


# September 2023

# Wolk Manor

🎵 Music    ❤️ Health    ☀️ Outings    ♠️ Fun  
 ♣️ Inspiration    ♦️ Education    ∞ Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>Wolk Manor Info.</b> <b>Resident TV - CHANNEL 97</b> > Activities & Changes > Daily Progressive Bingo Numbers > Community Announcements		<b>Programs Subject to Change</b> <b>Check Daily Calendar or TV Ch. 97</b> <b>Location Key:</b> FR – Family Rm, near Front desk GR - Great Room CK - Country Kitchen AR – Art Room SUM – Summit Grill LIB – Library <b>Event Book</b> – Program Sign up Near Front Desk					
<b>3</b> 8:00 ∞ Catholic Mass <b>Resident TV</b> Channel 8 > Activities & Changes > Daily Progressive Bingo Numbers > Community Announcements 10:30 ❤️ Stretch DVD – GR 2:00 🎵 Live Music - GR with Kit Nelson! 6:30 ♠️ Movie: DVD - GR	<b>4</b> 10:30 🎵 Sing-Along w/ Joe- GR 6:30 ♠️ Movie: DVD - GR	<b>5</b> 10:30 ❤️ Flex & Stretch – GR With Dan 2:00 ♠️ Bingo with Dan- GR 3:45 ♦️ Guess the Famous - GR Person with Dan 6:30 ♠️ Movie: DVD - GR	<b>6</b> 10:30 ❤️ Power & Tone - GR With Dan 2:00 ♦️ Film Trivia w/ Dan -GR 3:30 ♠️ 20 Questions with Dan - GR 6:30 ♠️ Movie: DVD - GR	<b>7</b> 10:30 ❤️ Agility & Strength - GR w/ Dan 2:00 ♠️ Name 5 Things w/ Dan 3:30 ∞ Jewish Education - GR With Silvana 6:30 ♠️ Movie: DVD - GR	<b>1</b> 10:30 ❤️ Cardio w/ Dan - GR 2:00 ♦️ True or False - GR With Dan 3:30 ♠️ Name 5 Things w/ Dan GR 5:00 ∞ Resident Shabbat Dinner with Pauline – GR	<b>2</b> 10:30 🎵 Name That Tune w/Dan - GR 2:00 🎵 Drum Circle with Dan - GR 3:30 ♠️ Scrabble w/ Dan - GR 6:30 ♠️ Movie: DVD – GR	
<b>10</b> 8:00 ∞ Catholic Mass <b>Resident TV</b> Channel 8 10:30 ❤️ Healing DVD – GR 2:00 ♠️ Movie: DVD - GR 6:30 ♠️ Movie: DVD - GR	<b>11</b> 10:30 🎵 Sing-Along w/ Joe-GR 2:00 🎵 Violin Music with - GR Sophie McCotter! 3:15 ♣️ Clay Class w/ Barb-AR 6:30 ♠️ Movie: DVD - GR	<b>12</b> 10:30 ❤️ Flex & Stretch – GR With Dan 2:00 ♣️ Painting Class 101 – GR w/ Terese & Barb 3:30 ♠️ Dominoes w/ Dan -AR 6:30 ♠️ Movie: DVD - GR	<b>13</b> 10:30 ❤️ Power & Tone – GR With Dan 1:30 ♠️ Bingo with Jess & Dan - GR -featuring Lodge residents 3:00 ♣️ Roc Dog Visitor - FR 3:30 ♠️ Scrabble w/ Dan - AR 6:30 ♠️ Movie: DVD - GR	<b>14</b> 10:30 ❤️ Agility & Strength – GR w/ Dan 2:00 ♠️ Passwordw/ Dan - AR 3:00 ♦️ <b>WOLK MANOR</b> <b>TOWN HALL</b> <b>With Staff</b> - GR 6:30 ♠️ Movie: DVD - GR	<b>15</b> 10:00 ♦️ Food Forum with Dining Director Gene Trotta 2:00 ♦️ Famous Places w/Dan GR 3:30 ♠️ Bananagrams - AR With Dan 4:30 ∞ Rosh Hashanah service With Pauline 5:00 ∞ Resident Shabbat Dinner with Pauline – GR	<b>16</b> <b>ROSH HASHANA</b> 10:30 ❤️ Cardio w/ Dan - GR 11:50 ∞ <b>Rosh Hashanah</b> <b>Service</b> 2:00 ♦️ Riddles & Brain - GR Teasers with Dan 3:30 ♠️ Corn Hole with Dan-GR 6:30 ♠️ Movie: DVD - GR	
<b>17</b> 8:00 ∞ Catholic Mass <b>Resident TV</b> Channel 8 10:30 ❤️ Strength DVD – GR 11:50 ∞ <b>Rosh Hashanah</b> <b>Service</b> 2:00 ♠️ Movie: DVD - GR 6:30 ♠️ Movie: DVD - GR	<b>18</b> 10:30 🎵 Sing-Along w/ Joe- GR 1:30 ♠️ Jewelry Making - GR With Deb 3:15 ♣️ Clay Class w/ Barb-AR 6:30 ♠️ Bingo with Nancy - GR	<b>19</b> 10:30 ❤️ Flex & Stretch – GR With Dan 12:00 ♠️ Lunch at Summit Grill Music by TBD 2:00 ♣️ Painting Class 101 – GR w/ Terese & Barb 3:30 ♠️ Bananagrams w/ Dan - AR 6:30 ♠️ Movie: DVD - GR	<b>20</b> 10:30 ❤️ Power & Tone - GR With Dan 2:00 ♦️ Group Jeopardy w/ Dan -GR 3:45 🎵 Sing-Along with Dan- GR 4:30 ∞ <b>Better Together Dinner &amp;</b> <b>Intergenerational Program with</b> <b>Silvana, Pauline &amp; her 7<sup>th</sup> Graders</b>	<b>21</b> 10:30 ❤️ Healing DVD - GR 2:00 ♦️ Chat with Wolk Director Kathy & Dining - PDR 3:30 ♦️ Documentary: Netflix TBD - GR 6:30 ♠️ Movie: DVD - GR	<b>22</b> 10:30 ❤️ Stretch DVD - GR 1:00 ♠️ Root Beer Floats Summit Patio 2:00 ♦️ Larry Shearer Lecture -GR Underrated Singers 5:00 ∞ Resident Shabbat Dinner with Pauline – GR	<b>23</b> 10:30 ❤️ Cardio w/ Dan - GR 2:00 ♠️ Bingo with Dan- GR 3:45 ♦️ Group Jeopardy - GR With Dan 6:30 ♠️ Movie: DVD - GR	
<b>24</b> 8:00 ∞ Catholic Mass <b>Resident TV</b> Channel 8 10:30 ❤️ Stretch DVD – GR 2:00 ♠️ Movie: DVD - GR 4:00 ∞ <b>Yom Kippur</b> <b>Service at Wolk Manor</b> 6:30 ♠️ Movie: DVD - GR	<b>25</b>  <b>10:50 and 3:35 ∞ Services at</b> <b>Wolk Manor</b>	<b>26</b> 10:30 🎵 Sing-Along w/ Joe- GR 2:00 ♣️ Painting Class 101 – GR w/ Terese & Barb 3:30 ∞ Christian Service - GR with Rev. Darryl 3:30 ♠️ Would You Rather Questions with Dan - AR 6:30 ♠️ Movie: DVD - GR	<b>27</b> 10:30 ❤️ Power & Tone – GR With Dan 2:00 ∞ Rabbi Rubenstein Lecture - GR 3:00 ♣️ Roc Dog Visitor - FR 3:30 ♠️ Scrabble w/ Dan - AR 6:30 ♠️ Movie: DVD - GR	<b>28</b> 10:30 ❤️ Agility & Strength – GR w/ Dan 2:00 ♣️ Travelogue with Beth- GR 3:30 🎵 Name That Tune w/Dan - GR 6:30 ♠️ Movie: DVD – GR	<b>29</b> 10:30 ❤️ Cardio w/ Dan - GR 11:30 ☀️ <b>Depart for Lunch Outing</b> <b>Log Cabin Restaurant</b> <b>Sign up in Event Book</b> 3:30 ♠️ Card Games with Dan - AR 5:00 ∞ Resident Shabbat Dinner with Pauline – GR	<b>30</b> 10:30 ♠️ Advertising Slogans & Jingles with Dan - GR 2:00 ♦️ General Trivia w/ Dan -GR 3:30 ♠️ Bananagrams w/ Dan - AR 6:30 ♠️ Movie: DVD – GR	

