune 1:00 ♦️ Family Feud 2:00 ♠️ Popcorn 3:30 ♣️ Painting Class 6:00 ♠️ TCM	24 10:00 ❤️ Exercise 11:30 ☀️ Lunch @ The Grill 1:00 🎵 Music W/Allen 2:00 ♠️ Novelty Ice Cream 3:00 ♦️ Trivia 6:00 ♠️ Residents Choice	25 10:00 ❤️ Stretch it Out 1:00 ♠️ Table Hockey 2:00 ♠️ Pie 3:00 ♠️ Hangman 6:00 ♠️ Hallmark	26 10:00 ❤️ Exercise 1:15 ☀️ Scenic Ride 3:00 ♠️ Fresh Fruit 3:30 ♠️ Puzzles/Coloring 6:00 ♠️ Netflix	27 10:00 ❤️ Exercise 1:00 ♠️ Resident Choice 2:00 🎵 Slide by Side W/ Chriss 3:00 ♠️ Brownies 6:00 ♠️ TCM
28 10:00 ❤️ Exercise 1:00 ♠️ Axe throwing/Coloring 2:00 ♠️ Cheese Cake 3:00 ♠️ FaceTime W/Family 6:00 ♠️ Residents Choice	29 10:30 🎵 Sing w/ Joe at Wolk 1:00 ♠️ Garden Club 2:00 ♠️ Danish's 3:00 ❤️ Ball Bounce 6:00 ♠️ Hallmark	30 10:00 ❤️ Exercise 11:00 ♠️ Coloring/Puzzles 1:00 ♠️ Fly Swatter Tennis 2:00 ♠️ Fruit Platter 3:30 ♣️ Painting Class 6:00 ♠️ Netflix	31 10:00 ❤️ Exercise 11:00 ♠️ Cornhole 1:00 ♠️ Garden Club 2:00 ♠️ Assorted Donuts 3:00 ♦️ Trivia 6:30 ♠️ TCM	<p>All Activities are subject to change. See daily calendar for updates.</p> 		