

November 2023



🎵 Live Music
💚 Health
☀️ Outings
♠️ Fun
♣️ Inspiration
🔴 Education
∞ Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>All Events are Subject to Change!</p> <p>Refer to Weekly Calendars and/or In-House TV Channel</p> <p><u>Underlined Events Require Sign-Up</u></p>	<p>Program Locations:</p> <p>CB = Coffee Bar CAR= Creative Arts Room DR = Dining Rm FP / P = Front Porch / Patio FR = Family Room MPR = Multi-Purpose Room PDR = Private Dining Room</p>	<p>Shopping Trips</p> <p>Wegmans: Tuesdays and Thursdays</p> <p>Tops: 1st, 3rd and 5th Wednesdays</p> <p>Walmart: 2nd Wednesday</p> <p>Dollar Tree: 4th Wednesday</p>	<p>9:00 (MPR) Silver Sneakers CIRCUIT 1 10:00 (MPR) Silver Sneakers CLASSIC 11:00 (FR) Yiddish with Phyllis 11:15 (POOL) Water Aerobics w. Sanjay 1:00 (FR) Meditation with Christine 2:00 (FR) Rabbi's Ramblings 2:30 (CAR) Art Class with Eleanor 3:00 (MPR) Food Forum 7:15 (MPR) Music Education with Larry</p>	<p>9:45 (MPR) Move & Groove with Jenn 2 11:15 (MPR) JCC Yoga 2:30 (CAR) Beginning Art Class w. Eleanor 3:00 (FR) Twenty Questions 4:30 (FP) First 100 Years at UR 7:00 (FR) Astronomy Club 7:15 (MPR) Standard Time</p>	<p>9:00 (MPR) Balance Class w. Elise 3 10:15 (MPR) Move & Groove Express 12:00 (MPR) Series: PainKiller 1:00 (MPR) Cider and Doughnuts 2:00 (MPR) Boggle with Christine 4:30 (MPR) Shabbat Service 7:15 (MPR) Movie: Love at First Sight</p>	<p>11:15 (MPR) Active Agers 4 1:00 (MPR) Series: Explained 2:00 (MPR) Movie: The Pale Blue Eye 7:15 (MPR) Movie: Patch Adams</p>
<p>Daylight Savings Time 5</p> <p>12:00 (MPR) Series: Self Made 2:00 (MPR) Movie: Operation Varsity Blues 7:15 (MPR) Movie: Last Vegas 8:20 (FR) The Bills vs. The Bengals</p>	<p>10:15 (MPR) Silver Sneakers CLASSIC 6 11:15 (MPR) Active Agers 1:00 (MPR) Sing-a-long with Bob 2:00 (MPR) Series: 1923 3:30 (MPR) National Nachos Day Happy Hour 7:00 (MPR) Bingo</p>	<p>8:30 (FP) Shuttle for voting 7 10:00 (MPR) Cardio Fit 11:15 (MPR) Silver Sneakers CLASSIC 12:30 (MPR) Cinema Circle 1:00 (FP) Shuttle for voting 1:30 (MPR) Holocaust History Class 2:00 (CAR) Art Class with Eleanor 3:00 (MPR) Broadway Bob 7:15 (MPR) Eastman School of Music</p>	<p>9:00 (MPR) Silver Sneakers CIRCUIT 8 10:00 (MPR) Silver Sneakers CLASSIC 11:15 (POOL) Water Aerobics w. Sanjay 1:00 (FR) Meditation with Christine 1:00 (MPR) Eleanor's short stories 2:00 (FR) Rabbi's Ramblings 2:30 (CAR) Art Class with Eleanor 7:15 (MPR) Crosswords with Larry</p>	<p>9:45 (MPR) Move & Groove with Jenn 9 11:15 (MPR) JCC Yoga 2:30 (CAR) Beginning Art Class w. Eleanor 2:15 (FP) Compassion Through Comedy 3:00 (FR) Twenty Questions 7:15 (MPR) Lecture: Dr. Gollipalli: Macular Degeneration</p>	<p>9:00 (MPR) Balance Class w. Elise 10 10:15 (MPR) Move & Groove Express 12:00 (FR) Series: PainKiller 1:00 (MPR) Cider and Doughnuts 2:00 (MPR) Veterans Day Ceremony 3:00 (MPR) Laura Dubin Jazz 4:30 (MPR) Shabbat Service 7:15 (MPR) Movie: Muzzle</p>	<p>Veterans Day 11</p> <p>11:15 (MPR) Active Agers 1:00 (MPR) Series: Explained 2:00 (MPR) Movie: Splash of Tartan 2017 Military Tattoo 7:15 (MPR) Live Music: Mike Sidoti</p>
<p>10:15 (MPR) Hand 'n Hand 12 12:00 (MPR) Series: Self Made 2:00 (MPR) Movie: Backdraft 7:15 (MPR) Movie: My Big Fat Greek Wedding</p>	<p>10:15 (MPR) Silver Sneakers CLASSIC 13 11:15 (MPR) Active Agers 12:00 (DR) Lunch with the ShinShinim 1:00 (FP) Eastview Mall 1:00 (MPR) Sing-a-long with Joe 2:00 (MPR) Series: Virgin River 3:30 (MPR) Wine and Cheese 7:00 (MPR) Bingo 8:15 (MPR) The Bills vs. The Broncos</p>	<p>10:00 (MPR) Cardio Fit 14 11:15 (MPR) Silver Sneakers CLASSIC 1:00 (FP) Rebekah Howell Concert 2:00 (CAR) Art Class with Eleanor 7:15 (MPR) Remember Kristallnacht Cantor Concert</p>	<p>9:00 (MPR) Silver Sneakers CIRCUIT 15 10:00 (MPR) Silver Sneakers CLASSIC 11:00 (MPR) Yiddish with Phyllis 11:15 (POOL) Water Aerobics w. Sanjay 1:00 (MPR) Community Chats with Neil 1:00 (FR) Meditation with Christine 2:00 (FR) Rabbi's Ramblings 2:30 (CAR) Art Class with Eleanor 4:00 (MPR) Judaics Culinary Academy 7:15 (MPR) Music Education with Larry</p>	<p>9:45 (MPR) Move & Groove with Jenn 16 11:15 (MPR) JCC Yoga 1:00 (MPR) Resident Council Meeting 2:30 (CAR) Beginning Art Class 3:00 (FR) Twenty Questions 7:00 (FR) Astronomy Club 6:30 (FP) RPO All Tchaikovsky 7:15 (MPR) Artist in Residence: Sophie McCotter</p>	<p>9:00 (MPR) Balance Class w. Elise 17 10:15 (MPR) Move & Groove Express 12:00 (MPR) Series: The Crown 1:00 (MPR) Cider and Doughnuts 2:00 (MPR) Boggle with Christine 3:15 (MPR) Book Club 4:30 (MPR) Shabbat Service 7:15 (MPR) Movie: Brian's Song</p>	<p>11:15 (MPR) Active Agers 18 1:00 (MPR) Series: Explained 2:00 (MPR) Movie: Catch Me If You Can 7:15 (MPR) Movie: You Hurt My Feelings</p>
<p>12:00 (MPR) Series: Self Made 19 2:00 (MPR) Movie: A Good Person 4:25 (FR) The Bills vs. The Jets 7:15 (MPR) Movie: My Big Fat Greek Wedding II</p>	<p>10:15 (MPR) Silver Sneakers CLASSIC 20 11:15 (MPR) Active Agers 2:00 (MPR) Series: Virgin River 3:30 (MPR) Thanksgiving Happy Hour 6:30 (FP) Jewish Book Festival Mitch Albom The Little Liar 7:00 (MPR) Bingo</p>	<p>10:00 (MPR) Cardio Fit 21 11:15 (MPR) Silver Sneakers CLASSIC 12:00 (FP) Hong Wah Restaurant 1:30 (MPR) Holocaust History Class 2:00 (CAR) Art Class with Eleanor 3:00 (MPR) Broadway Bob 7:15 (MPR) Eastman School of Music</p>	<p>9:00 (MPR) Silver Sneakers CIRCUIT 22 10:00 (MPR) Silver Sneakers CLASSIC 11:15 (POOL) Water Aerobics w. Sanjay 1:00 (FR) Meditation with Christine 1:00 (MPR) Eleanor's short stories 2:30 (CAR) Art Class with Eleanor 7:15 (MPR) Lecture: Steve Hess</p>	<p>Thanksgiving 23</p> <p>2:00 (MPR) Movie: Holidate 7:15 (MPR) Movie: Planes, Trains and Automobiles</p>	<p>9:00 (MPR) Balance Class w. Elise 24 10:15 (MPR) Move & Groove Express 12:00 (MPR) Series: The Crown 1:00 (MPR) Cider and Doughnuts 4:30 (MPR) Shabbat Service with Michael Miller 7:15 (MPR) Movie: One True Loves</p>	<p>11:15 (MPR) Active Agers 25 1:00 (MPR) Series: Explained 2:00 (MPR) Movie: Golda 7:15 (MPR) Movie: Golda (Reprise)</p>
<p>12:00 (MPR) Series: Self Made 26 2:00 (MPR) Movie: A Million Miles Away 4:25 (FR) The Bills vs. The Eagles 7:15 (MPR) Movie: My Big Fat Greek Wedding III</p>	<p>10:15 (MPR) Silver Sneakers CLASSIC 27 11:15 (MPR) Active Agers 1:00 (MPR) Sing-a-long with Joe 2:00 (MPR) Series: Virgin River 3:30 (MPR) November Birthday Happy Hour 7:00 (MPR) Bingo</p>	<p>10:00 (MPR) Cardio Fit 28 11:15 (MPR) Silver Sneakers CLASSIC 12:00 (FP) Finger Lakes Casino 1:30 (MPR) Holocaust History Class 2:00 (CAR) Art Class with Eleanor 3:00 (FR) Out of the Box Thinking with Sheila Weinbach 4:00 (MPR) Nosh & Learn with Silvana 7:15 (MPR) John Williams</p>	<p>9:00 (MPR) Silver Sneakers CIRCUIT 29 10:00 (MPR) Silver Sneakers CLASSIC 11:00 (MPR) Yiddish with Phyllis 11:15 (POOL) Water Aerobics w. Sanjay 1:00 (FR) Meditation with Christine 2:00 (FR) Rabbi's Ramblings 2:30 (CAR) Art Class with Eleanor 3:00 (MPR) Town Hall Meeting 7:15 (MPR) Lecture: Joel Elliot</p>	<p>9:45 (MPR) Move & Groove with Jenn 30 11:15 (MPR) JCC Yoga 2:30 (CAR) Beginner Art Class 3:30 (MPR) Travelogue with Beth Brancato 7:15 (MPR) Marianna Gonzalez</p>		