

# November 2023

## Wolk Manor



🎵 Live Music  
 💙 Health  
 ☀️ Outings  
 ♠️ Fun  
♣️ Inspiration  
 🔴 Education  
 ∞ Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>10:30 💙 Power &amp; Tone - GR With Dan</p> <p>2:00 ♠️ Trivia with Dan - GR</p> <p>3:45 ♠️ 20 Questions w/ Dan - GR</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>2</p> <p>10:30 💙 Agility &amp; Strength - GR w/ Dan</p> <p>2:00 🎵 Sing-Along with Dan - GR</p> <p>3:30 ♠️ Fun with Sunny Hope! - GR</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>3</p> <p>10:30 🎵 Live Music! - GR <b>Standard Time Duo</b></p> <p>2:00 🔴 True or False - GR With Dan</p> <p>3:30 ♠️ Name 5 Things w/ Dan AR</p> <p>5:00 ∞ Resident Shabbat Dinner with Pauline - GR</p>	<p>4</p> <p>10:30 💙 Cardio w/ Dan - GR</p> <p>2:00 ♠️ Bingo with Dan- GR</p> <p>3:45 🔴 Group Jeopardy - GR With Dan</p> <p>6:30 ♠️ Movie: DVD - GR</p>
<p>5</p> <p>8:00 ∞ Catholic Mass Resident TV Channel 8</p> <p>10:30 💙 Healing DVD - GR</p> <p>2:00 ♠️ Movie: DVD - GR</p> <p>.6:30 ♠️ Movie: DVD - GR</p>	<p>6</p> <p>10:30 🎵 Sing-Along w/ Joe-GR</p> <p>2:00 🎵 Violin music w/ Sophie M - GR</p> <p>2:00 🔴 Documentary - GR Netflix</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>7</p> <p>10:30 💙 Flex &amp; Stretch - GR With Dan</p> <p>2:00 ♣️ Painting Class 101 - GR w/ Terese &amp; Barb</p> <p>3:30 ♠️ Bananagrams w/ Dan AR</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>8</p> <p>10:30 💙 Power &amp; Tone - GR With Dan</p> <p>2:00 🎵 Name That Tune w/ Dan - GR</p> <p>3:00 ♣️ Roc Dog Visitor - FR</p> <p>3:45 ♠️ What's the Cost w/ Dan - GR</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>9</p> <p>10:30 💙 Agility &amp; Strength - GR w/ Dan</p> <p>2:00 ♠️ Password w/ Dan - AR</p> <p>3:00 🔴 WOLK MANOR TOWN HALL With Staff - GR</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>10</p> <p>10:30 💙 Cardio w/ Dan - GR</p> <p>12:00 ♠️ Veterans Day Lunch Summit Dining Room</p> <p>2:00 ♠️ Wolk Manor V. Day Ceremony w/ Live Music Remember When Duo - GR</p> <p>5:00 ∞ Resident Shabbat Dinner with Pauline - GR</p>	<p>11</p> <p><b>VETERANS DAY</b></p> <p>10:30 ♠️ Spot the Difference-GR With Dan</p> <p>2-4 🎵 Jack's Jazz Jammers 2 Hours of Great Jazz! - GR</p> <p>3:30 ♠️ Password w/Dan - AR</p> <p>6:30 ♠️ Movie: DVD - GR</p>
<p>12</p> <p>8:00 ∞ Catholic Mass Resident TV Channel 8</p> <p>10:30 💙 Stretch DVD - GR</p> <p>2:00 ♠️ Movie: DVD - GR</p> <p>.6:30 ♠️ Movie: DVD - GR</p>	<p>13</p> <p>10:30 🎵 Sing-Along w/ Joe- GR</p> <p>2:00 🔴 Documentary - GR Netflix</p> <p>3:15 ♣️ Clay Class w/ Barb-AR</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>14</p> <p>10:30 💙 Flex &amp; Stretch - GR With Dan</p> <p>2:00 ♣️ Painting Class 101 - GR w/ Terese &amp; Barb</p> <p>3:30 ♠️ Scrabble w/ Dan - GR</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>15</p> <p>10:30 💙 Power &amp; Tone - GR With Dan</p> <p>2:00 🔴 Guess the Location - GR With Dan</p> <p>3:30 ♠️ Dice with Dan - AR</p> <p>4:30 ∞ <b>Better Together Dinner &amp; Intergenerational Program with Silvana, Pauline &amp; her 7<sup>th</sup> Graders</b> - GR</p>	<p>16</p> <p>10:30 💙 Agility &amp; Strength w/Dan - GR</p> <p>2:00 🔴 Chat with Wolk Director Kathy &amp; Dining - PDR</p> <p>3:30 ∞ Jewish Education - GR With Silvana</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>17</p> <p>10:00 🔴 Food Forum with Dining Director Gene Trotta - GR</p> <p>2:00 🔴 Larry Shearer Lecture -GR Billy Joel</p> <p>3:30 ♠️ Scrabble w/ Dan - AR</p> <p>5:00 ∞ Resident Shabbat Dinner with Pauline - GR</p>	<p>18</p> <p>10:30 💙 Cardio w/ Dan - GR</p> <p>2:00 ♠️ Who Am I Talking - GR About? w/ Dan</p> <p>3:45 🎵 Sing-Along w/Dan -GR</p> <p>6:30 ♠️ Movie: DVD - GR</p>
<p>19</p> <p>8:00 ∞ Catholic Mass Resident TV Channel 8</p> <p>10:30 💙 Strength DVD - GR</p> <p>2:00 ♠️ Movie: DVD - GR</p> <p>.6:30 ♠️ Movie: DVD - GR</p>	<p>20</p> <p>10:30 🎵 Sing-Along w/ Joe- GR</p> <p>2:00 🔴 Documentary - GR Netflix</p> <p>3:15 ♣️ Clay Class w/ Barb-AR</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>21</p> <p>10:30 💙 Flex &amp; Stretch - GR With Dan</p> <p>2:00 ♣️ Painting Class 101 - GR w/ Terese &amp; Barb</p> <p>3:30 ♠️ Getting To Know You - GR With Dan</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>22</p> <p>10:30 💙 Power &amp; Tone - GR With Dan</p> <p>1:30 ∞ Rabbi Rubenstein -GR Lecture</p> <p>3:00 ♣️ Roc Dog Visitor - FR</p> <p>3:45 🎵 Sing-Along with Dan - GR</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>23</p> <p>10:30 💙 Agility &amp; Strength - GR With Dan</p> <p>2:00 ♣️ Travelogue with Beth- GR</p> <p>3:30 ♠️ Bingo with Dan - GR</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>24</p> <p>10:30 💙 Cardio w/ Dan - GR</p> <p>1:30 ☀️ <b>Depart for Scenic Ride Sign up in Event Book</b></p> <p>2:00 🔴 Larry Shearer Lecture -GR Smothers Borthers</p> <p>3:30 ♠️ Bingo with Dan - GR</p> <p>5:00 ∞ Resident Shabbat Dinner with Pauline - GR</p>	<p>25</p> <p>10:30 💙 Cardio w/ Dan - GR</p> <p>2:00 ♠️ Bingo with Dan- GR</p> <p>3:45 🔴 Guess the Location w/ Dan - GR</p> <p>6:30 ♠️ Movie: DVD - GR</p>
<p>26</p> <p>8:00 ∞ Catholic Mass Resident TV Channel 8</p> <p>10:30 💙 Healing DVD - GR</p> <p>2:00 ♠️ Movie: DVD - GR</p> <p>.6:30 ♠️ Movie: DVD - GR</p>	<p>27</p> <p>10:30 🎵 Sing-Along w/ Joe- GR</p> <p>2:00 🔴 Broadway Bob Lecture - GR</p> <p>3:15 ♣️ Clay Class w/ Barb-AR</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>28</p> <p>10:30 💙 Flex &amp; Stretch - GR With Dan</p> <p>12:00 ♠️ Lunch at Summit Grill Music TBD</p> <p>2:00 ♣️ Painting Class 101 - GR w/ Terese &amp; Barb</p> <p>3:30 ∞ Christian Service - GR w/ Rev. Darryl</p> <p>3:30 ♠️ Bananagrams w/ Dan -AR</p>	<p>29</p> <p>10:30 💙 Power &amp; Tone - GR With Dan</p> <p>2:00 ♠️ Bingo with Dan- GR</p> <p>3:30 ♠️ Scrabble w/ Dan - AR</p> <p>6:30 ♠️ Movie: DVD - GR</p>	<p>30</p> <p>10:30 💙 Agility &amp; Strength - GR w/ Dan</p> <p>2:00 🎵 Sing-Along with Dan - GR</p> <p>3:30 🔴 Group Jeopardy w/ Dan -GR</p> <p>6:30 ♠️ Movie: DVD - GR</p>		