

February 2024

WOLK MANOR



🎵 Live Music 💙 Health ☀️ Outings ♠️ Fun
♣️ Inspiration ♦️ Education ∞ Spirituality

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				10:30 💙 Agility & Strength – GR w/ Dan 2:00 ♣️ Painting Class 101 – GR 3:30 ♠️ Scrabble w/ Dan - AR 6:30 ♠️ Movie: DVD – GR	1 10:30 💙 Cardio w/ Dan - GR 2:00 ♦️ True or False - GR With Dan 3:30 ♠️ Name 5 Things w/ Dan -AR 5:00 ∞ Resident Shabbat Dinner with Pauline – GR	2 10:30 💙 Cardio w/ Dan - GR 2:00 ♠️ Bingo with Dan- GR 3:45 ♦️ Guess the Location with Dan - GR 6:30 ♠️ Movie: DVD - GR
4 8:00 ∞ Catholic Mass Resident TV Channel 8 10:30 💙 Stretch DVD – GR 2:00 ♠️ Movie: DVD - GR 6:30 ♠️ Movie: DVD - GR	5 10:30 🎵 Sing-Along w/ Joe-GR 2:00 ♦️ Documentary - GR Netflix 3:15 ♣️ Clay Class w/ Barb-AR 6:30 ♠️ Bingo with Nancy - GR	6 10:30 💙 Flex & Stretch – GR With Dan 2:00 ♣️ Painting Class 101 – GR 3:45 ♦️ Guess the Famous - GR Person with Dan 6:30 ♠️ Movie: DVD - GR	7 10:30 💙 Power & Tone - GR With Dan 2:00 ♠️ Elvis Show! - GR Featuring Elvis and Priscilla 3:45 🎵 Sing-Along with Dan - GR 6:30 ♠️ Movie: DVD - GR	8 10:30 💙 Agility & Strength – GR w/ Dan 2:00 ♠️ Password w/ Dan - GR 3:00 ♦️ WOLK MANOR TOWN HALL With Staff - GR 6:30 ♠️ Movie: DVD - GR	9 - 10:30 💙 Cardio w/ Dan - GR 2:00 ♦️ Larry Shearer Lecture -GR The McGuire Sisters 3:30 ♠️ Scrabble w/ Dan - AR 5:00 ∞ Resident Shabbat Dinner with Pauline – GR	10 10:30 ♠️ Spot the Difference-GR With Dan 2-4 🎵 Jack's Jazz Jammers 2 Hours of Great Jazz! - GR 3:30 ♠️ Bananagrams with Dan-AR 6:30 ♠️ Movie: DVD - GR
11 8:00 ∞ Catholic Mass Resident TV Channel 8 10:30 💙 Healing DVD – GR 2:00 🎵 Live Music! With Michael B. 6:30 ♠️ Movie: DVD - GR	12 10:30 🎵 Sing-Along w/ Joe- GR 2:00 ♦️ Documentary - GR Netflix 3:15 ♣️ Clay Class w/ Barb-AR 6:30 ♠️ Movie: DVD - GR	13 10:30 💙 Flex & Stretch – GR With Dan 2:00 ♣️ Painting Class 101 – GR 3:30 ♠️ Scrabble w/ Dan - AR 6:30 ♠️ Movie: DVD - GR	14 10:30 💙 Power & Tone - GR With Dan 2:00 🎵 Name That Tune w/ Dan - GR 3:00 ♣️ Roc Dog Visitor - FR 3:45 ♠️ Concentration Card Game With Dan - AR 4:30 ∞ Better Together Dinner & Intergenerational Program with Silvana, Pauline & her 7th Graders	15 10:30 💙 Agility & Strength w/Dan- GR 2:00 ♦️ Chat with Wolk Director Kathy & Dining - PDR 2:00 ♣️ Painting Class 101 – GR 3:30 ∞ Jewish Education - GR With Silvana 6:30 ♠️ Movie: DVD - GR	16 10:00 ♦️ Food Forum with Dining Director Gene Trotta - GR 2:00 ♠️ Bingo with Dan- GR 3:45 ♠️ Bananagrams w/ Dan -GR 5:00 ∞ Resident Shabbat Dinner with Pauline – GR	17 10:30 💙 Cardio w/ Dan - GR 2:00 ♦️ Riddles & Brain Teasers With Dan 3:45 🎵 Sing-Along w/Dan -GR 6:30 ♠️ Movie: DVD - GR
18 8:00 ∞ Catholic Mass Resident TV Channel 8 10:30 💙 Strength DVD – GR 2:00 ♠️ Movie: DVD - GR 6:30 ♠️ Movie: DVD - GR	19 10:30 🎵 Sing-Along w/ Joe- GR 2:00 ♦️ Documentary - GR Netflix 3:00 🎵 Violin Music w/ Sophie - GR 6:30 ♠️ Bingo with Nancy - GR	20 10:30 💙 Flex & Stretch – GR With Dan 12:00 ♠️ Lunch at Summit Grill With Live Music 2:00 ♣️ Painting Class 101 – GR 3:30 ♠️ Bananagrams - GR With Dan 6:30 🎵 Live Music w/ Laura D.	21 10:30 💙 Power & Tone – GR With Dan 2:00 ♠️ Bananagrams w Dan - AR 3:45 🎵 Sing-Along with Dan - GR 6:30 ♠️ Movie: DVD - GR	22 10:30 💙 Agility & Strength – GR With Dan 2:00 ♣️ Travelogue with Beth- GR 3:30 ♠️ Bingo with Dan - GR 6:30 ♠️ Movie: DVD - GR	23 - 10:30 💙 Cardio w/ Dan - GR 2:00 ♦️ Larry Shearer Lecture -GR Kate Smith 3:30 ♠️ Scrabble with Dan - AR 5:00 ∞ Resident Shabbat Dinner with Pauline – GR	24 10:30 💙 Cardio w/ Dan - GR 2:00 ♠️ Corn Hole w/ Dan - GR 3:30 ♦️ Trivia with Dan 6:30 ♠️ Movie: DVD - GR
25 8:00 ∞ Catholic Mass Resident TV Channel 8 10:30 💙 Stretch DVD – GR 2:00 ♠️ Movie: DVD - GR 6:30 ♠️ Movie: DVD - GR	26 10:30 🎵 Sing-Along w/ Joe- GR 2:00 ♦️ Documentary - GR Netflix 3:15 ♣️ Clay Class w/ Barb-AR 6:30 ♠️ Movie: DVD - GR	27 10:30 💙 Flex & Stretch – GR With Dan 2:00 ♣️ Painting Class 101 – GR 3:30 ∞ Christian Service - GR w/ Rev. Darryl 3:30 ♠️ Bananagrams - AR With Dan 6:30 ♠️ Movie: DVD - GR	28 10:30 💙 Power & Tone - GR With Dan 1:00 ∞ Rabbi Rubenstein - GR 2:00 ♦️ Group Jeopardy w/ Dan -GR 3:00 ♣️ Roc Dog Visitor - FR 3:45 ♠️ Scrabble w/ Dan - AR 6:30 ♠️ Movie: DVD - GR	29 10:30 💙 Agility & Strength – GR w/ Dan 2:00 ♠️ Spot the Difference-GR With Dan 3:30 ♠️ Dice w/ Dan - AR 6:30 ♠️ Movie: DVD – GR	30 10:30 💙 Cardio w/ Dan - GR 2:00 ♦️ Group Jeopardy with Dam - GR 3:30 ♠️ Name 5 Things w/ Dan -AR 5:00 ∞ Resident Shabbat Dinner with Pauline – GR	